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*National First Aid Association*



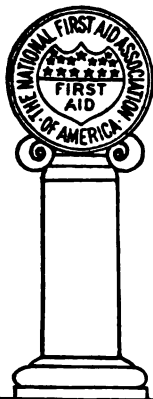












# FIRST AID



Official Organ of The National First Aid Association of America.

VOL. 2

JANUARY 1, 1916

No. 1

## EDITORS

R. G. WELLS

M. K. WELLS

## ASSOCIATE EDITORS

## THE NATIONAL FIRST AID FRATERNITY

A committee of Progressive graduates organized for the further development of the National First Aid Association of America.

R. W. BUTTERS	Graduate of 1912
J. W. GRIFFITH	" " 1915
G. A. COWLARD	" " 1915
M. E. NORTHWAY	" " 1915
P. H. MASSIE	" " 1915
D. L. NORTHWAY	" " 1915
H. G. MARCHANT	" " 1915

*First Aid* will be issued semi-annually to any one who will become a FRATERNAL (or supporting) MEMBER of THE NATIONAL FIRST AID ASSOCIATION of AMERICA, paying the FRATERNAL MEMBERSHIP DUES OF ONE DOLLAR (\$1.00) a year.

Address all correspondence to *First Aid*, THE NATIONAL FIRST AID ASSOCIATION OF AMERICA, ARLINGTON, MASS.

## OUR AIM

The National First Aid Association of America sends to the world each year a new list of men and women, who, through careful study and practise have become proficient in its systematic course of instruction in FIRST AID TO THE INJURED, have passed their required examination, and go out among their fellowmen well equipped with a practical knowledge of WHAT TO DO AND HOW TO DO IT IN TIMES OF EMERGENCY when

the sufferer needs immediate aid pending the arrival of the physician. The younger brother may have swallowed a poison; the maid may have received a bad burn from contact with the kitchen range; the hired man may fall from a scaffold and suffer from concussion of the brain and broken ribs—a thousand and one things may and do happen each day, and THE NATIONAL FIRST AID student has been taught to meet every emergency in its own special way.

With this little periodical, FIRST AID, we desire to draw closer together, not only our graduates, and our Active and Fraternal Members, but everyone who is interested in the humane work which the organization is propagating. Every good cause has its plans and ideas for betterment, and looks as far into the future as possible preparing those things which are best for its welfare and progress. We are no exception to the general rule, as the aim of this paper is to interest the reader in our FRATERNAL MEMBERSHIP, which is only another name for an annual subscription list. We want YOU to join us. If not in one way, in another.

The Association has several distinct branches—a Class Work Department, which conducts its First Aid Classes—a Supply Department, which coöperates with publishing houses all over the country in the distribution of its textbook, and a well equipped Ambulance Corps composed of its young men graduates. The work is teeming with interest and knowledge most practical and useful.

It would seem that while the terrible slaughter continues in the great European War, and we read in every daily paper of some noble action accomplished by doctor, nurse or stretcherman for the relief and comfort of those poor wounded and suffering soldiers, that it should be a living lesson to us to help and do what we can at home for the teaching and maintenance of so noble a cause as The National First Aid Association of America represents. We solicit your kind support. May we not have it?

R. W. B.

## Annual Meeting Echoes

The tenth annual meeting of The National First Aid Association of America was held at the Executive Office of the Association, 661 Mass. Ave. Arlington, Mass., on Saturday evening, June 5, 1915 at 8 P.M.

Mrs. J. Sewall Reed of Dorchester, Mass. the Acting President, presided.

The meeting was an executive session of Active Members only, and among members present either in person or by proxy were Dr. Frederick H. Morse, of Boston, Mass.; Mr. James C. Savage of Kearny, N. J., President of the New Jersey State Branch of the Association; Gen. Nelson A. Miles of Washington, D. C., Mr. I. Newton Williams of New York City, and Dr. Eugene Underhill of Philadelphia, Pa.

The Secretary, Mrs. Mary Kensel Wells reported the activity of the CLASS WORK DEPT. Graduates throughout Mass., Ill., Texas, Penn., Conn., and Ohio were issued the National First Aid diploma for efficiency. Fraternal Members came to the support of the Association from New Jersey, Minn., N. H., Ohio, Mass., Conn., Penn., New York, Missouri, Vermont, and Maine. The Headquarters Staff have established a committee of the local National First Aid graduates, organized for the furtherance of the work of the Association, and called the National First Aid Fraternity.

Mrs. Elizabeth Robbins Berry of Cambridge, Mass. and Mrs. E. B. Smith of Detroit, Michigan were elected by vote to the Active Membership of the Association.

Mr. James C. Savage of Kearny, N. J. was elected a member of the Board of Directors.

Roscoe G. Wells, Vice-President of the Association, and in command of the Field Service Department, reported on the Clara Barton Ambulance Corps, and the establishment of a Headquarters Detachment of the Corps, fully equipped for First Aid service, and composed of National First Aid graduates of greater Boston.

have done in its place. I have always kept up my interest in that line, reading all accounts of wonderful things accomplished, or new things invented, in magazines or papers. Then, one day I heard of a "FIRST AID TO THE INJURED" course, which I learned was given every year in Boston under the direction of the National First Aid Association of America, and I immediately planned to take it when the course opened in January.

The course lasted ten weeks and gave us very complete instructions and much practical work on bandaging and the care of all kinds of wounds and fractures, also how to care for cases of bleeding, poisoning, shock, etc. We received splendid instruction and I enjoyed it immensely. I used to practice applying a tourniquet, bandage broken arms or collar bone, sore fingers, cut head, or revive a drowning person when at home, on anyone who would be my patient. At the end of ten weeks we were given a good, stiff examination, and all who passed received the diploma of the National First Aid Association of America.

It was my good fortune, a little later, to be asked to join the Fraternity, which is a committee of graduates appointed to extend the work of the Association. This would give me a splendid chance to keep on advancing in this special work, so I joined at once. Our meetings are "chock full" of interesting and instructive matter, some of which are read, some demonstrated, and others given in lecture form. It is becoming more interesting every time that we meet and I know that it is going to keep right on doing so.

M.E.N.

## A Word to Our Fraternal Members

To those loyal and generous-hearted Fraternal Members who have been active during the past eight years in helping the Association to support its work, the Association extends its sincere and grateful thanks.

## Why and How I Joined the Fraternity

By a Member

In this little paper you will read of many interesting facts concerning National First Aid work, and no doubt, by the time you have finished reading you will be eager to know more.

I suppose that there are a great many people in this world who have been able to choose, and do, just the kind of work that they wanted most of all to do. On the other hand, there are many others (like myself) who have not been able to do this for various reasons.

My ambition was to be a surgical nurse, but ill health prevented; however, let me tell you what I

## First Aid Hints

A cool head and a steady hand are invaluable to the First Aider.

Enforce absolutely clean conditions when attending to wounds of any kind.

When a solution is necessary to cleanse jagged wounds a good one to use is Lysol, one teaspoonful to a quart of hot water. Boiled water is safe if Lysol is not at hand.

To stop severe hemorrhage apply an antiseptic compress directly to wound and bandage firmly. If this method fails to stop bleeding, apply tourniquet to bloodvessel which supplies the injured member, between the wound and the heart.

Never apply absorbent cotton directly to an open wound. Always place a layer of sterilized gauze between the flesh and the cotton.

An excellent solution for the treatment of burns is Carron Oil—equal parts of linseed oil and lime water. Cover the burned places generously with the solution.

P.H.M.

### Medical Department News

Dr. Samuel J. Basford of Portland, Maine, a commissioned lecturer and examiner of the Association (Commission dated April 12, 1907) has been appointed a member of the National Advisory Board.

Dr. William J. Stapleton, Jr. of Detroit, Michigan, a commissioned lecturer and examiner of the Association since December 1, 1906, now represents the Association in Detroit, Michigan, taking the place of the late E. B. Smith, M.D. of that city.

### Concerning the Clara Barton Ambulance Corps

By a Member

The Clara Barton Ambulance Corps is the Field Service Department of The National First Aid Association of America and is composed entirely of National First Aid graduates. In order to become a member a graduate must be interested in both medical matters and military drill.

In taking up the Corps work the new member must first take the Oath of Allegiance to the Flag, and must agree to conduct himself at all times in such a manner as to reflect credit upon the organization which he will represent.

One of its most recent achievements has been the organization of a Headquarters Detachment which is stationed at Arlington, Mass. and is made up of the kind of men which will help make the Detachment a success. All of the equipment is furnished by the Corps, the uniforms only being supplied by the men.

The Detachment meets once a month at the headquarters in Arlington, Mass. where the men are put through a stiff drill for two hours or more, and which is followed by a lecture on First Aid. The Captain of the Headquarters Detachment is Roscoe G. Wells, of Arlington, Mass. who is also Vice-President of the National First Aid Association of America, and in command of the Field Service Department. The work is conducted under the strictest military discipline.

The Detachment spent the first Saturday and Sunday in October 1915 in Camp at Lake Boone,

Mass. Although it had been raining for twenty-four hours when the Detachment started, and the men were in heavy marching order, the spirits of each one were high, and general good nature held full sway. Each man carried a full camping outfit and two days rations consisting of bacon, bread and coffee. Four hours guard duty during the night was allotted each man, and in the morning, after "setting up exercises" a three hour drill was given on litter work principally, after which an hour was allowed for rest.

On the way home the men hiked from Ordway to Hudson, a matter of four miles, taking the train from there to Belmont, Mass. From Belmont the men hiked to the headquarters at Arlington, Mass., a matter of a good mile and one half, covering the distance in twenty minutes.

After living on bacon for two days a square meal certainly tasted good.

The work of the Corps is better known in the West where the Michigan State Branch, then in charge of the late Dr. E. B. Smith of Detroit, Michigan, took full charge of the Field Hospital work of the Michigan State Fair for several years. Dr. Smith's last work with the Michigan Dept. of the Corps was accomplished at the last Elks Convention held at Detroit, Michigan in 1910.

J.W.G.

### Correspondence With Co-workers

"We have conducted classes in the National First Aid Association's course for the past ten years because we feel that the subject is of great practical importance. The course is required of all members of the Leader's Corps, and at camp, of those who desire advanced rating."

Y.M.C.A. Salem, Mass.

"When I was visiting England last Summer, one of our leading officers expressed a desire to obtain your diploma. I told him that it might be possible for him to take your examination \* \* \* through some leading doctor or surgeon in the City of London. I did this remembering your kindness to me personally a few years ago when I had the honor of teaching a number of classes under the auspices of the National Society. \* \* \* should be grateful for a line from you.

An Official of

The Salvation Army.

"I was indeed pleased to receive \* \* \* commission as a lecturer and examiner for the National First Aid Association of America. I feel honored and proud of holding this commission, and shall place it in a conspicuous part of my office where it can easily be seen. I assure you that I will do



everything in upholding the standard of excellence of the course \* \* \* \* \*. I believe that there is a great work before us \* \* \* and that we can do a great deal for humanity.

An Official of

The Ill. Post Graduate & Training School for Nurses.

### New Jersey State Branch Notes

Mr. James C. Savage, the active President of the New Jersey State Branch, has held that position ever since the affiliation of the Branch with the National Organization, Oct. 9, 1905, having been annually elected by the Branch Members who appreciate his ability and activity.

Mr. Henry Chapman of Arlington, N. J. a former President of the New Jersey State Society, was, upon the affiliation of the New Jersey Society with the National Organization, appointed a member of the National Advisory Board, which position he still holds.

National First Aiders will be shocked to learn of the death of Mrs. Mary T. Ries of Newark, N. J. formerly Treasurer of the New Jersey State Branch. New Jersey has lost a capable and deeply respected official, but the National First Aid movement mourns the loss of a true friend and worthy co-worker.

### Nine Months in Galipolli

Being an account of a British Trooper's experience at the front in the present war of the Nations, as told in a personal letter to a member of the Fraternity.

"We live in dug outs and go out to the trenches for half a week to try our luck, and we spend the other half here at our base, resting.

The Turks are by no means a lot of untrained brigands, but with their recent war and German tuition and up-to-date equipment form a formidable enemy. Goodness knows their number. They say there are about 80,000 in the trenches; however, one seldom sees them for a fair shot except in a charge and then they run back. The British bayonet they do not like. I've witnessed three charges on different flanks where we have to straighten our line. We do not advance in open only under exceptional circumstances. They pay especial attention to machine guns.

Well, I am now down for a rest, the last time up had a fine gun position and although a few yards from our front line owing to natural cover we could keep our guns mounted all day, and when we felt energetic accounted for a few Turks.

The French do a good deal of firing at night and are located on our right so this starts the ball rolling and of course we get very little sleep.

The other night our people had a bombardment of their trenches. They traversed them up and down and also destroyed their barbed wire. But! the worst is yet to come as our people are expecting them to use gas bombs as the Germans have been doing in France. However, we are provided with respirators.

Things progress here very slowly as each advance has to be made at the bayonet and is general costly. The French took 2000 prisoners the other day and mighty glad they seemed to be out of it.

All speak well of the Colonials; as for the Australians they stop at nothing, and the Indian Gurkhas, well when they do advance there's something doing.

G. C. C.

(To be continued)

### Of Interest to

#### First Aid Class Organizers

We are in the midst of the educational season, and The National First Aid Association of America takes the opportunity of wishing you A HAPPY NEW YEAR and suggesting to you that its systematic course of instruction in FIRST AID TO THE INJURED offers the highest standard of education along First Aid lines for your class membership. Write us today for detailed information and our pictured literature. Address, The National First Aid Association of America, Arlington, Mass.

### An Announcement

Visitors to the headquarters of the National First Aid Association of America in Arlington, Mass. will enjoy the location and spaciousness of its new offices into which the Association moved December 1, 1915. Located on the second floor of the historical OLD COOPER TAVERN BLDG. in Arlington, History has again taken an interest in the affairs of the organization, the first occasion being the placing at the head of the Association the renowned and worthy name of Clara Barton.



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## A Pen Picture of the Acting President

Mrs. J. SEWALL REED

Dear to the hearts of National First Aid members of ten years ago was the wonderful personality of Clara Barton, Founder of The National First Aid Association of America. Today, actively engaged in keeping the humanitarian work of this organization progressive and of widespread value, her personal friend and co-worker of former years, Mrs. J. Sewall Reed of Boston, Massachusetts, serves the Association as its Acting President, to which office she was unanimously elected by the active membership upon the death of Miss Barton in 1912.

Mrs. Reed is a woman of noble years but keenly enthusiastic in all matters pertaining to The National First Aid Association of America, and it will be of interest to the entire membership to know something about her.

Harriet L. Wales was born in Dorchester, Mass., of an old aristocratic family, and her lineage may be traced back through generations to the founding of Dorchester. During her young womanhood she proved an interest in

useful and practical work by employing her time teaching school. This was quite an advanced vocation for those early days, before the general entrance of women into the business field.

A few years previous to the breaking out of our Civil War she married James Sewall Reed of Milton, Mass., and soon afterward left Massachusetts for California, where her husband's business was located.

At the outbreak of the Civil War, when the call came for volunteers, it was heard by Sewall Reed whose loyalty and patriotism led him to call together and train one hundred Californians (the original California One Hundred, so called), and have them transported from that state to Massachusetts, where he offered their services and his own to his country. He was commissioned by Gov. John A. Andrews as Captain, and the California One Hundred became a part of the Volunteer Cavalry of the State of Massachusetts.

To those who are privileged to enjoy the friendship of this charming woman, Mrs. Reed tells many interesting stories of her experiences during those early days of the war, when she was with her soldier husband at the front for many weeks at a time. But, Death, the great Reaper, early visited this happy family and among his vast harvest of noble men who gave their lives that their country might remain united, was the brave, gallant officer, Major James Sewall Reed.

With the deep sorrow of his death in her heart, Mrs. Reed, while yet a young woman, bravely took up the burden of life, and interested herself in those things which were planned to become of benefit to others. Her chief interest in those early days was the now widely known Woman's Relief Corps, at almost all of whose Conventions Mrs. Reed has been present, having held many offices, among them being that of National Secretary. Mrs. Reed is well known as Harriet L. Reed to her Grand Army brothers, and her friends among that order are countless.

Among her known charitable efforts about Boston was the forming, with other friends of like interests, of the Woman's Charity Club. Mrs. Reed has numbered among her personal friends such noted women as Mary A. Livermore, Julia Ward Howe, Clara Barton, and many others.

In appearance Mrs. Reed is of medium height; her soft grey hair is drawn simply back from a sweet face full of character and kindliness. Her manner is calm and dig-

nified and she speaks with quiet assurance after having thoughtfully weighed and considered the words to be spoken. Her charming personality radiates sympathy and friendliness, and it appeals to you with its sincerity and refinement. She is a true type of cultured Boston womanhood,—a woman whose optimism is secure, whose charity is wide, and whose interest in alleviating the sufferings of her fellowmen is boundless. In the early days of The National First Aid Association of America, Mrs. Reed was a ready counsellor, giving wise advice and helpful encouragement to her fellow officers. Today, as the Active President, she has won a place for herself in the interests of the National First Aid membership who see in her quiet and conservative leadership that spirit of true philanthropy which characterises the entire work of the organization, lifting it up from "charitable First Aid effort" (which is on a plane by itself) to the higher level of "self education in First Aid efficiency" the standard being quality first, rather than quantity.

M. K. W.

### Our Advancement

Since the January issue of our publication an added interest has been taken in our Association and its work, and inquiries have come to us from many quarters: inquiries regarding our educational work and our methods of forming National First Aid classes, inquiries regarding our Clara Barton Ambulance Corps and applications to join its membership. Our Fraternity has enlarged its membership from among a local class of National First Aid graduates and all are putting their shoulders to the First Aid wheel, in a desire to help in increasing its revolutions. Our Fraternal Membership has increased its numbers from among the thinking class of people who see in the advancement of this important work a true line of Preparedness along which our Association has been working for eleven years past.

Preparedness applies not only to the defence of our country in war time, but to the care of our wounded and disabled. To be prepared in giving FIRST AID TO THE INJURED in the proper way, to know how to apply the soothing bandages, and to know how to transport the sufferers, is the line of preparedness which our organization follows, and its followers are in the thousands. When I took the National First Aid course of instruction over four years ago I little thought how these fundamental points would develop into unlimited resources. You, too, who read these pages can enjoy this interesting work if you desire. It is our pleasure to invite correspondence that you may be further enlightened regarding our labors and join our National First Aid throng. The Fraternal Membership is open to all. Why not improve this opportunity and come into our useful army of workers?

R. W. B.

### Suggestions for Graduates

Why not inform others about THE NATIONAL FIRST AID ASSOCIATION OF AMERICA of which YOU are a part?

Why not give others your copies of FIRST AID in order to create interest in the work of the Association of which YOU are a graduate?

Why not write the Secretary in order to obtain literature for distribution in your locality?

## Eleventh Annual Meeting of The National First Aid Association of America

The Eleventh Annual Meeting of The National First Aid Association of America was held in the Crystal Parlors of the Parker House, Boston, Mass., on the evening of June 10, 1916. Preceding the meeting which opened at 8 P.M. a dinner was given under the auspices of The National First Aid Fraternity, a progressive committee of National First Aid graduates.

Attending the dinner were Mrs. J. Sewall Reed, Acting President of The National First Aid Association, Dorchester, Mass.; Mr. A. L. Wells and Mrs. Wells, Mr. R. G. Wells and Mrs. Wells of Arlington, Mass.; Mrs. E. R. Berry, Mrs. J. W. Griffiths, Sr., and Mr. J. W. Griffiths, Jr., of Cambridge, Mass.; Miss Elisabeth Warner and Miss Elisabeth Johnston of Boston, Mass.; Mrs. Louis Prang of Roxbury, Mass.; Miss P. H. Massie of Dorchester, Mass.; Mr. S. J. Willis of Milton, Mass.; Miss Kate Walker of Winthrop, Mass.; Miss Marion Northway, Mr. Donald Northway, and Mr. Henry Marchant of Everett, Mass.; Miss Carleton of Swampscott, Mass.; Mr. W. F. Cone, of Newark, N.J.; and Dr. S. J. Bassford, of Portland, Maine.

Regrets and greetings were sent in to the meeting by the following active members: I. Newton Williams, N.Y. City; Mrs. E. B. Smith, Detroit, Michigan; Eugene Underhill, M.D., of Philadelphia, Pa.; James C. Savage, Kearny, N. J., and F. H. Morse, M.D., Boston, Mass. Greetings were also received from Fraternal Members, among them being letters from C. M. March of Portland, Me., John E. Gilman, Past-Commander-in-Chief of the G. A. R., Boston, Mass., and Mrs. Austin C. Wellington of Cambridge, Mass.

### MRS. REED'S WELCOME

"I am informed by the gentleman who makes up the program that it is now my time to speak. I am very glad, more than glad, to welcome so many of you here and the few words which I shall speak will be words of greeting and words of welcome. It is a great pleasure to meet you all here tonight and I regret that we could not come a little nearer together so that I could see all of you. The President has only to express her congratulations that so many of us are able on this Eleventh Anniversary to come together. Very few of us remember two earlier meetings in this house, and there are but few of us left who attended those meetings, but in our memory we bear with grateful, loving thought our President and Founder, Clara Barton. We never have a meeting, not even among ourselves, but her name comes before us, and we remember her tonight.

"My chief business tonight is to express my thanks to the younger members of this organization, the National First Aid Fraternity, to whom we are indebted for this pleasant occasion, for their help and for their loyalty. It was my pleasure to attend one meeting of that Fraternity and I assure you that I was very much gratified. The number has since then increased and I have had the pleasure of meeting several here tonight whom I did not meet then. Even if I do not see you often I know of the efforts and real interest that you are taking in this Association and I am glad to welcome you here tonight as members.



"To my faithful Secretary I wish to pay my thanks and praise. She is as perfect a secretary as it is possible for a woman or man to have. Most all of the work is done by her so gracefully, so willingly, so cheerfully that words cannot express the pleasure I have tonight in speaking of her to you and assuring her how much we esteem and love her.

"To the Treasurer, her assistant, and who is also my right hand man, I also extend my grateful thanks. I appreciate all of his work. I extend my thanks for I know what he, in conjunction with his wife, is doing and we are indebted to them for a great deal of the success of this Association. When the Secretary reads her report you will be very much pleased with the record of the year.

"We have also with us some dear friends, Mrs. Berry and Mrs. Prang. You all know and I am sure will remember, those of you who were alive in those days, the wonderful work of Mr. Louis Prang and how much our artistic world was indebted to him and still is. It is a great pleasure to welcome Mrs. Prang here tonight. So words of welcome, you see, are all that I have to say. If I should begin to talk of Clara Barton and her work I would be talking all night. It would be impossible for me to stop. There are many other things to follow so I will just assure you once again that I am glad to see all of you and I hope that you will remember with pleasure the eleventh meeting of The National First Aid Association of America."

The Secretary, Mrs. Mary Kensel Wells, reported the activity of six divisions of the Class Work Department, —The Y. M. C. A. Division, the School and College Work Division, the Independent Class Work Division, the Y. W. C. A. Division, the Salvation Army Division, and the Boys Work Division. Classes were operated in Massachusetts, Illinois, Texas, New Jersey and Rhode Island. One hundred and seventy-eight diplomas were issued throughout New Jersey, Rhode Island, Illinois, and Massachusetts. Fraternal Members have come to the support of the Association from New York, Massachusetts, New Jersey, Connecticut, Ohio, Michigan, Maine, Pennsylvania, Missouri, Minnesota, and California. The Supply Department has been busy supplying the demands made upon it by publishing houses in many States, and in addition has supplied with Barton textbooks, Union College of Schenectady, N. Y., the St. Vincent Nursery and Babies Hospital of Montclair, N. J., and various others together with individual workers as far north as New Brunswick, N. S., and as far east as India. The New Jersey State branch still extends its faithful support and at its Annual Meeting held May 24th, 1916, elected the following officers, Mr. James C. Savage, President; Mr. Frank Holzer, Vice-President; Mr. James V. Smith, Secretary; and Mrs. Mary E. Duncan, Treasurer. One of the chief features of the report of the Class Work Department was the report of the work of Dr. E. P. Heinze, of Chicago, Ill., who, from taking an interest in the Association as a class member and then a graduate in 1907, has developed into a lecturer and examiner for the organization with a place on its Medical staff.

Through the interested efforts of Dr. Heinze the course of instruction of the organization has been placed in the curriculum of several schools and colleges in Chicago,

and the Board of Directors, appreciating his efforts, suggested the presentation of a medal of appreciation to Dr. Heinze. This beautiful bronze medal, bearing on one side the medallion of the Association, and on the other side a fitting presentation statement, was passed throughout the meeting and met well-merited admiration for itself and congratulations for Dr. Heinze.

Then followed other reports of interest—the report of the Treasurer, report of the Clara Barton Ambulance Corps, report of the Board of Directors.

The meeting voted that S. J. Bassford, M.D., of Portland, Me., become an active member of the Association. It was also voted that R. G. Wells be reelected to the Board of Directors.

After the adjournment of the meeting the President requested Mr. A. L. Wells of Arlington to act as Toastmaster, and the exercises continued.

Mr. Wells: "I am called upon to preside at the rest of this meeting, and there is pleasure in it. As I have been hearing the reports and looking about the room I am reminded forcibly of the last time that I had the pleasure of meeting with you people when at my side sat Clara Barton, and that wonderful woman was an inspiration to everyone present. Her remarks were instructive and inspiring. A wonderful woman was at the head of our Association then and she left a wonderful woman to take her place."

After further interesting stories and remarks Mr. Wells introduced "a gentleman who once had the privilege of shaking hands with Andrew Jackson," Mr. S. J. Willis of Milton, Mass., a Fraternal Member of the Association.

Mr. Willis: "I wish that I could make a speech, but that is one of the things that has been denied me. It may be unfortunate for me but fortunate for you that I cannot make a speech. I want to say how much I have enjoyed this evening. It has given me extreme happiness to be here and participate in the exercises. I came here a stranger to everyone but I am going back feeling that I have left everyone of you a friend behind me. We have come here tonight to commemorate a wonderful woman whose name is known world wide. She was known as the 'Angel of the Battlefield,' Clara Barton. Names of heroes and conquerors may become lost in oblivion but the name of Clara Barton will survive as long as the pages of history are written."

Mr. Wells then introduced Mr. W. F. Cone of Newark, N. J., who represented the New Jersey State Branch of The National First Aid Association of America.

Mr. Cone: "Madam President, Friends and Members of the Association: In offering my felicitations I wish to do so in a somewhat unusual manner. Upon rising from a banquet board such as this, I once asked a gentleman how he felt. He said, 'I feel fullish.' I hope that you will not misconstrue that. The viands have been delightfully dispensed here tonight, and we have enjoyed it to the fullest, but that word 'fullish' has another meaning which I wish to bring before you, and that is the great heart of New Jersey, although a small state and represented by a small man. We have endeavored so far as possible to support you and have offered you our mite. After hearing these delightful reports I must say that I

am 'full' in the heart sense and delighted to be affiliated with people of your calibre and I trust I may in some measure be helpful to you. As you know, the City of Newark, N. J., is passing through the throes of the two hundred and fiftieth anniversary of its birthday, and upon one of the panels used to decorate the city is this inscription 'a noble cause makes a great heart and a strong arm' and that is my message from New Jersey to you in the matter of the work of this organization. After listening to these reports one cannot help but know that it is a noble cause and the heart great and the arms that do the work strong."

Mr. Wells then introduced Mrs. Louis Prang, a Fraternal Member of the Association.

Mrs. Prang: "It gives me great pleasure to be here with you all, and particularly with our President, Mrs. Reed, whom I have known for about twenty-five years, and who has never failed in appreciation of every good thing that came within her hearing; always ready to respond to and encourage whatever anyone has done that is good and it is my very great pleasure to give this slight tribute to Mrs. Reed. She is always helpful, cheerful, always uplifting, always broadening.

"I have great sympathy for this Association and its work in which Clara Barton took special interest. My mind has been busy as I have heard the report of the things that have been done and the extent of this work going on all over the country, and as I sat here my eye was caught by the line of lights being reflected in the mirrors. I thought—there is one light there—one light here, and one light there, why, there are countless lights in front of me, and all about me. And so, I thought, is this work carried on, reflected from one to another, and all carried out through the work and influence of Clara Barton from one year to another. And the people, too. About me were many people, but reflected were countless people, and as I looked it seemed to me a very beautiful symbol of the work that is being done."

Mr. Wells then introduced Mrs. Elizabeth Robbins Berry, an Active Member of the Association.

Mrs. Berry: "Although I have been described as an Active Member I am afraid that I have hardly lived up to such a reputation. Not that I would not like to have for I fully appreciate the possibilities of this work. All the evening I have been reminded of the pleasure that it would have given the founder of the Association if she could know how much it has progressed.

"In my capacity as Secretary of another organization I have received many communications regarding the merits of Clara Barton, and it seemed to me that if she could speak for herself she would be gratified to know of the advancement of this Association which represents real work which was the passion of her life—useful work for humanity."

Mr. Wells then introduced the Vice-President, Mr. Roscoe G. Wells.

R. G. Wells: "I feel like the rest of our members in being called upon so unexpectedly as I have been tonight, and I am greatly disturbed, but I have been taught that sometimes you have to do what people ask you to whether you want to or not. I remember the years that

we had the Annual Meeting here with Clara Barton at the head of our table. I remember also that I was the only one who did not get anything to eat. I was too nervous and had no time. You see it was my place to see that everybody else had something to eat and was kept happy, and I was a busy man.

"One thing I want to mention is the National First Aid Fraternity which is composed of ten young men and women who have especially interested themselves seriously in the advancement and work of this Association. It is always easy to get young people to work hard in a big organization when they talk in millions; everyone is glad to serve and get his name in the paper, but—when an organization is small financially and the work hard, such people are harder to find. These ten members of the Fraternity are responsible not only for the beginning of the First Aid Fraternity, but for the banquet tonight. It was at their suggestion and through their work and coöperation and interest that we are together tonight, and I want to thank them not only for their good work in operating this banquet but for their thorough and honest work for the Association which they have shown in the past, are showing at present, and I am sure they will show in the future.

In relation to the memorials which are being planned for Clara Barton I want to assure everyone that the members of our organization are heartily in sympathy with every effort made. We feel this way because we, too, are paying her tribute, as our organization is standing as a practical memorial to the great humanitarian work of this noble woman. In addition to the forty years of service given to her early work Clara Barton's last years were devoted to the organization of The National First Aid Association of America, and she was its honored President from 1905 until 1912, the year of her death. It is fitting, therefore, that tribute should be paid her by our Association, and as 'President in memoriam' her name is ever before our membership, graduates and National First Aid students."

E. J. and E. W.

## Be Prepared

### OF INTEREST TO CLASS ORGANIZERS!

#### With regard to PREPAREDNESS

Our course of instruction prepares the First Aid student to be of valuable service to himself and others in times of emergency.

Our course of instruction offers a system which is simple to follow for both student and lecturer, as it prepares for both.

We are prepared to give you detailed information regarding the formation and operation of National First Aid classes.

We are prepared to give your graduates a beautiful diploma, having authority to issue the same from the District of Columbia.

Follow the ARMY OF THE PREPARED and when fall comes be ready to offer your FIRST AID CLASS our systematic course of instruction.

WRITE TODAY to

THE NATIONAL FIRST AID ASSOCIATION OF AMERICA, ARLINGTON, MASS.



# FIRST AID



Official Organ of The National First Aid Association of America

VOL. 3

JANUARY 1, 1917

No. 1

## A New Year's Greeting to Our Readers

"The old year is fast slipping back behind. We cannot stay it if we would. We must go on and leave our past. Let us go as those whom greater thoughts and greater deeds await beyond."—PHILLIPS BROOKS.

At the beginning of this year of 1917 we greet you, kind friends, active and fraternal members of our organization, and we extend to you our heartfelt wishes for A GLAD NEW YEAR. We know that it will be a year of usefulness and service for us, and one in which our Association will be made stronger and of more widespread benefit because of your cooperation.

It is from the inspiration of your friendship that we gain the strength and will to press on, in our endeavor to further the aims and purposes of our organization in its vast plan of obtaining national efficiency in FIRST AID TO THE INJURED, and the bright rays of your loyal interest will illumine for us the pathway of Duty, which leads up Life's steep crags of Courage and Patience to that much desired castle called Nobleness. May the New Year bring us all nearer to this coveted goal.—E.W.

## Infantile Paralysis

BY SAMUEL J. BASSFORD, M.D.

Infantile Paralysis during the summer of 1916 made its appearance in epidemic form in this country—the greater number of cases being found in Greater New York. Twenty-six per cent of the cases proved fatal, a large majority of them during the first week of illness.

After the passing of this epidemic there are left in its wake 3500 cases of paralysis that are being treated in the fifty stations established in New York and Brooklyn.

The number of persons attacked, the large percentage of deaths and the great number of persons who are now paralyzed cause us to look upon this disease as one of great seriousness, and dread. Its etiology has been the subject of much investigation.

The means of its propagation and spread have not yet been fully determined, although much research work has been done. Whether the disease is contagious is a question not yet settled by many of our best medical men, many investigators believing that the disease is spread by the fly, mosquito, or flea. Further investigation and research are needed to fully establish the truth regarding the means by which the disease is spread.

The onset of the disease, its different stages, and symptoms have been very carefully studied during the recent

epidemic, and much valuable information obtained, and a better understanding of the disease and its behavior secured.

The subject of treatment has come in for a large share of investigation and study. Groups of cases treated by different serums have shown no satisfactory evidence that this line of treatment has been of much value.

Whereas, in the past, it has been generally accepted that very much cannot be done in the earliest stages, yet the medical profession are now realizing more fully that *first-aid* or the early treatment of these cases may mean very much for the successful outcome of the case. To treat that portion of the spinal cord which is the seat of the disease, and to treat it early, offers the best chance for speedy recovery and prevention of and curing the accompanying paralysis.

It is the hope, that with the discovery of the germ causing this disease, some antitoxin may be produced which will prove a cure for this very serious malady. Heat, light, exercise, electricity and massage are the present remedies which give greatest promise in Infantile Paralysis. Electricity in the form of Galvanic, Faradic, Sinusoidal and High Frequency, have been added to the treatment adopted by the New York Academy of Medicine, and these agencies promise much to those who are left with paralysis after the subsidence of the initial and early stage of the disease.

Those most familiar with the epidemic of the present year are looking anxiously forward to the year 1917, as they realize the danger of another epidemic following the one just passed. Precautionary measures will be adopted and everything done to prevent another epidemic and it is hoped that these efforts may prove of great value and we be spared, in this country, another experience like that of the year 1916.

## Editorial

FIRST AID is indebted to Samuel J. Bassford, M.D., of Maine, for the article on Infantile Paralysis appearing in this issue. Dr. Bassford has been a member of the National Medical Staff of The National First Aid Association of America since 1907, and was elected an active member of the organization at its last annual meeting in Boston, June 10, 1916.





## First Aid

### EDITORS

R. G. WELLS

M. K. WELLS

### ASSOCIATE EDITORS

## THE NATIONAL FIRST AID

## FRATERNITY

A committee of Progressive graduates organized for the further development of The National First Aid Association of America.

R. W. BUTTERS	1912	D. L. NORTHW	1915
J. V. ...	1915	H. G. MARCH	1915
G. ...	1916	...	1916
M. ...	1916	...	1916
P. H. MASSIE	1915	E. WARREN	1916

*First Aid* will be issued semi-annually to any one who will become a FRATERNAL (or supporting) MEMBER of THE NATIONAL FIRST AID ASSOCIATION OF AMERICA, paying the FRATERNAL MEMBERSHIP DUES OF ONE DOLLAR (\$1.00) a year.

Address all correspondence to *First Aid*, THE NATIONAL FIRST AID ASSOCIATION OF AMERICA, ARLINGTON, MASS.

### A National First Aid Graduate Attends a National First Aid Class

The same diversity of types, which characterizes so many American study groups, was to be found in the National First Aid class which I, a graduate, attended as a guest. In the class of 22 or 23 members (men and women) there were fully six distinct racial strains. The class members, individually, were dissimilar enough in almost every way, but they became a unit in their deep interest in the subject under discussion.

The lesson for the evening was "First Aid Treatment for Unconscious Conditions—such as Fainting, Shock, Apoplexy, Heat Prostration, etc." and, as the instructor finished his lecture, he invited general discussion of the subject upon which he had been talking. This period is of considerable importance and is a feature of the course of instruction of The National First Aid Association; from it the class gains further instruction and the lecturer learns what the class has absorbed and acts accordingly. Amusing demonstrations of the way in which some members of the class confuse First Aid questions with purely professional ones were shown by the introduction of questions entirely beyond the range of First Aid. To quote the instructor on occasions of this kind—"You are to learn enough to be of service, but not enough to be dangerous," and this statement might well be placed before all First Aid graduates for the keystone of their arch of service.

The latter part of the evening was devoted to bandaging and some good work was performed. It is the custom for the students to use one another as "patients," and the masculine members showed a good natured willingness to be bandaged by their feminine fellow students, and all seemed to enjoy their efforts whether passive or active.

When the evening for the lecture on "The Transportation of the Wounded" came a few weeks later, a squad of men under a Sergeant of the Clara Barton Ambulance Corps very interestingly supplemented the instructor's lecture with a demonstration of the different carries and the latter Drill. The men were in the uniform of the Corps and they performed their work with an enthusiasm and a pleasure to see.

I found considerable pleasure and satisfaction in these visits to the class—pleasure in watching others stumble over the same rocks that had obstructed my way, and satisfaction that they, too, found it worth while.—P. H. M.

### Why We Prosper

A glimpse into the correspondence of our Fraternal Membership, being proof of their deep interest and enthusiasm in our work.

Port Byron, N. Y.

"Please find enclosed \$1.00 for renewal of membership in your worthy organization. I assure you it is a pleasure to hear from you and be permitted to do my small share as a Fraternal Member."

E. S.

Chapinsville, Conn.

"I am enclosing One Dollar to renew my membership in the Association. I hope to retain my membership during the remainder of my life."

W. E. F.

Detroit, Michigan.

"Enclosed is with best wishes for the successful carrying out of the work."

W. S., M.D.

### An Expression of Thanks

The Headquarters Detachment, Clara Barton Ambulance Corps, desires to express its sincere thanks, through the columns of FIRST AID, to those members of The National First Aid Association of America, whose names are given below, and who so generously expressed their interest in the Detachment and its efforts by contributing to the Equipment Fund. The Detachment reports the purchase of the following articles: Signal outfit; Mess Kits, consisting of knives, forks, spoons, meat cans and dipper; Intrenching Tools; Field Kitchen utensils.

Thanks are extended to S. J. Willis, Mrs. Austin C. Wellington and Mrs. W. W. Blackmar of Massachusetts; Dr. W. J. Stapleton of Michigan; and Mr. and Mrs. Henry Chapman of New Jersey.

### Cooper Tavern Building

LOCATION OF HEADQUARTERS OF THE NATIONAL FIRST AID ASSOCIATION OF AMERICA.

The Town of Arlington, Massachusetts, is well known to readers of early American History, as, under the name of Menotomy, it came into prominence during the first days of the War of the Revolution, and today, the many old landmarks standing by the side of its historical streets bear testimony that its citizens were as active during that period, in resisting oppression as were those of Lexington or Concord, its sister towns.

The original Cooper's Whig Tavern was standing during those days on the site of the present Cooper Tavern Building, and at the very beginning of the War of the Revolution it became conspicuous, as the following extract, taken from Bacon's Historic Pilgrimages in New England will show:

"At the village centre the retreating troops halted for a few moments before the village green, upon the very spot where Lord Percy's wagon of supplies on the way out had come to grief. This story we found outlined on the stone tablet here placed:

"At this Spot, on April 19, 1775  
THE OLD MEN OF MENOTOMY

Captured a convoy of eighteen soldiers with supplies, on its way to join the British at Lexington."

"These old men were at Cooper's Tavern, a little way below when an 'express' brought word of the coming up the road of the wagon and guard. They were 'exempts,' too old to serve with the minute-men in the field; but they were imbued with the spirit of the hour. Some of them were veterans of previous wars. So they determined to capture the convoy, and immediately organized for the purpose. There were in all twelve of them, under a leader. When the convoy appeared between them and the meeting house, they suddenly arose, aimed directly at the horses, and called to the guard to surrender. The response was the whipping up of the horses by their startled drivers. Then the twelve old men fired. Several of the horses were killed and two of the soldiers, while a number were wounded. The drivers leaped from their places, and with the guard ran toward Spy Pond, into which they threw their guns, and escaped."

Another remarkable performance is recorded of an old warrior of 80 years, who, by himself, made an attack on the pursued troops when they halted by the church green for a few moments on their way through Arlington. The record goes on to say that the man was lame as well as old and when approached by five of King George's soldiers, he realized that it was useless to attempt to escape so he immediately fought them. He shot one soldier, fired at another, and sent another shot, before he was shot himself. He was beaten and bayoneted and then left for dead. Townspeople found him barely alive after the troops had gone and took him to Cooper's Tavern, where he received medical attention although he was not expected to live. Although he had been bayoneted 13 times and received one shot wound he lived for 18 years after this occasion, dying at the age of 98.

Another record relates that two of the men who had taken part in the capture of the British convoy were caught at Cooper's Tavern, where they had stopped to get news, and were killed.

The present Cooper Tavern Building was built in 1826 and for years was carried on as a hostelry under various names. The present owner named it the Cooper Tavern Building, presumably in deference to the fact that its location was historical, and indeed, from the windows of its broad, low ceilinged rooms, now arranged as offices, one looks out upon old "Menotomy Plain" where history tells us that "the fighting was brisk," and feels the same thrill of patriotism for a worthy cause, as must have been felt in the hearts of those patriots of the early days for their cause. A glimpse of the already mentioned Spy Pond is to be had, also, and one secretly wonders if its sparkling waters still conceal any of the old British guns thrown therein.

The offices of The National First Aid Association of America are upon the second floor of the building, the main room being large, roomy and square, with an old-fashioned fireplace taking up one third of the south-east side. We, of the Fraternity, have enjoyed many delightful winter evenings gathered about the blazing fire laid here, talking over "First Aid" subjects of interest to us all, and means and methods for furthering our paper and our work. Here, at headquarters, may be found some splendid pictures of Association activities, the same having been sent to our executive office by classes which they have operated from Portland, Me., to Houston, Texas, and Oakland, California. Records of the work of eleven years are gathered together here, and records are also being made daily.

As the patriots of old went forth from Cooper's Tavern to serve their country's need with their efforts, so the patriots of the present day send out their efforts from the Cooper Tavern Building to serve their country along the line of the need of today—Preparedness. Preparedness in NATIONAL FIRST AID TO THE INJURED—knowledge of value to everyone—needed by everyone, and wisely distributed by an official organization, has found its home on a site of patriotic renown, in a town of historical distinction—both of which facts will appeal strongly to our membership as appropriate, agreeable and consistent with the work. M. E. N.

### "Opened by Censor"

Being an account of a British Trooper's experience at the front in the present War of the Nations, as told in personal letters to a member of the FRATERNITY.

R. N. Air Station,  
Somewhere in England

"I hardly hear a word from your side (U. S.) except from my brother. I am on the east coast but expect to go back to London any time and out to the south of France in October. Not so bad, for the winter. It is already getting a bit cool here so shall not mind going away.

\* \* \* I should like to tell you all about it here but cannot for reasons. Anyway it is work that you would just enjoy for there is such an assortment of engines, etc. I am on a "flight," that is on a machine. Keep it in running order and take it down about every forty hours, flight. There is a decent bunch of boys here, about 500.

\* \* \* We have several Yankee Lieutenants here—some boys—some accent—, however they have the nerve for the job. Flying is fairly safe now, anyway, very few accidents here, in fact not a death on this station for twelve months. All trades are represented here and carpenters get good aeroplane experience. The grub, or "scrab" as it is called is good, and everything is A la R. Navy, as if we were on board—bugles galore—they all mean something. Haven't got on to them all yet.

\* \* \* We have a cinematograph on the premises—it really is a comfortable station.

\* \* \* I guess you've read that a Zepp was brought down near London lately. I have never seen one yet—however, touch wood. I think the war will see next spring anyway." G. A. C.

### The National First Aid Fraternity Holds Its First Christmas Party

The first Christmas party of the FRATERNITY was held Thursday evening, December 14, 1916, at Long View, the home of its officers, Mr. and Mrs. Roscoe G. Wells (Mary Kense), Arlington, Mass., and it was unanimously considered a great success. The FRATERNITY entertained the Headquarters Detachment, C. B. A. C. The committee in charge planned a fine entertainment for the evening comprising readings, music, a Christmas Grab Bag and Tableaux. A picked squad of the Headquarters Detachment, which came in uniform, assisted in the tableaux. Christmas Greetings were received from Mrs. J. Sewall Reed, Acting President of the Association. During the evening a generous collation was served.

Among those present were Mr. and Mrs. R. W. Butters of Cambridge; Mr. and Mrs. H. C. Schumann of Stoneham; Captain and Mrs. R. G. Wells of Arlington; Mr. and Mrs. A. L. Wells of Arlington; Miss P. H. Massie of Dorchester; Sergt. J. W. Griffiths, Sergt. F. F. Harmon, and F. V. Wood of Somerville; G. A. Cowland, Miss E. Johnston, and Miss E. Warner of Boston; Mrs. C. G. Shaw of Hyde Park; Miss M. Forsaith of Watertown; Corp. E. C. Kennerly and Musician Arthur Halfyard of Everett, and other friends of the FRATERNITY and the Corps.

## Concerning the Medical Department

Dr. R. G. Schroth, head of the Illinois Post Graduate and Training School for Nurses, and Dr. W. C. Schulze, President of The National School of Chiropractic, both of Illinois, have recently been appointed members of the Medical Staff of the Association.

## Headquarters Detachment C. B. A. C. Camps at Silver Lake, Wilmington, Mass.

The third tour of duty of the Headquarters Detachment C. B. A. C. occurred Saturday and Sunday, October 7 and 8, 1916, at Silver Lake, Wilmington, Mass. As this tour occurred so late in the season it was deemed advisable to secure a camp rather than go under canvas, thus eliminating any possibility of sickness. An added interest to this encampment was the new field equipment, this being the first time that the Detachment has had the experience of moving in heavy marching order with complete outfits.

The Detachment left Headquarters at 1.30 P.M., Saturday, the 7th, in heavy marching order, taking the cars as far as North Woburn and hiking over the road from North Woburn to their destination. Heavy marching order means just what it says, and it may be interesting to our readers to know what each man carries—40 pounds of baggage, consisting of his uniform, lifting straps, belt, knife, duty pouch, canteen, and litter; his knapsack, containing blanket, extra sweater, socks, tooth brush and powder, towel and soap, shaving utensils, candles and various extra personal effects; his haversack, containing his meat can, dipper, knife, fork and spoon, and two days' rations. Extra baggage such as entrenching shovels, axe, and camp kitchen utensils are divided among the men to carry.

The men reached camp in good condition after their hike, and after being assigned to quarters, preparations were made for supper. Quartermaster Sergeant Harmon was in charge of the commissary and is to be commended for his excellent efforts. After supper some of the men were given leave of absence until roll call, while others amused themselves in quarters. At 10 P.M. the roll was called, guards posted, and at Taps (10.15 P.M.) all not on duty were in their blankets.

Shortly after midnight a disturbance occurred near the camp, and the men had the experience of being routed out of their blankets by the officer of the guard and kept in readiness for trouble until 3 A.M. at which hour they were ordered back to their blankets. Our camp was situated in a pine grove and during these hours that the men were on emergency duty it was a pretty sight to see the guards pacing to and fro with the light of the moon sparkling on their equipment as they passed in their steady pacing between the tall pine trees.

Sunday, the 8th, was spent at hard and thorough drills until everyone was glad to hear the mess call for a late dinner, after which camp was policed and baggage packed preparatory to the start for the home station. As the men lined up in heavy marching order it was a pleasant sight to see their happy faces, good spirits and willingness to continue their hard but interesting work, and as the column swung off down the dusty road with a quick step, straight shoulders and smiling faces, it was a great satisfaction to know that the usual characteristics of the corps were still being maintained—obedience, good nature, and a willingness to serve well and with a smile.

Sergt. J. W. G.

## A C. B. A. C. Member at Plattsburgh

After drilling for some time with the Clara Barton Ambulance Corps the writer learned of the personal benefits of military training and began to realize the existing obligations of every young American to be well trained and prepared for service to his country if needed. As the government camp at Plattsburgh, N. Y., offered

many inducements, I, in company with a fellow employee, arrived at camp in the midst of a heavy rainstorm to spend the month of June.

We were first assigned to a company which was later graded according to height, into squads of eight. Each squad was then assigned to a tent containing eight cot beds. All of our personal belongings were kept in suit cases under our cots for there are no such luxuries as bureaus, or even tables, in the army.

Our first duty was the drawing of our supplies which included rifles, cartridge belts and blankets. After this we cleaned the heavy grease from our new rifles and bayonets.

As we marched to the mess shack for our meals we had an opportunity to see a field cook stove and soon learned that there are fine cooks in the army, which fact was attested by the amount of food consumed by our company.

On our first morning, after attempting to dress in ten minutes (which is the time between rising calls) all of our squad decided that it was utterly impossible for any man to take care of all of the lacings, which our uniform required, in ten minutes, so after that first night all of our tents were prepared for a night alarm, as we slept with all of our clothes on but our shoes.

To me, a member of a semi-medical organization, the physical examination proved very interesting. Each man was given a thorough examination with a stethoscope and had his feet examined for symptoms of falling arches. I was interested to know what a bugle-call entitled "Sick-call" could be, and soon learned that the time immediately after breakfast was set aside for the treatment of any minor ailment at the hospital. There were a great many each morning who answered this call and the doctors and nurses were as busy as though they had been behind the firing lines.

The entire last week of our training was spent on a hike of sixty-five miles, each night being spent in a different town. As every man carried all of his requirements, but his food, on his back, it was not surprising that a few of the men were obliged to drop out and later be picked up by the ambulances which followed in the rear.

After four weeks of strict military training we were on our way home again, glad that we had given our mite towards swelling the count of Uncle Sam's trained forces. With full justice to Plattsburgh it must be admitted that each man looked forward to a good home-cooked meal and a spring bed with its inviting white sheets. E. O. K.

## How to Form a National First Aid Class

Interest a number of your friends in the vitally important study of First Aid to the Injured, and have them meet to organize a class in your home, your church or society rooms.

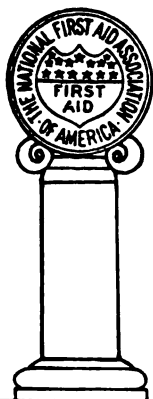
Appoint a class secretary who will with two other class members interest a local physician or trained nurse, or National First Aid graduate to give the lectures.

Communicate with The National First Aid Association of America which will furnish your secretary with the needed literature for class registration.

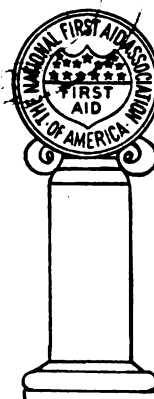
A modest tuition fee is charged each member of the class to cover expense of equipping each member with a Barton First Aid textbook, individual package of bandages, examination paper (when ready for examination) and diploma if successful. The class instructor is also provided with textbook and schedule of lecture course free of charge.

Address The National First Aid Association of America, Arlington, Mass.





# FIRST AID



Official Organ of The National First Aid Association of America

VOL. 3

JULY 1, 1917

No. 2

## EDITORS

R. G. WELLS

M. K. WELLS

## ASSOCIATE EDITORS

### THE NATIONAL FIRST AID FRATERNITY

A Committee of Progressive graduates organized for the further development of The National First Aid Association of America.

J. W. GRIFFITH 1915 E. JOHNSTON 1916  
P. H. MASSIE 1915 E. WARNER 1916  
R. W. BUTTERS 1912 Field Member for OHIO  
G. A. COWLARD 1915 Field Member—"Somewhere in France"

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### Financial Report of the Clara Barton Memorial Ambulance Fund

Being a record of moneys received by the PREPAREDNESS COMMITTEE of The National First Aid Association of America for the purchase and maintenance of the Clara Barton Memorial Ambulance.

#### MASSACHUSETTS

Noternan, Mrs. E.	\$ 1.00
Griffith, Mr. J. W.	1.00
Griffith, Mrs. J. W.	1.00
Griffith, Lieut. J. W.	1.00
Ring, George G.	5.00
Employes Chase & Sanborn	10.40
Ward, Fred L.	2.00
Willis, S. J.	1.00
Blackmar, Mrs. W. W.	25.00
Kimball, Mr. W. T.	25.00
Rich, Mr. W. T.	50.00
Mears, Mrs. D. O.	3.00

Moore, Thos. A.	\$ 2.00
Cowlard, Geo. A.	1.00
Employes Chase & Sanborn	6.40
Massie, Pearl H.	2.00
Nichols, Lena B.	2.00
Bigelow, Mrs. Alanson	5.00
Wellington, Mrs. Austin C.	5.00
Taylor, Mr. R. N.	2.00
Bartlett, Annie E.	5.00
Harris, Jennie L.	1.00
Holland, Josephine P.	1.00
Northway, Marion E.	1.00
Porter, Ralph H.	2.00
Shorrocks, James T.	1.00
Forbes, Mrs. Sarah	2.00
Pierce, G. Adelbert	5.00
Lewis, Mr. J. B.	5.00
Walsh, Mr. W. J.	2.00
Waters, Elmer	1.00
Prang, Mrs. Louis	2.00
Chapin, Anna M.	2.00
Sawyer, Mrs. Eliz. P.	3.00
Stevens, Elizabeth	1.00
Cooper, Grace H.	1.00
Burroughs, Mrs. E. A.	1.00
Elliott, Mary E.	1.00
Jones, Mrs. Fannie M.	1.00
Green, Caroline	1.00
Packard, Mrs. W. A.	1.00
Sanborn, Mrs. D. W.	1.00
Yeams, Amy M.	2.00
Allen, Mary L.	1.00
Clara Barton Tent D. of V.-Worcester	5.00
Perkins, Charlotte V.	1.00
Weston, Amos	1.00
Bowker, Mary L.	2.00
Harrison, Margaret D.	1.25
Gilman, Mr. and Mrs. John A.	5.00
Other Contributors	3.50

#### NEW JERSEY

New Jersey State Branch National First Aid Association	\$50.00
Chapman, Henry J.	5.00
Cone, Wm. F.	5.00
Savage, James C.	5.00
Savage, Mrs. Mary E.	5.00

## NEW JERSEY (continued)

Savage, Edna J. . . . .	\$ 1.00
Savage, John S. . . . .	1.00
Pattison, Thomas J. . . . .	1.00
Kearny Public Library class, 103 members	52.75
Tucker, Wm. L. . . . .	1.00
KilGore, Mary B. . . . .	10.00
Gault, Robert . . . . .	1.00
Bailey, C. L. . . . .	1.00

## WASHINGTON

Riddell, Mrs. Dora . . . . .	\$ 1.00
Hooker, Bessie . . . . .	1.00
Gardner, Mary . . . . .	1.00
Washington and Alaska W. R. C. . . . .	17.00
Other Contributors . . . . .	2.00

## ILLINOIS

Blakeley, Mrs. E. R. . . . .	\$10.00
Wælti, Christ . . . . .	2.00
Totth, Dr. S. D. . . . .	2.00
Fisher, Clara A. . . . .	1.00
Heinze, Dr. Eugene P. . . . .	1.00
Carnow, Dr. A. . . . .	1.00

## CONNECTICUT

Beuck, F. L. . . . .	\$ 1.00
Nellis, Charles M. . . . .	1.00
Bates, A. J. . . . .	1.00

## MICHIGAN

Stapleton, Dr. W. J. . . . .	\$ 2.00
Smith, Mrs. E. B. . . . .	20.00
Bishop, Mrs. Minnie J. . . . .	5.00

## CALIFORNIA

Oehler, Charles F. . . . .	\$ 2.50
Porter, Geo. E. . . . .	3.00
Woman's Relief Corps, Berkeley . . . . .	1.50

## RHODE ISLAND

Loepsinger, Mr. A. L. . . . .	\$25.00
Foote, Lawrence R. . . . .	1.00

## MISSOURI

Halsted, Miss Leonora B. . . . .	\$10.00
Ernst, Miss L. R. . . . .	5.00

## MISCELLANEOUS

Butters, R. W., Ohio . . . . .	\$ 2.00
Pusey, Mrs. A. L., Pennsylvania . . . . .	2.00
Hammond, Florence L., Iowa . . . . .	5.00
Smith, Mrs. E. G., Maine . . . . .	1.00
Robbins, Mrs. D. M., Minnesota . . . . .	50.00
Ridste, Alma J., South Dakota . . . . .	1.00
Sohmer, Mrs. Elizabeth, New York . . . . .	5.00
Hogue, W. H., Texas . . . . .	1.00
Oldroyd, Capt. O. S., Washington, D. C. . . . .	1.00
Williams, I. Newton, New York . . . . .	5.00

Total \$542.30

It is the plan of the PREPAREDNESS COMMITTEE to raise a fund of \$5000 for the purchase and maintenance of the CLARA BARTON MEMORIAL AMBULANCE which it will man with trained members of the CLARA BARTON AMBULANCE CORPS, and offer for service to the nation. The COMMITTEE wishes to express its thanks for the wide-spread interest which is being shown in its plan, and hopes that all will make an effort to interest others that the sum needed may be quickly raised.

In thanking the above donators the COMMITTEE wishes to thank also those silent workers whose active efforts have brought about the above interest,—namely, members of the COMMITTEE, the FRATERNITY, the CORPS, and others. The COMMITTEE employs no paid solicitors, and its fund has been and will be promoted by interested enthusiasts who desire that this honor shall be paid to CLARA BARTON by the Association to which she gave the last years of her noble life. The necessary funds for postage, mimeographing, acknowledgment letters, etc., have been given by The National First Aid Association of America and the silent workers in its behalf above mentioned.

## PREPAREDNESS COMMITTEE

Mrs. J. S. Reed	Mr. James C. Savage
Mrs. E. R. Berry	Mrs. Mary K. Wells
Mrs. E. B. Smith	Dr. Eugene Underhill
Dr. F. H. Morse	

and

Roscoe G. Wells, National Treasurer  
Chairman PREPAREDNESS COMMITTEE

## The Twelfth Annual Meeting of The National First Aid Association of America

The Twelfth Annual Meeting of The National First Aid Association of America was held on Saturday evening, June 9, 1917, in the Crystal Parlor of the Parker House, Boston, Mass. Active members present either in person or by proxy were as follows: Mrs. J. Sewall Reed, Mr. Roscoe G. Wells, Mr. Albert L. Wells, Mrs. E. R. Berry, and Mrs. M. K. Wells of Massachusetts; Mr. I. Newton Williams and Mr. A. E. Hill of New York; Mrs. E. B. Smith of Michigan; Dr. Eugene Underhill of Pennsylvania and Mr. James C. Savage of New Jersey. Members of the Fraternity and the Headquarters Detachment of the Corps were present, together with many interested friends of the organization.

Greetings were received from Mr. Henry Chapman of Arlington, N. J., Mrs. Austin C. Wellington of Cambridge, and Mrs. Sarah Forbes of Roxbury, Mass.; together with regrets from many Fraternal members from various states who are interestedly following the progress of the organization.

The Acting President, Mrs. J. Sewall Reed, welcomed the meeting in a few well chosen words, expressing her thanks to her fellow officers for the work of the past

season, and paying tribute to Clara Barton (President in Memoriam), whose personal friend and co-worker she was for so many years. Mrs. Reed said in part, "We stand pledged to remember the name of Clara Barton just so long as we are able to speak and work. For us her name is sacred, and there are present with us this evening several who remember just what she said, and how she looked, and how happy we were in her presence, at our early annual meetings."

Mrs. Reed closed her charming address with expressive words of appreciation and thanks to members of the New Jersey State Branch (who were present), members of the Fraternity, the Corps, and the active and fraternal members of the organization, saying, "I wish to assure you that the President appreciates your assistance in this National First Aid work, and in these days when such sad things are being impressed upon our hearts, and misgivings trouble us, she asks you to continue your interest and your help in the work that we are trying to do."

The Annual Report of the National Secretary, Mrs. Mary Kensel Wells opened as follows:

"The series of international events which have been shaping the destiny of our nation for the past few years have had their effect upon the work of our organization, particularly during the past season. While we have been hearing reports of the ruthless U-Boat warfare, and at a time when our country is becoming more deeply involved in the present unprecedented world war, it is gratifying to know that The National First Aid Association of America has, through the dissemination of its vitally important knowledge, been instrumental in inculcating into the minds of our American people the uplifting significance of "thought for others." At the same time it has been practically preparing several hundred more National First Aid graduates to be of service to themselves, each other, and their country in the present serious situation of the world in general.

All minds are turning "war wards" in these days, and the young American men and women are asking themselves what they can do to be of service to their country. While all cannot make heroic names for themselves on the battlefield, nor become Clara Bartons in perfection of service to suffering mankind, all can make themselves proficient in the practical methods of National First Aid instruction for use whether at home or abroad, and it gives us supreme satisfaction to be able to report that hundreds have understood this fact and have taken advantage of our national course of instruction in FIRST AID TO THE INJURED during the past year.

The Association is proud to number among its membership veterans of other wars whose own experiences have taught them the value of self preparedness along the lines of First Aid to the sick and injured in times of stress and emergency. Our beloved founder, the incomparable Clara Barton, found the fact to be so important that she paved the way for it to become a part of the general education of the American people by founding The National First Aid Association of America. It is true that the past year has brought home to many people the importance of possessing a National First Aid educa-

tion, and whether the knowledge gained is to be put to use at home or upon the battlefield it is a line of national defense that is now accepted as valuable, useful and even essential, for the layman."

The report touched upon the death of Dr. Samuel J. Bassford of Portland, Maine, an active member of the Association, who died March 16, 1917; and expressed sincere regrets for the illness of a former active member, Miss Janet Jennings, now of Washington, D.C., whose resignation from the Association had been sent in.

Interest centered around the Class Work Department which has been active in five of its different divisions of work, the report stating, "We are not endowed, therefore, we must earn our own living, and our method is through our class work for which we obtain a modest tuition fee from each student." Classes were operated in Massachusetts, Maine, Rhode Island, Illinois, Connecticut, New Jersey, New York, Pennsylvania, and Wyoming, a total of 634 students being registered. Of the 276 National First Aid diplomas issued 4 were sent to the State of New York, 7 to Texas, 16 to New Jersey, 10 to Connecticut, 29 to Pennsylvania, 53 to Massachusetts, 156 to Illinois, and one to London, England.

Fraternal Members of the Association are located in Massachusetts, New York, Connecticut, Maine, Vermont, Missouri, North Carolina, California, New Jersey, Ohio, Michigan, Pennsylvania, Minnesota, Illinois, and South Dakota.

The work of the New Jersey State Branch was of peculiar interest as one of its classes, located at the Kearny Public Library, was the largest National First Aid class ever registered having a membership of 146 students. The class was admirably handled by officials of the Branch and of the 111 who took the National First Aid examination only 4 failed. Eighty-five had a standing of more than 95 per cent. New Jersey has reason to be proud of this excellent showing. Mr. James C. Savage of New Jersey, President of the Branch, Mr. Henry Chapman, Mr. Frank Holzer, Dr. E. H. Goldberg, and Miss M. B. KilGore gave their earnest efforts towards making this class a success.

The first annual report of The National First Aid Fraternity was written and read by Miss Pearl H. Massie, a member. Miss Massie touched interestingly upon the work of each monthly meeting of the Fraternity, and the earnest efforts of the membership to be of service to the Association. The Fraternity enjoyed the interesting talks given on special evenings by Dr. George H. Reed, U. S. N., Mr. R. G. Wells, Vice-President of the Association, and Miss Bessie Howard, Physical Director of the Roxbury (Mass.) High School. The business of keeping "FIRST AID" interesting and full of information is the first duty of the Fraternity.

A cordial letter of greetings was received from Dr. E. P. Heinze of Chicago in which he reported much of interest for his National First Aid work, saying, "National First Aid, as taught to hundreds of men and women of all rank and file, is not only practised in the United States, but men and women with the little National First Aid certificate have gone to Africa, South America and the Hawaiian Islands doing First Aid. \* \* \*

\* \* \* a letter from two missionaries of the Soudan, Africa, \* \* \* both our graduates, telling of hundreds of cases of First Aid given to the throngs of Africans. They write me: "What would we have done without National First Aid here where there is only one medical doctor to every 500,000 natives."

A report of the Headquarters Detachment was given by Lieutenant John W. Griffiths, C. B. A. C., which was heard with interest. Lieutenant Griffiths touched on the Memorial Day work of the Detachment when they were guests of the Watertown (Mass.) Post G. A. R. In part the report read: "The Nation is at war and the President has ordered conscription. We have all registered and stand ready to do our duty. How many of our ranks will be called we do not know, but we do know that those who are called will do their patriotic duty, and do it better for their membership in this Detachment. We who are left will hope to soon be in charge of the Clara Barton Memorial Ambulance. All for our country and each in his proper place."

The National Treasurer, Mr. Roscoe G. Wells, reported receipts amounting to \$1486.68 and expenditures of \$1333.76.

The New Jersey State Branch reported receipts amounting to \$342.47 and expenditures of \$250.47.

Mrs. Mary Kensel Wells was re-elected to the Board of Directors.

Mrs. James C. Savage of New Jersey, and Dr. William J. Stapleton, Jr., of Michigan were elected to the active membership.

The report of the PREPAREDNESS COMMITTEE was given in detail by the National Treasurer, Mr. R. G. Wells, who said, in explanation:

"When war was declared your Association immediately organized a PREPAREDNESS COMMITTEE from among its active membership. \* \* \* After careful consideration of the various fields whereon your Association could be of the most individual service to the country during the war, it was deemed advisable to the committee to try and raise the necessary funds to purchase, equip, man, and maintain a U. S. regulation field ambulance, to be known as the Clara Barton Memorial Ambulance. The sum required for the ambulance is \$1500, for equipment \$300, for maintenance \$3200, making a total to be raised of \$5000.

"In conjunction with the daily active work of the Association, and with the help of our Fraternity, Ambulance Corps and the Committee, letters of appeal have been sent out to our graduates, Fraternal and Active members and friends, and the printed report given herein will show the splendid beginning that has been made. Let us all help to develop this beginning into a successful final outcome that before long we may accomplish results and have the Clara Barton Memorial Ambulance ready and equipped for its errands of mercy. The Corps has already given worthy National First Aiders to the service of the Army and Navy; the Association has steadily been working for the interests of the nation, for the past twelve years, in preparing thousands of National First Aid graduates for efficient

service,—therefore, let us all do our part in this war work of our Association, and in honor to our founder and president let our Association be the one to place a Clara Barton Memorial Ambulance on a field of service in this world war."

Following the meeting several speeches were enjoyed, the speakers being Mr. A. L. Wells of Arlington, Mr. J. B. Lewis of Boston, Mrs. E. R. Berry of Cambridge, Mr. S. J. Willis of Milton, Mass., and Mr. James C. Savage of Kearny, N. J. A pleasant surprise was given the meeting in the talk of Mr. Savage who brought a check for \$50 from members of the Kearny Public Library class for the Clara Barton Memorial Ambulance.

#### TAKE YOUR PART IN OUR WAR PLAN TO HONOR THE NAME OF CLARA BARTON

Cut this out and forward with your check to the National Treasurer,  
R. G. Wells, Arlington, Mass.

Date.....

DEAR SIR:

Being interested in the War Plan of the PREPAREDNESS COMMITTEE for the purchase and maintenance of the CLARA BARTON MEMORIAL AMBULANCE I herewith forward my check for \$..... as my donation to this worthy cause. Please acknowledge to

Name.....

Address.....

If you are interested in the work that this little paper advertises, become a Fraternal Member of The National First Aid Association of America, and keep in touch with it.

YOUNG MAN, have you enlisted?

YOUNG WOMAN, are you doing your share?

Wherever your interests lie in doing your bit for the Nation in these soul-stirring days remember that an education in First Aid to the Injured is a matter of practical importance. The National First Aid Association of America offers a course of nine lectures and an examination, and gives to its graduates a beautiful National First Aid diploma for efficiency in this important study. Write today for information, to the National First Aid Association of America, Cooper Tavern Building, Arlington, Mass. Detailed information will be given.



# FIRST AID



Official Organ of The National First Aid Association of America

VOL. 4

JANUARY 1, 1918

No. 1

## AN OPEN LETTER

Dear Friends of The National First Aid Association of America:—

FIRST AID has offered to us the opportunity of having a short talk with you,—our members, our graduates, and our co-workers,—and it is our desire, first, to tell you how much the Association has appreciated your co-operation and loyal support, during the past thirteen years, and especially during these soul stirring months since the entrance of our country into the great World War.

Some of you (members of long years standing) know how the Association began its activities, now so wide spread; that, under the quiet, capable leadership of the late Clara Barton, whose wonderful efforts in behalf of suffering humanity were world wide in extent, our organization began its career of systematic First Aid education for the people. Although minus the usual backing of countless dollars from American philanthropists the Association was founded securely. Clara Barton, in an early Christmas Greeting issued to her friends, touched upon this as follows:—

“Its charter is broad and firm, its title clear; and although young, its organization is complete.

It has its own characteristics, in keeping with its nature,—neither ambition, selfseeking, nor vainglory, but good will, helpfulness, kindness, the spirit of Him who gave his life for others, whose example we seek to follow, and whose blessed birth was God's great Christmas gift to the world.”

Some of you (class organizers whose co-operation is deeply appreciated) know that the executive staff offers an almost individual service to its class membership; that it binds itself about with no red tape. The simple regulations which all have so readily followed permit headquarters to give prompt and efficient service to all.

Many of you (our graduates, in whom we take sincere pride) know that the standard of National First Aid efficiency, required by our organization, remains high. You, who have attained the National First Aid diploma, know that you have only obtained the same at a cost of study and effort.

For the combined efforts and interest of all for the furtherance of its work The National First Aid Association of America is deeply grateful.

Our original object—that for which we have been incorporated—is the operation of classes of instruction in First Aid to the injured. However, may we not feel that we have an additional object to accomplish?

Clara Barton, a world worker for suffering humanity, was our founder and first president. As a perpetual tribute to her memory The National First Aid Association of America has established her name as “President—In Memoriam.” Clara Barton has passed on, but the noble spirit which lived within her continues to live in the work of her last great national endeavor. Shall we not see the opportunity which is ours of strengthening our organization in order to properly carry on the vital name of Clara Barton into posterity?

Other organizations there are, and will be, that will pay tribute and homage to the name of this noble American woman. Our organization, under her personal guidance, began her last work for the benefit of the stricken. Our organization continues the practical task of teaching the lesson of caring for others and self in times of emergency. Our organization is building, day by day, a living monument to the memory of Clara Barton. Let us join even more closely together in our efforts towards making our Association a strong and useful power for National First Aid service. Let it prove to be worthy of the wonderful example set for it by Clara Barton.

Please accept this little talk as a personal request for your further interest. If you are a friend, become a member. If you are a graduate, become a member. If you are a member, obtain other members,—so can we all help to advance NATIONAL FIRST AID. With the object in view of creating universal interest in support of our active memorial to the greatest philanthropist of the age, the united efforts of our entire membership are earnestly requested by

Your Secretary,  
MARY KENSEL WELLS.

Headquarters,  
The National First Aid Association of America





## First Aid

### EDITORS

R. G. WELLS

M. K. WELLS

### ASSOCIATE EDITORS

## THE NATIONAL FIRST AID FRATERNITY

A Committee of Progressive graduates organized for the further development of The National First Aid Association of America.

P. H. MASSIE	1915	E. JOHNSTON	1916
E. WARNER	1916		
R. W. BUTTERS	1912	Field Member for OHIO	
G. A. COWLAND	1915	United States Service	
J. W. GRIFFITH	1915	United States Service	
E. M. PIERCE	1917	United States Service	

*First Aid* will be issued semi-annually to any one who will become a FRATERNAL (or supporting) MEMBER of THE NATIONAL FIRST AID ASSOCIATION of AMERICA, paying the FRATERNAL MEMBERSHIP DUES OF ONE DOLLAR (\$1.00) a year.

Address all correspondence to *First Aid*, THE NATIONAL FIRST AID ASSOCIATION OF AMERICA, ARLINGTON, MASS.

### Editorial

We take pleasure in expressing our appreciative thanks to Miss Josephine L. Baldwin of New York City, whose Hero Stories, recently written for Methodist Sunday School teachers and pupils, contain an excellent lesson on Clara Barton. Miss Baldwin has taken texts from the noble life work of Clara Barton,—first, as the Angel of the Battlefield (our Civil War); second, as the Founder of the Red Cross in America; and third, as the Founder of The National First Aid Association of America.

### New Members of National Advisory Board

Dr. Wilson G. Bear of Monroe, Wisconsin, a commissioned lecturer and examiner of the Association (Commission dated Sept. 28, 1908) has been appointed a member of the National Advisory Board.

Mr. John E. Gilman, Past Commander-in-Chief, G.A.R., and a Fraternal Member of the Association since 1911 has been appointed a member of the National Advisory Board.

### C.B.A.C. Notes

Former 2nd Lieut. John W. Griffith, C.B.A.C. has entered the National Army as a private.

Ex-Quartermaster Sergeant George A. Cowland, C.B.A.C., is now serving as a private in the Aviation Corps, U.S.A.

Corporal Edwin M. Pierce, C.B.A.C., is serving as a private in the Quartermaster Corps, U.S.A.

Ex-Sergeant Frederick Harmon, C.B.A.C., has entered the National Army as a private.

J.W.G.

All graduates of The National First Aid Association of America are cordially invited to become Fraternal Members of the organization. Those who have systematically followed the valuable teachings of this worthy organization will appreciate the need of its advancement, and will desire to be a part of it.

### Financial Report of the Clara Barton Memorial Ambulance Fund

Being a record of moneys received by the PREPAREDNESS COMMITTEE of The National First Aid Association of America for the purchase and maintenance of the Clara Barton Memorial Ambulance.

Previously acknowledged . . . \$542.30

#### MASSACHUSETTS

Harmon, Frederick	1.00
Foye, Fred M.	1.00
Adams, Mrs. S. E.	5.00
Bowles, Rev. Ada C.	1.00
Moody, Miss E. L.	5.00
Threadneedle Club, Cambridge	5.00
Lamb, Mrs. R. O.	1.00
Bunton, Mrs. W. A.	1.00
Halfyard, Arthur F.	1.00

#### VIRGINIA

Fairfax County Chapter D.A.R.	\$5.00
Ballard, Miss May	5.00

#### MICHIGAN

Smith, Mrs. E. B.	\$5.00
Proceeds of musical given by Mrs. E. B. Smith at home of Dr. and Mrs. W. J. Stapleton, Jr.	72.00

#### MISCELLANEOUS

Prisk, Mrs. Laura B., New York	\$1.00
Bear, Wilson G., M.D., Wisconsin	5.00
Pinneo, Frank W., M.D., New Jersey	1.00
Foster, Mrs. Cora B., Washington, D.C.	2.00
College Equal Suffrage, D.C. Br.	6.60
Sears, Gen. W. R., Washington, D.C.	5.00
Mr. and Mrs. Henry Chapman, N.J.	8.00

\$678.90

### Fraternity Notes

Mr. Roland W. Butters, formerly of Cambridge Mass., and now of Cleveland, Ohio, has been appointed a Field Member. Mr. Butters was the first graduate to sign for membership in the Fraternity.

The September meeting took the form of a reception to the Acting President, Mrs. J. Sewall Reed of Dorchester, Mass., and was held at Long-View, Arlington, Mass., the home of Mr. R. G. Wells, the Vice-President of The National First Aid Association of America. The affair was a delightful gathering of Fraternity and Corps members and their friends, members of the National Association, and various patriotic societies.

Mr. E. M. Pierce of Winthrop, Mass., a graduate of 1917, has been appointed a member of the Fraternity.

The Fraternity meets the second Thursday evening of each month at the executive office of the Association, Cooper Tavern Bldg. Arlington, Mass. Its membership is appointed by the Board of Directors, from graduates who become Fraternal members.

The second Christmas Party of The National First Aid Fraternity was held at the home of Mr. and Mrs. R. G. Wells, Arlington, Mass., on Saturday evening, Dec. 15, 1917, the members entertaining guests from Winthrop, Dorchester, Everett and Boston. A part of the evening was devoted to preparing the "Blighty Boxes" which the Fraternity and the Headquarters Detachment C.B.A.C. planned to send this year to members absent in the service of the United States. Cards of Christmas Cheer were written by each member present to absent members for Christmas forwarding. A pleasant surprise was experienced in the appearance of Fraternity members who came from Camp Devens, Mass., where they are now stationed.

E. J. and E. W.

### **This Word of Thanks to Our Women Members is Inserted in FIRST AID at the Request of the Women's Liberty Loan Committee**

The Woman's Liberty Loan Committee extends congratulations to the women of the NATIONAL FIRST AID ASSOCIATION OF AMERICA for their patriotic achievement in the purchase and sale of Liberty Bonds of the Second Issue of 1917.

We extend our thanks and appreciation for your co-operation in the work of this Committee.

The women of America are its Second Line of Defense.

They will serve till the victory of lasting peace is won.

Mrs. W. G. McAdoo,  
Chairman.

Treasury Department  
Washington

November 10, 1917.

### **Activities of our Members**

Mrs. J. Sewall Reed, Acting President of The National First Aid Association of America, has been appointed a member of the Advisory Council of the Woman's Liberty Loan Committee.

Mrs. Elizabeth Robbins Berry, a prominent and active member of many women's clubs and societies, has been instrumental in interesting many in the Clara Barton Memorial Ambulance Fund. Mrs. Berry is a member of the PREPAREDNESS COMMITTEE, N.F.A.A. of A.

Mrs. E. B. Smith, whose husband, the late Dr. E. B. Smith of Michigan, formerly gave so generously of his time and interest to National First Aid work, is responsible for the splendid concert reported in the following article:—

"A musical was given Friday evening at the home of Dr. William Stapleton of Seyburn Ave., for the benefit of the Clara Barton Ambulance Fund, and a splendid sum was realized. Mrs. E. B. Smith, soprano; Mrs. Herbert Burrows, of Chicago, monologist, and Mrs. E. S. Sherrill, at the piano, gave a delightful program. *Detroit Free Press*

Members of the Fraternity and the Headquarters Detachment C.B.A.C., intelligently assisted the Headquarters Staff in the distribution of the 2nd Liberty Loan Posters which were forwarded for this purpose from Washington by the Woman's Liberty Loan Committee.

Mr. James C. Savage, the energetic president of our New Jersey State Branch is giving much of his valuable time in the interests of the Association. Mr. Savage has lectured to various organizations throughout his community regarding the organization. He plans to form many National First Aid classes.

### **Of Interest to Graduates, Only!**

Have YOU purchased your National First Aid medallion?

Only graduates of The National First Aid Association of America are permitted to purchase and wear the handsome little First Aid pin, which is the visible proof that the wearer has been graduated from the Association, attaining 80% or over, upon taking a severe and thorough examination in First Aid to the injured.

Graduates all over the United States are proudly wearing these little emblems of National First Aid ability. Every graduate should have one. It demonstrates the part he has taken in advancing the cause of NATIONAL EFFICIENCY in FIRST AID KNOWLEDGE.

A medallion may be purchased by the graduate for ONE DOLLAR (\$1.00). Send in your application to THE NATIONAL FIRST AID ASSOCIATION OF AMERICA.

ARLINGTON, MASS. U.S.A.

### **As the Mail Comes in From our Boys in the Service**

Somewhere in Florida

"Just a line or two to let you know how things are. I am feeling fine and enjoying myself every minute that I have off. The weather has been pretty good so far. It has not been as warm as I expected it would be. Last Saturday night it snowed for about an hour, covering the ground with a thin crust. Sunday was a day like our days in November.

\* \* \* \* \* Christmas, and the day before, I was stationed in the kitchen to assist the cook in preparing a dinner for 250 men. I received letters from home and a nice wrist watch which cheered me up very much. Today is New Years day \* \* \* it is a regular holiday here, no drills and a lot of leaves. \* \* \* I have just returned from my New

Year's dinner and this is what we had,— roast chicken, dressing, mashed potatoes, green peas, olives, bread, coffee and ice cream. We had a little music and dancing after the dinner. \*

\* I suppose you had a wonderful time at the Christmas party. I only wish that I could have been there to enjoy the good time with you.\*

Remember me to all the folks.

E.M.P.

Somewhere in New York

"You will note by the above address that we are no longer a Field Hospital company but an ambulance company consisting of 152 men. \* \*

\* You will also see that we have moved some— miles west leaving — a week ago today. \* \*

\* We sleep in regular beds, have four blankets, wooden floors, and electric lights coming soon. We have shower baths and all the hot water we want. Our days routine consists of Reveille at 6.30 (A.M.) 6.30 to 7 Calisthenics, 7 to 7.30 Breakfast, 7.30 to 8 Police, 8.30 to 10.30 Hike or Drill, 10.30 to 11.30 Lecture on First Aid or Anatomy, 12 Mess, 1 to 3 More Hike or Drill, 3 to 4 Practical Demonstration on First Aid, 4 to 5 Lecture, and at 5.30 Retreat, at 9 Lights Out and 11 all is quiet except for loud snoring. \* \* \* our hiking averages 16 to 20 miles a day. \*

I suppose the ranks of the Corps will thin out with the draft, but when the war is over will increase tenfold. \* \* \* It is approaching Retreat so will have to close \* \* \* best wishes to the Corps and Fraternity.

G.A.C.

Somewhere in Massachusetts

Dear Captain:—

I am taking this opportunity to thank you, Mrs. Wells, Fraternity and Ambulance Corps for the dandy box (Blighty Box), and corking good letter that came with it. It certainly was a combination to make a fellow want to do his best. Jack told me what a good time he had at the party, and I hope we will both be able to be present another year.

The letter was more than interesting \* \* \* Best wishes to you and all of our friends in the First Aid. Write soon, I shall look for your letters. Sincerely,

F.F.H.

### An Opportunity for Your Dollar!

Appreciating the importance of the work being carried on by The National First Aid Association of America, many interested friends desired to become closely associated with the organization, and to contribute to its support, and the increase and extension of its teachings. For this purpose of co-operation the FRATERNAL MEMBERSHIP was created, and the privilege of becoming so associated with the organization is open to all.

The association aims towards NATIONAL EFFICIENCY IN FIRST AID TO THE SICK AND INJURED. Its training prepares the graduate to be of intelligent assistance to his fellowmen in times of accident and emergency. In the interval of waiting for the physician the National First Aid graduate has many times saved life. \*

The Association is a practical working institution, which is constantly opening unlimited opportunities for lessening the vast amount of human suffering occurring daily throughout our great industrial centres. Its friends, all over the United States, have proven their interest, enthusiasm and loyalty, by becoming FRATERNAL MEMBERS. Become one yourself! Help the progress of this worthy work, and your fellowman at the same time. ONE DOLLAR will do it. The application below is for YOUR use.

(Cut this out and forward with One Dollar.)

Date

To the Secretary,

National First Aid Association of America,  
Arlington, Mass,

Dear Madam:—

Being interested in the work of the Association, and appreciating its efforts towards eliminating much human suffering, I desire to co-operate with it in carrying out its aims and purposes by enrolling as a FRATERNAL MEMBER.

Enclosed please find One Dollar (\$1.00). Kindly forward my Fraternal Membership card, together with "FIRST AID" for my year of membership to

Name

Address

### Attention—Class Organizers

T alk	A
H ooveristic	S ociety
E conomy	S preading
	O pportune,
N owadays,	C haritable,
A rmies	I nformation;
T each	A ssuring
I mmense	T horough
O bligations.	I nstruction,
N ecessity	O perates
A bbreviates	N ationally.
L uxury.	
	O rganized
F ailure	"F irstAid!"
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R etrenching	A ssociation
S ignifies	M eans
T reason.	E conomy!
	R equest
A dvantageous	I nformation!
I nformation	C ompatriots,
D iscovered!	A ttend!

Arlington, Massachusetts  
U.S.A.



# FIRST AID



Official Organ of The National First Aid Association of America

VOL. 4

JULY 1, 1918

No. 2

## First Aid in the Navy

By Dr. George H. Reed, U. S. N.

The organization of the Medical Department of the United States Navy in respect to the Ambulance Party, and the duties of the men trained for this work aboard ship, is, by reason of the limitations imposed by the usual field of activity, considerably at variance with the organization and duties of this part of the Medical Department of the United States Army.

Skilled ambulance drivers, mechanics, and all the mobile organization required by the work of the Army Ambulance Corps in the field are only duplicated in the Navy by the Medical Unit attached to an expeditionary force, usually composed of United States Marines, landing from a ship to quell an insurrection, generally in some semi-civilized country in some remote part of the world, or a landing force of blue jackets and marines for the taking of a city, as at Vera Cruz, or maintaining an armed camp in a country with which the United States is at war.

For this duty, hospital units, uniformed as Marines, are detached from the ship, or ships, present and put ashore. Pup tents, regular Army litters and some motor or mule driven form of transportation with drivers furnished by the Marine Corps and the Navy Hospital Corps proceeds to duty along lines adopted for use in the Army.

Aboard ship the organization and work of the Hospital Corps is entirely different. Here the primary work of the Hospital Corps is confined to Sick Bay, and the duties are similar to those of any hospital ashore. Hospital apprentices of the first and second class act as nurses for the sick, assisting in emergency and minor operations, performing the clerical work, acting as laboratory assistants, etc.

On going into battle at sea the Hospital Unit goes too, and men of the Hospital Corps, the Ambulance Corps (which latter are termed stretcher bearers) the Surgeon and Dental Surgeon are all on the firing line. This makes another organization imperative for the efficiency of the ship. Everything is, of course, sacrificed to the battle efficiency of the ship, her worth as a fighting unit. There is no base hospital in the rear, far removed from the conflict; there is no advanced base hospital where wounded men can be transported in fast motor ambulances for

emergency surgery, later to be taken in other ambulances for a quiet recovery or peaceful death. These base hospitals are available after the battle and the hospital ships would represent the advance base, but while the fighting is going on the ship must be sufficient unto herself and she must sink her enemy before her enemy sinks her.

Going into and during an engagement the entire ship's company is at battle stations. In the Hospital Corps these stations are divided into several sections, each acting independently of the other, in different sections of the ship separated by water tight bulkheads. Each station has its own prescribed area to serve and every man his own particular duties. The Senior Surgeon aboard is in charge of one dressing station, the Senior Assistant Surgeon in charge of another, and the Junior Assistant Surgeon or Dental Surgeon in charge of a third.

The Ambulance Party is formed from the band, and is divided into three sections, one section, or unit, being at each battle dressing station. The Members of the Hospital Corps are similarly divided and stationed. Each Hospital Corpsman has his pouch and each dressing station its stretchers, operating table, sterilizer, bandages, etc., laid out and ready for use. One member of the Hospital Corps is stationed at the voice tube ready to receive and report casualties telephoned from the scene of their happening to the central station aboard ship and relayed by the operator there to the nearest dressing station.

On both the engaged and unengaged sides of the ship, the water tight bulkhead doors are closed and dogged and all vital parts of the ship shut off from communication with other parts except by voice tube or telephone. Injured men cannot be reached or given attention except by handy shipmates (all of whom are given instruction in First Aid), except during a lull in the firing of the enemy, when the bulkheads on the unengaged side are opened sufficiently to permit the passage of the stretcher bearers and the Hospital Corpsmen who have been dispatched for the wounded.

Two stretcher bearers and one Hospital Corpsman are generally assigned to each stretcher, and each stretcher crew numbered. Sometimes only the stretcher bearers are sent out and sometimes only the Hospital Corpsmen, depending upon the nature of the casualties, when the nature of the same can be ascertained. Sometimes again, the entire personnel of the station

(Continued on page 8)



## First Aid

### EDITORS

R. G. WELLS

M. K. WELLS

### ASSOCIATE EDITORS

## THE NATIONAL FIRST AID FRATERNITY

A Committee of Progressive graduates organized for the further development of The National First Aid Association of America.

P. H. MASSIE	1915	E. JOHNSTON	1916
E. WARNER	1916	H. H. JENNEY	1917
G. A. COWLARD	1915	United States Service	
J. W. GRIFFITH	1915	United States Service	
E. M. PIERCE	1917	United States Service	

*First Aid* will be issued semi-annually to any one who will become a FRATERNAL (or supporting) MEMBER of THE NATIONAL FIRST AID ASSOCIATION of AMERICA, paying the FRATERNAL MEMBERSHIP DUES OF ONE DOLLAR (\$1.00) a year.

Address all correspondence to *First Aid*, THE NATIONAL FIRST AID ASSOCIATION OF AMERICA, ARLINGTON, MASS.

## Report of the Thirteenth Annual Meeting

The thirteenth annual meeting of The National First Aid Association of America was held in the Crystal Parlors of the Parker House, Boston, Mass., on the evening of June 8, 1918. Active members present, either in person or by proxy, were Mrs. J. Sewall Reed, Dr. F. H. Morse, Mr. R. G. Wells, Mrs. M. K. Wells, and Mr. A. L. Wells of Massachusetts; Mr. James C. Savage and Mrs. Mary E. Savage of New Jersey; Mr. I. Newton Williams of New York; Dr. Eugene Underhill of Pennsylvania; Mrs. E. B. Smith and Dr. W. J. Stapleton of Michigan; Mr. Creed M. Fulton and Gen. Nelson A. Miles of Washington, D. C. Many Fraternal Members and friends were guests of the meeting.

The Acting President, Mrs. J. Sewall Reed, presided, and opened the meeting with a few well chosen words of welcome. In opening the meeting Mrs. Reed used the now historic gavel used by Clara Barton when she opened the first annual meeting of the Association in 1905, at the New Century Building, Boston, Mass.

The report of the Secretary, Mrs. Mary Kensel Wells, opened with a tribute to the thousands of National First Aid graduates now serving the country in the war. It detailed the First Aid classes operated in Massachusetts, Minnesota, Illinois, Pennsylvania, and New Jersey. Four hundred and thirty-four National First Aid diplomas were issued to graduates in Illinois, Massachusetts, Rhode Island, New Jersey, Wyoming, Connecticut, and Minnesota. It called for further co-operation of all members in

support of the Fraternal Membership,—the report stated that while the Class Work Department must necessarily be carried on by trained workers who thoroughly understood the needs of this department, the Fraternal Membership could be advanced by all,—among friends and associates. Each member of the Association was invited to pledge his or her support. The Secretary also made special mention of the loyal support of her staff of class organizers, records and letters being read from many who enthuse over the work being accomplished by the organization. The activity of the Supply Department was given in detail.

The report closed as follows: "The Association is glad to know that it has had a share in preparing the American people for the present serious situation of international warfare. War brings armament—guns—ammunition. They, in turn, bring men together to fight. Fighting means wounds and much suffering. Wounds and suffering bring the need of First Aid. A national knowledge of First Aid is needed, and The National First Aid Association of America has helped, and is helping to supply this need. In this way does the Association fit as an important spoke in the ever advancing Wheel of Civilization. Let every shoulder, in these war days, be willingly put to the great wheel and in many and different ways help to advance its progress, tardy at this time. Let our eyes carefully and faithfully watch the revolutions of one little spoke—our own National First Aid Association of America—and help to keep it strong, serviceable, secure and worthy, so that its value may always be appraised highly and its strength stand the test of Time."

Mr. James C. Savage, President of the New Jersey State Branch, in his report for New Jersey closed by saying, "We in New Jersey feel that we have again gone 'Over the Top.' We feel very proud of our new class of 83 members which is made up of the graduating class of the Kearny, N. J. High School, young men and women about to go out and fight Life's battles, and who with this help in First Aid will thus be prepared to fight it better. We are also very proud that this course should have been adopted in Kearny and made mandatory. We have been complimented very highly on our work."

Dr. E. P. Heinze, representing the work in Chicago, Illinois, sent Greetings to the meeting from co-workers and graduates in the middle west. The report of his activities during the past year covered work with many prominent schools and colleges throughout his section and was of much interest to the meeting.

Mr. Roscoe G. Wells, the Treasurer, gave a report of moneys received and disbursed.

Miss Pearl H. Massie, a member of the Fraternity, gave an interesting report of the work of the Fraternity, which lends its efforts and support to the Executive Staff at Headquarters. The Fraternity was most helpful to the Preparedness Committee in the final distribution of its report of work accomplished. Miss Massie closed her report by saying, "I feel it to be a privilege to be associated with a group of congenial people who are commemorating the name of one who was so true an American, one who so fittingly represented American womanhood, Clara Barton. It will be our pleasure and privilege at all times to keep her memory alive in the hearts and minds of our American people, and to this end the Fraternity joins with The National First Aid Association of America in all earnestness, sincerity and faithfulness."

One of the memorable features of the meeting was the presentation of a Service Medal to Mr. James C. Savage of New Jersey.



Mr. Savage has been associated with the work of the Association for over 14 years, and the gift was made by the Vice-President, Mr. Roscoe G. Wells of Arlington, Mass. who said in part:

"As a token of appreciation of your many years of loyal service to the work of our Association we take pleasure in presenting you with this service medal, it being the second of its kind ever issued by the Association, and being given only for many years of commendable service."

Mr. Savage responded as follows:

"Mr. Wells has said that I have very little to say, and now I have still less. I do not know how to thank you. This is a complete surprise to me. My whole heart and soul are in the work and it is my purpose, and that of the entire New Jersey Branch to push it along. Again I thank you."

Mrs. A. L. Wells of Arlington was elected an active member of the Association. Mr. A. L. Wells was elected a member of the Board of Directors.

### Of Interest to Graduates

Two graduates of the Association have been recently issued the new GRADUATE INSTRUCTOR'S CERTIFICATE, and have met with splendid success in organizing and operating National First Aid classes. The INSTRUCTOR'S CERTIFICATE is issued per Order of the Medical Department to graduates who are considered capable of acting as Instructors to registered National First Aid classes.

The two graduates are Bessie B. Smith, Chicago, Ill., graduated July 17, 1906; and Charles R. Curtis of Haverhill, Mass., graduated Nov. 7, 1910.

Graduates who are interested in organizing and lecturing to a National First Aid class in their locality should communicate with the National Secretary, Arlington, Mass.

### Report of Graduation Exercises of National First Aid Class of the Salvation Army Training Col- lege of Philadelphia, Penn.

"On the evening of July 15, 1918, fifty-nine members of the National First Aid Class of the Salvation Army Training College of Philadelphia received First Aid diplomas from the National First Aid Association of America. Out of fifty-nine in the class five were given "Special Mention" for excellent work in their examination. Colonel Alex. M. Damon, Field Secretary for the Salvation Army United States Forces, presented the diplomas to the graduates. Colonel Charles Miles, a member of the National First Aid Association for many years, and authorized Examiner and Instructor, is the Class Lecturer."

The above report was sent in to FIRST AID which herewith publishes the same as indicative of the successful class work of the National First Aid Association of America. From this class fifty-nine National First Aid graduates will carry their valuable knowledge out into the world for the relief of suffering

humanity. From Colonel Miles we learn that many serve today upon the battle scarred fields of France. Thus do our graduates serve our country, practically, faithfully and unostentatiously.

### In Appreciation of the Work of the Preparedness Committee

The Association should feel proud of the work of its Preparedness Committee, which has recently issued a very interesting report. The Committee has faithfully established, in the Army and the Navy, worthy war memorials to the name of Clara Barton, through the generous interest of the members and friends of Clara Barton's last work—The National First Aid Association of America. Three regiments of our United States Army, and one hospital ship of our United States Navy will always proudly carry the beautiful colors given to them in the name of Clara Barton and the Association may take pride in the fact that it has performed an accomplishment which will constantly carry its own inspiration for achievement to these soldiers and sailors. The report closes as follows:

"Thus on land and sea—in the Army and Navy—among the forces fighting for the preservation of Democracy—is the name of Clara Barton serving also—sending out its inspiring thoughts of noble and unselfish service for others. Through the efforts of Clara Barton's last work for humanity, this has been accomplished, and it is the earnest hope of the PREPAREDNESS COMMITTEE that the accomplishment will meet with the approval of all of the members, graduates and friends of the Association who so generously supported the Clara Barton Memorial Color Fund, and helped to make possible this splendid achievement. The grateful thanks of the PREPAREDNESS COMMITTEE is extended to all."

BECOME A FRATERNAL MEMBER.

IT WILL ONLY COST YOU ONE DOLLAR.

DO IT NOW.

### Our Service Stars

In two of the front windows of the Executive office of the Association at Arlington, Mass., hang two silken flags, gifts of The National First Aid Fraternity. One is the National Flag, and the other is a Service Flag bearing five stars, each star representing a member of the Fraternity who is seeing service in France.

One "Star" writes that he has lain in the hospital for months having been gassed in the trenches.

Another "Star" sends us a welcomed French postal card with a bit of history attached and greetings.

"A third "Star" writes us as follows:—"Mother wrote and told me what an enjoyable time she had at the meeting of the

**First Aiders** . . . It is almost unnecessary for me to tell you that I am in prime health. I can also say that I am in the trenches. My address tells you that I am in Infantry. I tried at home and in this country to get transferred to the ambulance service, but without success. My efforts were partly rewarded however, as my first assignment was to the Signal Corps. However, as this outfit was almost ready for the trenches, they did not have time enough to make me of value to them, so, along with some others, I was sent to the 125th. What little I did learn stood me in good stead as I was immediately put in to company Headquarters as a signal man and runner. I was here until the Liaison Groupe was reorganized and am now at Battalion Headquarters as one of the Liaison Messengers. I wish that I could tell you where I am, but do not think that the censor would allow it to go out, although it has been printed in the "Stars and Stripes" the best paper that is published for the American Expeditionary Forces. It is beautiful country and reminds me of the hills of Massachusetts and New Hampshire.

"Of course life over here has its interesting moments — when you can sit in one position and see another one shelled, or when a fight takes place between a Boch plane and a Frenchman, ending with the Frenchman driving the German to land in a mass of flames, the aviator falling while the machine is still a long way from the ground. All of this goes to make life interesting. . . . Please remember me to my friends of the National First Aid."

Brave "Stars" of the National First Aid Fraternity, — they fully represent the thousands of our other graduates who are also serving our country loyally and well.

### First Aid in the Navy

*(Continued from page 5)*

is dispatched in emergencies, similar to having the entire engine room force overcome by gas or having the entire turret put out of commission from the same cause.

Speed is essential on account of the possible necessity of closing the bulkheads again, and should this be necessary they are immediately closed and the stretcher party has to get along as best it may until they are reopened.

On account of modern battleship construction, with hatches and ladders communicating with the various decks of a ship, the Army litter is an impossibility aboard ship. The so-called Stokes Stretcher devised by Medical Director C. F. Stokes, formerly Surgeon General of the Navy, is used instead. This litter is a strong wire basket made long enough and broad enough to meet the requirements of any situation. It conforms roughly to the shape of the human body, and is given firmness and strength by the additional bar and wire section which separates the leg compartments. It possesses stirrups for the feet, six straps for fastening in the patient and is provided with twenty feet of rope at each end. By means of this stretcher, a patient can be carried upside down if necessary without injury and hoisted from the fire rooms through openings in the grated hatches made just large enough to accommodate its passage endwise.

The Sick Bay on the modern battleship is generally situated forward and is not behind heavy armor. For this reason, when going into battle, the Sick Bay is evacuated and the patients car-

ried back into the forward dressing station where they are put into bunks of the chief petty officers; this station being behind armor.

In "Abandon Ship" and "Fire Drills," it is the duty of the Hospital Corps and band to stand by to convey the sick to the boat deck in case it becomes necessary to leave the ship in the boat assigned for this purpose. As at all other drills in which the Ambulance Corps and Hospital Corps take a part, the Surgeons of the ship are in direct charge of the operations. The Senior Surgeon is in Sick Bay, the Junior Assistants at the bulk head doors and ladders, and the Dental Officer on the boat deck to route the ambulance parties.

### National First Aid Notes

Through the personal efforts of our indefatigable worker, Mr. James C. Savage, many new Fraternal Members have joined the Association from New Jersey. Every member is respectfully requested to follow the excellent example of Mr. Savage, in his or her state. A new member means added interest in the Association, and further progress for its worthy work.

The Association begins this fall the 13th season of co-operation with the Young Men's Christian Union, of Boston, Mass. It is a record of which our Association feels proud.

Mr. Frank Holzer of New Jersey, a class organizer of splendid ability, is operating a National First Aid class of over 60 members among the employes of a large corporation in Harrison, N. J.

A splendid picture of the graduating class of the Philadelphia Salvation Army Training College, the gift of Colonel Charles Miles, principal of the college, has been received at headquarters. Colonel Miles has been associated with the National First Aid Association since 1905 and knows how welcome such pictures are to the Headquarters' Staff.

**MEMBERS, GRADUATES, FRIENDS—ORGANIZE A NATIONAL FIRST AID CLASS—BEGIN THIS WAR ACTIVITY IN YOUR COMMUNITY.**

THE organization offers a course that is practical and thorough. NATIONAL system of education used, one textbook, one examination, one diploma, — in kind for all.

FIRST AID knowledge is most essential in these war times.

ASSOCIATION organized in 1905 by Clara Barton has graduated thousands.

OF vital importance to the community at large is the capable First Aid Student.

AMERICA is being served today by the National First Aid graduate.

Address, Arlington, Mass., U.S.A.



# FIRST AID



Official Organ of The National First Aid Association of America

VOL. 5

JANUARY 1, 1919

No. 1

## Welcome Home to Our Boys

In accord with the entire country which is joyfully acclaiming the home coming of our warriors from France, FIRST AID adds its humble voice of devout thanksgiving that the war storm clouds are passing over, and that the light in the clearing shows signs of Peace after the armistice.

FIRST AID reported with promptness and enthusiasm the work of the Preparedness Committee of The National First Aid Association of America which paid a beautiful war tribute to the name and fame of the late Clara Barton, its noble founder. The work carried out by the Committee was initially suggested by the Fraternity, whose young men members, one by one, went away to answer the call of our country for "Service to the Colors."

From a feeling of loyalty, honor, and sincere admiration for all, the Fraternity placed in a window at headquarters (Arlington, Mass.) a silken service flag, the stars of which represented the Fraternity members in the service. In our hearts, it also represented all National First Aiders who served in behalf of our beloved country during the war.

A few weeks ago, a message from France placed upon our service banner one golden star. In its turn, this golden star represents not only the noble lad whom we knew and loved so well, and wish to honor, but typifies, through his sacrifice, all of the National First Aid heroes who have given their lives willingly that the horrors and desolations of other countries, ruined by the war, might not infest our own fair land.

We may not fling to the breeze with easy hand a wonderflag, laden with stars, nor may we salute with lavish celebrations our own returning heroes—(National First Aiders are scattered everywhere, not gathered directly into one large group of homecoming fighters)—but, FIRST AID can and hereby does extend a welcome to our boys who served our country's cause so nobly. "WELCOME HOME—a warm, glad welcome, filled with enthusiasm and deep admiration. We revel with you in your gladness. We sorrow with you in your sadness."

May the sun of Peace burst through the thinning war clouds at last, and bring its own message of joy and comfort to all.

## Anti-Gas Paste

Every doughboy going into the line will carry a tube of paste that prevents and cures mustard gas burns. Some are already carrying the tubes. The anti-gas paste is called "Sag", a word coined by reversing the word gas.

The new product, invented by Uncle Sam's war apothecaries, protects the fighting man's arms and legs and the body below the neck—parts hitherto unprotected—against the particles of floating or driven poison from exploding gas shells. The gas mask protects the face and the head from mustard gas, as well as gas whose action is primarily on the respiratory organs.

So far as looks go, Sag is a modest appearing preparation. It comes in a heavy tin-foil tube that looks as if it might contain tooth paste or shaving cream.

### TO BE SMEARED ON BODY

The doughboy carries the anti-gas paste in his haversack, or other convenient place, ready for use when he is going to be exposed to the dangers of gas shell fire. The paste is simply smeared on the parts of the body most vulnerable to mustard gas poison.

Experience has shown that parts which are usually warm and moist, and especially those protected by hair, suffer most from gas burns. The scrotum is particularly susceptible to mustard gas. Tests have shown that when the anti-gas paste has been applied these parts stand exposure to mustard gas without injury in most cases, although such factors as the length of exposure to the gas and the concentration or strength of the gas may render the paste less effective.

Under ordinary conditions, however, the paste will prevent gas burns, or, in any event, lessen their severity.

The paste is also used in emergencies for treating surfaces which have been gased. Mustard gas to the chemist is di-chlor-ethyl sulphide. It is classed as a vesicant from its properties of producing burns of the skin and respiratory system.

In its effects, mustard gas is accumulative, the medical officers say; that is, the longer it remains in contact with the skin, the worse the burn will be. The anti-gas paste checks and neutralizes the action of the gas by setting up a chemical reaction with it.

(Reprinted from *The Stars and Stripes*, by permission)



## First Aid

### EDITORS

R. G. WELLS

M. K. WELLS

### ASSOCIATE EDITORS

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A committee of progressive graduates organized for the further development of The National First Aid Association of America.

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### Our Gold Star

FREDERIC F. HARMON—Died of wounds received in action in France, Oct. 18, 1918. Age 23 years.

A recent army casualty list has placed upon the service flag at National First Aid headquarters one gold star. Frederic F. Harmon, formerly of Somerville, Mass., a graduate of the Association and one of its enthusiastic members, died serving his country in France as one of the liaison messengers. He was a member of Co. M 125th U. S. Infantry.

At the Memorial Service held January 7, 1919, at the Perkins Street Baptist Church of Somerville, Mass., the National First Aid Association of America was represented by Mr. and Mrs. John W. Griffith of Somerville, and Mr. and Mrs. Roscoe G. Wells of Arlington, Mass. A host of friends filled the church vestry, together with representatives from the Grand Army and members of the National Army of which young Harmon was a part. At the close of the simple and appealing service the ever-sad music of "Taps" was sounded, a fitting tribute to the dead hero.

Frederic F. Harmon graduated from The National First Aid Association of America March 20, 1916, and immediately after began to take an active part in helping to advance the aims and purposes of the organization. He became attached to the Headquarters Detachment, Clara Barton Ambulance Corps, later serving as Quartermaster Sergeant. He gave to his work his highest efforts, and his service at all times was conscientious, sincere and loyal. A few months previous to his joining the National Army he became a member of the Fraternity (N. F. A. A.) and he endeared himself to each member by his unfailing courtesy, humor and readiness to be of service to all in the good cause. A faithful First Aider, he made a loyal patriot. With his customary readiness to serve he undertook the dangers to which men of his kind lend themselves, and for his country's

sake paid the price exacted of him, which closed his young life at the very beginning of manhood.

He leaves a mother, Mrs. Minnie Harmon.

## Excellent Work Performed By Two National First Aid Graduates, Members of the Philadelphia (Pa.) Salvation Army

The splendid volunteer work of two National First Aid graduates, Lieuts. Howard Coger and Ernest Newton, of the Philadelphia Salvation Army, will interest our membership. During the recent epidemic of influenza a call was made upon the Salvation Army for men to act as orderlies in hospitals. Lieuts. Coger and Newton were sent to Mt. Vernon, N. Y., for service. A letter from Lieut. Newton to our representative, Col. Charles Miles, gives one a glimpse into the work exacted of these young men.

"When we arrived at Mt. Vernon we were immediately put to work. There was a shortage of help and therefore we were pressed into service at once. We acted as orderlies. We had wards to keep clean, and patients who needed constant attention. Coger and I were put in the pneumonia ward. \* \* \* There were several who were delirious, so it was necessary to watch them closely. I held them while the nurse gave them hypos. to quiet them. I changed beds \* \* \* gave bed baths, and took temperatures \* \* \* gave diets and kept ice bags and hot water bottles wherever they were needed. When the patients died, as some did, I helped the nurse with the body, wrapped it in a sheet, and carried it down to the morgue. There were one hundred and one other things to do \* \* \* everything that went with an emergency hospital.

"We also went out on the ambulance after cases.

"In the convalescent wards there were many who needed to be kept good natured, so I sent for my guitar and sang army songs to them. I do not believe that I could write or tell of all the work we did. It seems now like an impossibility—a night mare. I am only thankful that we were allowed the privilege of serving our fellows by doing our bit at the hospital. My First Aid came very handy, and I am sure that the lessons that we learned from our First Aid class in the Training School are going to mean more to us as the days go by. When I came home, I looked at my First Aid diploma with a certain amount of pride."

A letter received later by Colonel Miles from the Chairman of the Hospital Board made the following statement—"I wish to assure you that your two boys, Lieut. Newton and Lieut. Coger, did splendid work in our Auxiliary Hospital during the influenza epidemic, and we greatly appreciated your organization having sent them to us, as well as their own unselfish work."

Desiring to show appreciative interest in the work of these two graduates the National First Aid Association of America presented each one with a National First Aid medallion, requesting that they "wear the same when on duty in token of the sincere appreciation of your worthy efforts." In the letter of thanks which came to headquarters the following statement was made: "We felt it our duty to our country as well as our fellows to go and do our best in the scourge which swept through the land."

The Association may well feel proud of these two National First Aid graduates.

## The Clara Barton Memorial Colors Have Seen Service in France

It will be of interest to our membership to know that each one of the Clara Barton Memorial Colors, presented by our organization in April and May of 1918, to three regiments of our United States Army, and one hospital ship of our United States Navy, has seen service "Over There." The 301st U. S. Field Artillery, the 302nd and 303rd U. S. Infantry Regiments were sent overseas during the summer of 1918, while the U. S. Naval Hospital Ship Mercy has recently come in to New York Harbor, finishing her second trip from France, bringing home, under our beautiful Memorial Colors, hundreds of the sick and wounded.

## A Glimpse Into the Office Mail Box

"Enclosed please find check for \$1.00 which please apply to dues in our National First Aid Association for 1918. Wishing you and our good cause every success."

A Fraternal Member

Sacramento, California

"I have taken the examination from Dr. W—— and can say I found the same rather difficult. \* \* \* I surely hope to obtain the diploma, as I use First Aid most every day \* \* \* Men come in with wounds that would scare the ordinary person but they must have care and I want to be able to answer their requirements. \* \* \* Anxiously awaiting to hear how my paper came out"

A graduate

Newport, Washington

"I neglected to enclose report on examination in bandaging \* \* \* I believe him worthy to receive the diploma. He is a member of many state societies. Have known him seventeen years to be a practicing Doctor of Dental Surgery."

An Examining Physician,

Chicago, Ill.

"We are herewith enclosing our check for —— for memberships of the enclosed students of the school. \* \* \* Kindly forward their outfits and membership cards at your earliest convenience."

Class organizer

(School & College Work Div.)

Chicago, Ill.

"We presented the diplomas last night to the —— class. They were very proud of them. Several friends of the girls were there and said that next year each one was going to get one of them."

An active member

Kearny, New Jersey

"Permit me to thank you for your letter of the 11th ultimo and to advise that you may reprint articles from THE STARS AND STRIPES in your paper providing you give the proper credit therefor."

THE STARS AND STRIPES

Paris, France

## The Late Clara Barton Upon National First Aid Work

[From one of her early addresses given in behalf of the Association.]

Ladies and gentleman, I like best to say friends, for in this home city of mine all seem so. You surely will not misunderstand me if I say that I feel like an interloper in the occupancy of even the few minutes of the time arranged for the legitimate uses of this beautiful camp; and when I compare, or rather contrast, the character of the subjects I am still more concerned at the temerity of having consented to do so. . . .

I believe it was only the high regard I felt for the work that is being accomplished here that gave me the courage to come and say the few words I am requested to say upon the sole named subject of "FIRST AID TO THE INJURED," or more properly speaking as would seem to me "FIRST AID to those who need it."

But this is by no means a new theme. It is the ready help of one human being for another in time of need. Unconsciously we are all doing this, and so far as we know how we do it well requiring no instruction. It is in the least common and greater vicissitudes of life, which we do not know how to meet or to relieve that the study of First Aid comes into use. We have been so long accustomed to look upon this class of relief as something beyond ordinary knowledge that no attempt has been made to attain it.

One man sees another at work alongside of him slashed by an axe, torn by a saw or crushed by a falling tree or timber. The spurting bright red blood suggests nothing to him; it is simply blood, and he knows the man is hurt and that something should be done: but he sees nothing for *him* to do but leave the victim and run, miles it may be, for help. The help comes, but there is need only for the coroner and the undertaker.

The mother sees her child choking to death, and only knows to run in distraction with it to a neighbor who probably knows as little as herself what to do, and nothing is done—or, in a blaze of fire, possibly herself as well, and she does the same thing fanning the flames as she runs,—or a poison has been swallowed, and long before medical aid can arrive it has done its deadly work.

In our great manufactories with their hundreds of operators, some man is daily injured; while he writhes in agony, a score stand around with useless hands, save to pick him up—hearts full of pity, brains empty of knowledge—"Poor fellow, too bad." The wagon or ambulance comes, he is hustled in and taken to the hospital farther or more near, possibly alive on arrival, or possibly the last breath has been jolted out without a single effort at relief from a human being.

In all of these conditions and all their hundreds of kindred the only thing needed was a knowledge of what to do first. It is the gaining of this knowledge and how best to apply it that constitutes the study of First Aid, for so sure as one has the knowledge, humanity compels him to apply it.

I have said the idea of First Aid was not new. It was two thousand years ago, they tell us, that a man was set upon by thieves and wounded: and another man went to him, bound up his wounds, pouring in oil and wine and set him on his own beast, and brought him to an inn and took care of him. This was as good First Aid work as need be done; for the man not only



knew what and how to do but was supplied with the materials for doing it. Admitting that he possessed all the sympathy he did, but lacking the knowledge and needful appliances, could only look on in pity, how much better (save in spirit) would he have been practically, than they who did nothing? By allowing ourselves to grow and live on, in the thoughtlessness and ignorance that we do, are we not coming very near the example of those who walked on the other side? Whose neighbor are we? Here was the true spirit converted to practical use, and so worthy was it found to be that its record has been kept and treasured in the greatest and grandest history ever written, to last to the end of time.

(To be continued)

## For Massachusetts Members

### N. F. A. A. of A.

A card has recently been issued in Massachusetts picturing Clara Barton on one side, and giving her biography upon the other side. The biography, among other facts of interest, states that Clara Barton was President of the National First Aid Association of America from 1905 to 1910. This is evidently a misprint with regard to the latter date, as Clara Barton was the President of the Association until the day of her death—April 12, 1912.

By act of its Board of Directors the Association then made the office of President a memorial one to be held in name and for all time by this noble woman.

## Mail from our Service Stars

Somewhere near Verdun.

Dear Friends:—

I hope you will receive this card in time to wish you and all members of the N. F. A. A. of A. a Merry Christmas and a Happy New Year.

Sincerely,

G. A. C.

Base Hospital 54

Dear Captain:—

Received a very welcome letter from you and one from Mrs. Wells, besides some cards from the girls in the Fraternity. \* \* \* I was very much interested in the report of the presentation of the flags to the different regiments and to the Hospital Ship Mercy. I think the idea was fine and did the Association a lot of credit. Since arriving in France \* \* \* you can rest assured that I have never lost an opportunity to help the good work along by advertising. I can say without fear of contradiction that I have told several hundred fellows about it. I imagine Harmon has been doing the same thing too. Some of the best times I ever had were spent with the Fraternity and the Corps and I am now looking forward to a good many more now that the big show is over. While I was at the front I did not count very much on the future as Fritzie, I noticed, had a bad habit of spoiling a man's plans for a good time. I have often remembered that you used to tell me you never heard of a war yet that somebody didn't get hurt. Fritzie was inclined to be a rough man to play with but when he got up against the "Yanks" he more than met his match. \* \* \* I have travelled all over France in box cars, trucks, and on foot. Mostly on foot. \* \* \* After I was gassed I spent ten weeks in the hospital, seven of which I spent in bed. The hospital was located in the City of Blois on the banks of the Loire River, and was a beautiful place. I was

treated fine there \* \* \* When I left there I was put in Class B 2 and sent to the big American convalescent Camp at Mesves-Buley. I was only there four hours when I was sent here to Base 54 which is one of a dozen hospitals in the Mesves hospital centre. I was given a chance to learn to cook in the diet kitchen here and I am quite sure I have killed more men here than I ever did at the front. I like the work very much and feel that I am much better equipped to make a model husband than I ever was before. I am already an expert housekeeper so I should have no trouble getting a job when I get back. \* \* \*

We are going to have a big Thanksgiving dinner here Thursday. I helped unload an auto truck last night that had 400 turkeys and 100 geese on board. The patients ought to get enough to eat for one day anyway. \* \* \* You can tell Mrs. Wells that I am surely looking forward to eating some of mother's peach shortcake again, and I'll have to be real careful where I bring that subject up again while I am in France. We can't afford to start any riots over here. \* \* \* Be sure and give my regards to all the girls of the Fraternity as well as Mrs. Wells and yourself. Hoping that before many more meetings have passed I will have the pleasure of being with you once more, I am,

Jack W. G.

## Become a Member

Every National First Aid graduate should be a Fraternal Member of the National First Aid Association of America.

A contribution of One Dollar a year towards the support of an organization which has prepared one to be of infinite value to oneself and countless others in times of accident and emergency, is a practical tribute to pay a worthy organization whose work so urgently needs this assistance.

Become a member. Take a deeper interest than self-education. Help the work to spread that others may be educated. Be a worker. Become a member.

## The "Fourteen Points"

### In Favor of The National First Aid Association of America

1. A thoroughly American Association.
2. Organized by a true patriot and a noble philanthropist, the late Clara Barton.
3. Incorporated under the laws of the District of Columbia.
4. Offers a National diploma to graduates.
5. Provides a thorough course of instruction which can be easily learned.
6. Provides supplies for lecturers as well as students.
7. Co-operates with schools, colleges, organizations, etc., to the mutual satisfaction of all.
8. Enjoys a membership of thinking people.
9. Upholds a high standard of efficiency which its graduates attain.
10. Enjoys the respect and co-operation of the Medical Profession.
11. A splendid mental investment. Every one should take a share of its stock of valuable information.
12. Turns a thoughtless student into a thoughtful and capable operative.
13. Its work of preparedness covers a period of fourteen years. Its graduates have served on the battlefields of France, during the World War; and as volunteers during the epidemic of influenza throughout the country.
14. Its aim—National efficiency in First Aid to the Injured.



# FIRST AID



Official Organ of The National First Aid Association of America

VOL. 5

JULY 1, 1919

No. 2

## The Fourteenth Annual Meeting of The National First Aid Association of America

The Fourteenth Annual meeting of the National First Aid Association of America was held in the Crystal Parlors of the Parker House, Boston, Mass., on the evening of June 8, 1919. Active members present, in person or by proxy, were Mr. R. G. Wells, Dr. F. H. Morse, Mrs. M. K. Wells, and Mr. and Mrs. A. L. Wells of Massachusetts, Mr. and Mrs. James C. Savage of New Jersey, Mrs. E. B. Smith and Dr. W. J. Stapleton, Jr. of Michigan, I. Newton Williams of New York City, and Dr. E. Underhill of Pennsylvania. Fraternal Members and friends were also present, among them being Mrs. J. W. Griffith, Mrs. Minnie Harmon, Mrs. C. G. Shaw, Mr. F. V. Wood, members of the Fraternity, etc.

Owing to the absence of Mrs. J. Sewall Reed, the Acting President, Mr. R. G. Wells, the Vice President, presided.

Changes in the executive force of the Association were announced by the report of the Board of Directors. "The Board of Directors announce, with much regret, the resignation of Mrs. J. Sewall Reed from the Acting Presidency, which matter was acted upon at a meeting of the Directors held May 19, 1919. Mrs. Reed has served the organization faithfully and loyally since the death of our founder, the late Clara Barton, and only the almost total loss of her sight, which prevents Mrs. Reed from attending any meetings or being active in the work, has prompted her resignation from the Association. As a member of the Board of Directors Mrs. Reed will continue to lend her advice and services, and each member of the Board, as well as the entire Association membership, will extend to her deep and appreciative thanks for the past efforts which she has given in behalf of the extension of the work."

At the meeting of the Directors held May 19, 1919, Mr. Roscoe G. Wells was elected Acting President of the Association. Mr. James C. Savage was elected Vice-President."

A cordial letter of warm regard, sent by Mrs. Reed to

the Fourteenth Annual meeting was read by the Secretary. It closed as follows:

"I send my heartfelt greetings to you all, wishing so sincerely that I could still be with you, and feeling sure that you will understand why I cannot. May our work continue to spread and prosper, carrying the name and fame of our noble founder Clara Barton with it, wherever it becomes established. As a practical working memorial to her wonderful unselfish work for humanity may our Association go down into history. This is the earnest wish which goes with the blessing and affectionate regard of your first, and now retiring Acting President."

Mr. Roscoe G. Wells, as the new Acting President, addressed the meeting acknowledging his new position.

Mrs. M. K. Wells, the Secretary, reported the successful operation of National First Aid classes in the School and College Work Division, the Salvation Army Division, the Y. M. C. A. Division, the Church Work Division, the Corporation Work Division, and the Independent Class Division. Five hundred and sixteen of the National diplomas were issued throughout Michigan, Washington (state), Maine, Wisconsin, Massachusetts, New York, Missouri, New Jersey, Pennsylvania, and Illinois. An increase of 100 per cent. in the Fraternal Membership was reported, many graduates continuing their interest in the work by becoming Fraternal Members. The activity of the Fraternity was ably reported by Miss Pearl Massie, who covered the year's work by a concise report of interest. A report of the New Jersey State Branch was sent in by Mr. J. C. Savage. Many enthusiastic letters were read which came from co-workers in different parts of the country, among them being letters from Col. Charles Miles of New York, R. G. Schroth, M.D. of the Illinois Post Graduate and Training School for Nurses, Dr. E. P. Heinze of Illinois, and many others.

Following the report of the Treasurer, and the Treasurer of the New Jersey State Branch, came the presentation of a Service medal to Col. Charles Miles who has been associated with the organization for 14 years.

(Continued on page 4)



## First Aid

### EDITORS

R. G. WELLS

M. K. WELLS

### ASSOCIATE EDITORS

## THE NATIONAL FIRST AID FRATERNITY

A committee of progressive graduates organized for the further development of The National First Aid Association of America.

P. H. MASSIE	1915	E. WARNER	1916
G. A. COWLARD	1915	E. JOHNSTON	1916
J. W. GRIFFITH	1916	H. H. JENNEY	1917
E. M. PIERCE 1917 United States Service			

*First Aid* will be issued semi-annually to any one who will become a FRATERNAL (or supporting) MEMBER of THE NATIONAL FIRST AID ASSOCIATION of AMERICA, paying the FRATERNAL MEMBERSHIP DUES OF ONE DOLLAR (\$1.00) a year.

Address all correspondence to *First Aid*, THE NATIONAL FIRST AID ASSOCIATION OF AMERICA, ARLINGTON, MASS.

### Roscoe Green Wells

#### The New Acting President of the National First Aid Association of America

Roscoe Green Wells was born in Lewiston, Maine, the son of Albert Leach Wells and Samantha (Swift) Wells. His early education was attained in the public schools, but later he took a course of study at the Maine Wesleyan Seminary at Kent's Hill, Maine, and afterwards studied with private tutors for special work. His intention to become a dental surgeon was defeated by illness. In all matters pertaining to the dental and medical professions, however, Mr. Wells has maintained a deep interest.

He was seventeen years of age when he became a member of the Ambulance Corps of the Massachusetts Volunteer Militia, and later served with credit on the Hospital Ship *Olivette* during the Spanish American War.

In 1904 Mr. Wells organized, together with other New England philanthropists, the New England First Aid Association, which taught New England people the principles of giving First Aid to the injured by means of a regular systemized course of instruction. Through the close friendship of Mrs. J. Sewall Reed, Mr. Wells met the late Miss Clara Barton, founder of the American Red Cross. She became immediately interested in his efforts and accepted the Chairmanship of his Advisory Board.

The work of the little Association grew to such an extent that the feasibility of organizing a National Association began to be considered. In 1905 Mr. Wells, in company with the New England officers, went to Washington to advise with Miss Clara Barton. The outcome was the

incorporation of The National First Aid Association of America on April 18, 1905, chartered under the laws of the District of Columbia. Miss Clara Barton accepted the presidency, and upon the creation of an office of Assistant to the President instantly suggested Mr. Wells for that position, and thus closely associated with her, Mr. Wells remained her warm friend, admirer, and co-worker to the day of her death.

Mr. Wells has efficiently handled the executive work of the organization, therefore, since its incorporation. After the death of Clara Barton he worked in complete harmony with Mrs. J. Sewall Reed, the retiring Acting President, and other officers. Today he is eminently fitted to lead the organization which he has helped to form, and to continue the vital work to which he has practically devoted almost half of his life time.

In 1910 Mr. Wells married Miss Mary Isabelle Kensel, youngest daughter of the late Colonel George A. Kensel, U. S. A. and the late Caroline (Thompson) Kensel. Mr. and Mrs. Wells were married at Long View, their home in Arlington, Mass. which for many years has hospitably entertained National First Aiders from many parts of the country. Mrs. Wells has been Secretary of the Association since its incorporation, and together with Mr. Wells has earnestly worked for its advancement.

As a valued instructor of the Association for many years Mr. Wells is known in many localities. He was associated with the late Dr. E. B. Smith of Detroit, Mich., when the Michigan State Branch of the Association handled the relief work at the Michigan State Fair for many seasons.

At Buffalo, N.Y., during an Old Home week, when the local branch of the organization was associated with the Health Department of Buffalo, Mr. Wells went from Boston to superintend the First Aid work and serve with other National First Aiders.

He was deeply interested in the Clara Barton Ambulance Corps, and personally drilled and taught the Headquarters Detachment.

In appearance Roscoe G. Wells is tall and slender, with prematurely white hair which he wears in the prevailing fashion pushed back from a broad high forehead. His blue eyes (behind glasses) rest mildly upon you unless he becomes aroused by the subject upon which you may be talking together, and then they help to emphasize his speech in a very decided way. His face is smoothly shaven. His manner is quiet, courteous and gracious, but at times a boyishness seems to mix with the dignity.

An earnest ambition of Mr. Wells for the work is to establish a modest permanent home for the Association to be called the Clara Barton Memorial Building, which would contain the necessary offices for the Association and its work, and a hall for meetings and lectures in which could be placed gifts, etc., made to the Association from time to time by members and friends. "Such a building, with means for its support, should now become the ambition of the membership," says Mr. Wells, "And I shall advance it when plans are thoroughly discussed with our directors."

## Items of Interest Concerning Fraternal Members

Mrs. Walter H. Martin, of Ohio, holds the distinction of having taken out Fraternal Membership through the late Clara Barton, March 7, 1910. Mrs. Martin was not only one of the earliest members to register but her record cards show nine consecutive years of interest in the work of the Association.

Harold W. Evans, of Washington (state), sends the following interesting news: "We people of the West were made responsible for the aeroplane timber (during the late war) and were organized under the Secretary of War as the Loyal Legion of Loggers and Lumbermen to see to it that the spruce was supplied with which to build the planes—we were needed, and as you are aware the aeroplanes were not lacking when the critical time came \* \* \* I was a member of the Humbird Lumber Co. and gave First Aid to the other members of this plant, which was by the way, almost every day. \* \* \* I hope I have served in my own small way."

Mrs. E. May Glenn Toon of North Carolina, at Memorial Day exercises held in her home city, presented on behalf of the Clara Barton Mission, in which she is deeply interested, a beautiful wreath made of brown oak leaves and red roses, in memory of the heroes of the world wide war.

## The Late Clara Barton Upon National First Aid Work

(Continued)

Through the succeeding ages, long and dark, racked by dissensions and scourged by wars, this humane seed did not die; for history, less sacred, tells us that 1000 years after that when the tide of worshippers to the Holy Land had filled all Palestine with wandering homeless pilgrims, with untold sufferings, and their necessities had given rise to mercantile interests as well, that the merchants of the Republic of Amalfi, at the head of Lake Selerno in Italy, and whose sails whitened the eastern seas, petitioned for and obtained permission from the Califf of Egypt to establish a hospital in Jerusalem for the use of the poor and sick pilgrims. The hospital prospered even beyond the hopes of its founders. The sick and suffering flocked to it for aid. The wealthy and noble of Europe sent gifts and offerings and the less wealthy gave their willing help. It was known as the Amalfi Hospital of St. John. Its rapid increase made organization necessary; and it became "The Order of St. John of Jerusalem", everywhere known by that name at the present day.

Naturally in those feudal times it became an order of Knighthood, and it were difficult to find a history more replete with interest, sentiment, and lofty purpose combined, than shown in the labors and lives of those brave, gallant devotees in the vicissitudes of the centuries that intervened. The history of the Crusades was theirs. The Hospitaller Knights became the almoners of Europe.

You will pardon me, I think, if I quote a few sentences from a noted historian whose descriptions I could not improve. He says,

"The Hospitalers were finally driven from Jerusalem by the Turks, and it was in consequence of this, and in self defense, that the fraternity developed into a band of soldier monks and wandering physicians. The Crusades followed, ending in the capture of Jerusalem in 1099. By this time the Hospitalers had become the 'Knights of St. John,' whose ranks were recruited by soldierly monks and laymen from among the Crusaders, and the white Cross banner floated over many a hard fought field of battle. From Jerusalem the Order removed to Acre about the year 1187. Here again overpowered by the Turks they were driven to take refuge in Cypress in 1291. Constantly attacked they were at length obliged to leave the place and in the year 1310 they seized the Island of Rhodes then in possession of the Greeks. It was only after incredible suffering, and persistency of effort that the Order of St. John acquired undisputed possession of this beautiful island. Four times the Turks made prodigious efforts to dislodge the Knights. At length Sultan Solymán swore by his head that he would have the island. All available forces of the Ottoman Navy and Army were brought together and organized for this purpose in 1522. To oppose this host the Order could bring but six or seven hundred knights, and less than 6,000 men-at-arms. The Turks are said to have lost their 160,000 men at the Siege of Rhodes which lasted six months. The Knights were obliged to yield at last, but did so on honorable terms. It was on hearing of the Fall of Rhodes that Charles the Fifth exclaimed, 'There has been nothing so well lost in the world as Rhodes.'"

For the next five or six years the order was homeless with less than 100 Knights scattered over Europe. At length the Island of Malta, having fallen into the possession of Charles the Fifth of Germany, was presented to the Order, which removed to its new home in October, 1530. Although often contested by the Turks, they retained possession of the Island 268 years, or until 1798, when they were betrayed by their Grand Master Von Humpesch, and bargained to Napoleon, who broke the little faith pledged, and banished them within a week, and the Knights of St. John were seen no more in Malta. During their sojourn of two and one-half centuries on the island, under their rigid vows of poverty, obedience and chastity, in their solemn black papal robes, they had astonished mankind by their military prowess and become the richest and most powerful brotherhood in the world.

(To be continued)

## The Tale of a "Tummy"

10 A.M.—O, dear! Another warm day. Wonder if I'll be abused as I was yesterday. If I am, I'm going to strike. Just disposed of a half chewed breakfast. We ran for the train, which meant I was so jiggled about and so tired that it took me twice as long to do my work. Hope she gives me an hour or two of complete rest before anything more comes my way.

10.30 A.M.—Two glasses of ice water have just arrived. It will take all the energy I can pump up in the next hour just to warm up to the normal again.

10.50 A.M.—Half-chewed breakfast did not satisfy her and she had bought some peanuts and started again.

12 M.—Peanuts have been drifting along steadily ever since. Think she has finished them, though.

12.30 P.M.—Decided she wasn't very hungry, and instead of a good, solid dinner sent me down a cold eggnog heavy with chocolate. Could have managed it all right if it hadn't been so unnaturally cold, but that made it terribly difficult to deal with.

1.10 P.M.—Was mistaken about the peanuts; she found another handful in the bottom of her vanity bag, and now I am getting them again.

2.05 P.M.—More ice water.

3.10 P.M.—She has been lifting some heavy books, and as usual used my muscles instead of her arm muscles. You see, she's never had any proper physical education—soft, flabby, slouchy sort. Tired me almost as much as a six-course dinner.

3.20 P.M.—Furtive fellow has brought us a box of caramels, and she has started right in on them.

4.30 P.M.—Have received something like half a pound of caramels. Just heard her say: "O, dear, I don't feel a bit well. The milk in that eggnog must have been sour."

6.30 P.M.—We played a set of tennis before dinner, and here I am all tired out and a lot of work to do.

6.50 P.M.—We were invited by a sport with a belt on his coat to have a soda before going home. Had a lemon phosphate and then had to run for the car.

7 P.M.—Fried taters, cucumbers, veal cutlets, catsup, cookies and canned blueberries. What do you know about that?

7.45 P.M.—We are strolling down to the corner with a knock-kneed guy in a sport shirt and white pants for a pineapple walnut college ice.

8.20 P.M.—Got home and found somebody had made some iced tea. She drank two glasses. I tried hard to keep the tea and the college ice separated, but they mixed it in spite of me. I go on strike.

8.30 P.M.—Have sent back the college ice and the iced tea.

8.40 P.M.—Returned the blueberries.

8.45 P.M.—And the peanuts.

9 P.M.—The devil to pay—can't get the doctor.

9.17 P.M.—Doctor found at the movies. Mother thinks it is a weak stomach she inherited from her father. Knocked-knee suggests it is the beastly weather—the big boob!

9.45 P.M.—Doctor says it is from a bilious temperament. Good night!—*Journal of the American Medical Association*.

### The Fourteenth Annual Meeting

(Continued from page 1)

The Chairman then brought up a proposed plan for the creation of the Clara Barton Life Medal, to be given to National First Aid graduates upon the saving of life. The approval of the meeting was instantaneous, and it was suggested that the matter be put before the entire membership, through the columns of FIRST AID, for general discussion. The Directors have long considered such a plan, but felt that the membership would like to have a part in it. All Active and Fraternal members, therefore, who approve of the plan, and would be willing to contribute to the establishment of such a medal, are requested to communicate with Roscoe G. Wells, Acting President, First Aid Headquarters, Arlington, Mass. The One Hun-

dredth Anniversary of Miss Barton's birth will be in 1921, and our Association should be actively engaged in some progressive method towards keeping her name and memory bright in the minds of the American people whom she served so long and so loyally.

An interesting feature of the evening was the presentation of the National First Aid medals for valor which were given to three members of the Fraternity. The presentation was made by Acting President R. G. Wells, who said, in part, "Deep in our hearts, at this annual meeting, is an added feeling of admiration and affection for the five young men of our Fraternity who, one by one, left the fun, the laughter, and the work of our gatherings to answer the call to the Colors. It will be remembered that only last year, in this beautiful room, hung the Service Flag with its five blue stars—to night it is again before you, not so new, nor so fresh, and telling of one who paid the price exacted."

Medals were presented to Sergeant George A. Cowland—49th Aero Squadron, U. S. Air Service.

Private John W. Griffith—9th U. S. Infantry.

And to the mother of First Class Private Frederick F. Harmon—125th U. S. Infantry.

The medals bore the different insignia of service, and were hung upon ribbon made of the allied colors. Upon the bar to which the ribbon was attached was the First Aid service medallion of the Association. The presentation closed as follows:—The National First Aid Association of America honors you for serving faithfully the Colors which we all love—those of the United States of America—during the World War, and wishes you to wear, upon appropriate occasions these medals for valor which are presented to you in all reverence for the noble services which you have individually given to a worthy cause.

John W. Griffith, who saw service overseas, interested the meeting with some of his many experiences.

## Become a Fraternal Member Fill in the Application Add Your Share of Help

Application for Fraternal Membership  
in the

National First Aid Association of America

Date

To the Secretary,  
Arlington, Mass.

Dear Madam:

Enclosed please find One Dollar, my membership in the above Association for one year from date. Kindly send my membership card, and "FIRST AID" for my year of membership to

Name

Address

(Cut this out and forward with One Dollar)

Are you interested in forming a National First Aid class among your friends? If so, write for our Class Regulations. Address The Secretary,

THE NAT'L FIRST AID ASS'N OF AMERICA,  
COOPER TAVERN BUILDING,  
ARLINGTON, MASS.



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# FIRST AID



Official Organ of The National First Aid Association of America

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No. 1

## ANCIENT DENTISTRY

Paper written by Lieutenant Commander George H. Reed, D.C.U.S.N., and read by him before The National First Aid Association of America. Published by request.

About twenty years ago some statistician produced evidence to show that the dentists of the United States buried more gold than the miners dug up. This statement, of course, will not stand analysis at the present time, but to the extensive use of gold and silver as a means of restoring to man a method of mastication is due much that is known of the inception and development of modern dental prosthesis.

The mistakes of a lawyer live after him to bother everybody but the lawyer who made them; the mistakes of a physician are buried; but the mistakes of a dentist return to him to be corrected, and both the patient and the dentist benefit thereby.

The record of a lawyer's work is altered to meet the needs of advancing civilization and is lost in the progress of time. The work of a physician is but temporary at best, but the work of the dentist is preserved in its original state long after its maker is dust and comes down through the ages, a permanent monument to the skill of its creator, and an undisputed record of the progress of the profession responsible for its creation.

The history of medicine depends entirely upon written records of its progress upwards through the dark ages. If medicine was practiced before some method of transcribing its receipts and cures to skin or stone, was devised, nothing is known about it. This is not true of dentistry. There can be no doubt about its history. Its surgery is found in the mouths of Egyptian mummies and dug up in the skulls of prehistoric man who lived and labored long before the so-called father of medicine was born. The museums of this country and Europe are rich in the possessions of many examples of ancient dental skill, and it is interesting to note also that among ancient articles of the toilet on exhibition in considerable confusion in these same museums, there is in almost every case among the specimens unearthed, a gold or silver dentiscalpia or toothpick, this little article being as indispensable as the metal mirror which usually accompanies it.

Cassellius, a Roman, was the first dentist who was honored by having his name handed down to posterity. Martial, a Roman writer (A.D. 40-101) mentions Cassellius as one "who extracts carious or diseased teeth" although other writers in

a far earlier era allude to the practice of dentistry, practically the first written record of the treatment of teeth being found in the Papyrus Ebers, discovered in Egypt in 1873, and written probably about the year 1550 B.C. The references to dental ailments in the papyrus are numerous and include inflammation of the gums and toothache.

The most popular remedy for toothache in ancient Egypt seems to have been a mixture of crushed henbane seeds with cement and used as a filling. Coarse plumago, palm fruit and honey was recommended for tightening the teeth and various forms of plasters were used. The cause of the decay in those days was generally attributed, especially by the Chinese, to a little white worm which ate its way into the teeth and gums, and many and various are the ancient receipts for destroying this worm.

In ancient China a man suffering from toothache proceeded in this wise: he repaired to the Chinese doctor who was armed with a lot of sharp needles of various sizes and lengths, and his method of treatment was and still is known as acupuncture. This operation consisted of the insertion of these needles into various parts of the body, the choice points of election being twenty-six for toothache, and six others for inflammation of the gums. The depth to which the needles were inserted is said to have been an important point in the operation. This puncturing was associated with cauterization.

Extensive restoration of the teeth by means of bridge-work was known and practiced, the method and appliances varying according to locality in which the specimens now extant were discovered. In ancient Greece this work was well advanced and universally recognized and there is a clause in the ancient Roman laws to the effect that gold in the teeth of persons deceased remain untouched in the burial.

The Etruscans appear to have been the most advanced in prosthesis. The various dental appliances found in Etruscan tombs prove that among these people the dental art had achieved a high position. In the Museum of Pope Julius at Rome there is a dental appliance which was excavated in a tomb nearby that consists of a series of four gold rings meant apparently to encircle the canine, two bicuspsids and the first molar teeth, the third ring being crossed by a bar riveted at each end to hold an artificial tooth.

Artificial teeth were made from bone and ivory from the teeth of animals, and it is evident from specimens excavated that the deceased teeth of one person after being extracted

(Continued on Page 3)



## First Aid

### EDITORS

R. G. WELLS

M. K. WELLS

### ASSOCIATE EDITORS

A committee of progressive graduates organized for the further development of The National First Aid Association of America.

P. H. MASSIE	1915	E. WARNER	1916
G. A. COWLAND	1915	E. JOHNSTON	1916
J. W. GRIFFITH	1916	H. H. JENNEY	1917
E. M. PIERCE 1917			

FIRST AID will be issued semi-annually to any one who will become a FRATERNAL (or supporting) MEMBER of THE NATIONAL FIRST AID ASSOCIATION of AMERICA, paying the FRATERNAL MEMBERSHIP DUES OF ONE DOLLAR (\$1.00) a year.

Address all correspondence to **First Aid**, THE NATIONAL FIRST AID ASSOCIATION OF AMERICA, ARLINGTON, MASS.

### The National Information Bureau

Headquarters enjoyed a pleasant call a few weeks ago, from Miss Barbara Quinn, Assistant Director of The National Information Bureau. Miss Quinn set forth very clearly the advantages of the Bureau to National associations throughout the country. We quote from an editorial in the "New York World" — "The Bureau's object has been to eliminate wasteful processes and duplication of activities as well as graft from public subscription funds, and it has endorsed only such organizations of the kind as could show that they had a necessary and non-duplicating purpose, kept full accounts, audited regularly by certified accountants, and agreed to dispense with commissions in raising money."

### Fraternity Notes

E. M. Pierce, who has recently returned from France, spoke interestingly at the November (1919) meeting of his experiences in connection with the Service of Supplies, A.E.F.

Herbert H. Jenney, who has been in poor health for some months, is in Florida for the winter.

The Christmas Party was held at the home of Mr. and Mrs. R. G. Wells, Long View, Arlington, Mass., December 13, 1919. Sixteen members and guests were present. A feature of the evening was the presentation of a handsome gold medallion to the Acting President, Mr. R. G. Wells, by the Fraternity. Presentation was made by J. W. Griffith and G. A. Cowland. The Entertainment Committee, Miss E. Warner and Miss E. Johnston, prepared a very enjoyable evening. A magazine contest was held and prizes given. Miss P. H. Massie won the first prize for the ladies, and Mr. H. H. Jenney the first prize for the men.

## The Late Clara Barton Upon National First Aid Work

(Concluded)

In 1800 England obtained Malta. The Order was never annihilated but continued to meet and exercise charity in secret. It remained without state recognition by any country until 1888, when by royal charter of incorporation Queen Victoria of England became the Sovereign Head and Patron of the Order, and the Prince of Wales, Grand Prior. On the death of Queen Victoria, King Edward became Patron, and the present Prince of Wales, Grand Prior. Ten years previous to this in 1877 through the memory of this grandest and earliest charity in the world there had been an association formed in England by charter of incorporation, known as "The St. John Ambulance Association." Since the inception of this association in 1877 it has spread over the entire Empire of Great Britain including the whole system of colonies.

It constitutes the practical grasp of our American people that The National First Aid Association of America was organized. It is not in any way to supersede or to undervalue the foundations already existing, but to create a permanent and protective power under which all societies of First Aid which have been doing excellent work with gratifying results, may unite in one general system of work that The National First Aid Association of America has been formed with a national charter covering the entire country.

From familiar observation of the methods of First Aid in other countries during the last ten or fifteen years, it has been my most earnest desire to see it instituted in America, and it is very gratifying to feel that several of the most efficient First Aid societies of today were of my recommendation and desire. I regard them in a manner as mine, and without the slightest obligation they report their progress to me, and the present National Association seems to me like the construction of a shelter under which all may gather and work profitably and faithfully together. You will not wonder at this kind of parental feeling, neither accuse me of egotism, I trust, when I say that most of the work you have known of my doing has been practically First Aid. It merely required the name to characterize it.

What was the years of work on the fields of the old Civil War but First Aid? What did all those God-loving and man-serving sisters and commissions do but this? They finished nothing, unless, perchance, they saw the breath go out and shrove the poor body for his little strange grave. They did timely what they could till higher help could reach. That is all that First Aid means. How many bitter tears I have shed in those faraway early days that I did not know how to do it better.

What was Johnstown, the Sea Islands, Armenia, Galveston, but First Aid? And what was the secret of the seemingly marvelous relief performed by so few workers? Simply that our little band had learned its lesson and knew what and how to do. I could select fifteen persons today who would do more to relieve a sudden disaster than any one hundred untrained and inexperienced people could possibly do. But, like the Knights of Malta, they are scattered and do their little charities in secret.

I am trespassing on time. Permit me to thank you for your attention and leave Mr. Roscoe Wells to tell you how it is all done.

(The end)

## ***Be Thou Likewise Prepared***

Now that the war is over the idea of preparedness is apt to be relegated to retirement as being too significant of matters militant to suit a war weary world, but Preparedness in National First Aid to the Injured should be a slogan of peace as well as war.

Our course in First Aid will give you courage and ability to cope with that emergency which may arise at any moment. If little Jack manages to smash open his finger, or his little sister jabs that ugly looking sliver into hers, National First Aid will tell you what to do, or what is just as important, what not to do.

If you see a man struck by one of our modern juggernauts your knowledge of First Aid may be the only thing to give him a bit of comfort until the doctor reaches him; it may be the means of holding life itself should he have a severed artery. It is not too much to say that your knowledge of what is the proper antidote for an acid or an alkaline poison may be the thread upon which hangs the results of carelessness, desperation or even criminal intent.

Write to our Class Work Department today for information about our course of instruction and join with your friends in organizing a class.

Graduates of our Salvation Army classes found their knowledge of First Aid as taught by our instructors to be of great value both in France and "over here."

**BE THOU LIKEWISE PREPARED.**

PEARL H. MASSIE,

National First Aid, 1915.

## ***Class Work Department***

### **Facts of Interest**

The record registration of the early season was held by Class No. 479 (N. Y. Salvation Army Training Colleges), which was composed of one hundred and seven members.

The Rev. J. H. Miller, a graduate of 1919, organized Class No. 485 (Seventh Day Advent Church of Chicago.)

Dr. James L. Wheaton, a member of the Medical Staff of the Association, is teaching Class No. 488 (Pawtucket, R. I., Y.M.C.A.)

Class No. 484 (Kearny, N. J., Public Library) enjoys the personal instruction of Dr. E. H. Goldberg. Mr. J. C. Savage teaches the practical work of bandaging, etc.

## ***The Hazard Tourniquet***

One of the most useful articles offered to the National First Aider by the Supply Department of the association is the Hazard Instant Relief Tourniquet. It is a valuable device made of nickled steel and webbing, simply adjusted, and indestructible. It has immediate effect upon the hemorrhage. An important part of its structure is the compressing lever, which can be released at the required intervals, thus allowing the circulation of the blood to continue to the parts below the wound. It is being used to advantage in hospitals, First Aid rooms of manufacturing and electric plants, mills, etc. Every National First Aid graduate should have one. Price \$1.50. Order today, from THE SUPPLY DEPARTMENT THE NATIONAL FIRST AID ASSOCIATION OF AMERICA, ARLINGTON, MASS.

## ***Ancient Dentistry***

(Continued from Page 1)

and filled were used to repair the oral cavity of another patient whose missing teeth caused him embarrassment. These teeth were inserted principally for ornament as no method had apparently been devised where an extensive restoration would be used to masticate food with any degree of comfort.

A still more interesting specimen of Etruscan dentistry is now in the Civic Museum at Corneto of the Necropolis of Tarquinii and consists of three teeth, or more properly four abutment attachments and three supplys, the attachments being gold rings and the teeth supplied being the central incisors and bicuspid. The two central incisors are made from a single ox tooth grooved down to give it the appearance of two upper central incisors.

As time went on dentistry improved in its methods and its results; although during the earlier part of its development charms and incantations were freely advised and practiced to alleviate its attendant pain.

Much of this work was done by physicians, apothecaries, etc., doubtless due to the fact that in the early ages of civilization coarse foods were the rule and much of this was eaten uncooked, necessitating a thorough mastication and, in consequence, a mechanical cleansing of the teeth, which tended to preserve them from decay. There was not much filling done. In fact, in most skulls examined dating back to forgotten eras those teeth in which cavities were found showed them to have been caused for the most part by a breaking or fracture of the tooth structure, consequent on the mastication of hard tough foods, rather than by the bacterial infections of the present day.

It is a far cry from the powdered henbane seeds, the incantations and pain, the gold rings and ox teeth of the forgotten past to the work of a modern dental surgeon, but like his predecessors in the profession the modern operator leaves behind him his monument. It may be a cross of gold which he erects to his memory as a product of his mechanical skill, or, maybe, he has taught the children of the world the secrets of health or the asthetic value of a pleasing smile.

## ***Mr. James C. Savage***

Vice-President, National First Aid Association

James C. Savage was born in Newark, N. J., but spent the early part of his life in Minnesota, to which state his parents moved when he was a boy. In November of 1889, Mr. Savage returned to Newark, where, in 1891, he married Miss Mary E. Hazelton of that city. Mrs. Savage is a charming woman; an active member of the Association, she is one of its earnest supporters. Mr. Savage's interest in First Aid work began with a class at the Clark Thread Company of Newark, N. J., with which corporation he became connected in 1890. In 1897, Mr. Savage became Chairman of the Executive Committee of the N. J. Society for Instruction in First Aid to the Injured, and Secretary in 1898. In 1905, when the New Jersey Society became affiliated with the National Association, Mr. Savage was elected President of the N. J. State Branch, which office he still holds. Mr. Savage has

(Continued on Page 4)

**Mr. James C. Savage**

Vice-President National Aid Association

(Continued from Page 3)

taught the practical work of First Aid to thousands of people and is most popular as a National First Aid instructor. Appreciating his years of service and forceful interest, the Association presented a service medal to him at the 13th annual meeting held at Boston, Mass., June, 1918. Mr. Savage is an active, energetic man, and possesses a genial manner which has attracted many friends to him. Mr. and Mrs. Savage have two children, Mr. John Savage of Kearny, and Mrs. Henry H. Glaeser of Newark, N. J.

**National First Aid Class, No. 478**

An interesting letter regarding it received from Staff Captain Bessie B. Smith of the Salvation Army, and a Graduate-Instructor.

Chicago, Ill.

MY DEAR MRS. WELLS:—

I have forwarded the papers of Class No. 478 this week by express. Trust they will reach you safely in due time. . . . I am not sure that you know that our First Aid Class here at the colleges is a part of the required training that our cadets (students) receive for officership in the Salvation Army.

The present class has shown a deep interest in the subject from the first lecture, and has studied long and faithfully as well as giving excellent and intelligent interest during class periods.

The personnel of the class includes three Swedish cadets, two Scotch, two English, one Canadian, and one Dane, the remaining number being Americans.

It may interest you to know that ten of these cadets are the children of officers or leaders in the Salvation Army, and are thus following in the footsteps of their devoted parents, using every available means to fit themselves for their life's work, that of saving the lost. These young people are not only students of First Aid, but of the ways and means by which fallen humanity may be reclaimed, and the relief to the body very often opens the way to administer spiritual aid as well.

I shall be glad to know as soon as convenient, the final marks on this class.

Yours most sincerely,

BESSIE B. SMITH,  
Staff Captain.

**NATIONAL FIRST AID****"Over The Top" Again**

National First Aiders have gone "over the top" a great many times, but one of the best instances of the value of National First Aid occurred during the fourth German offensive in the recent World War.

Owing to the fact that the allies were hard pressed at this time, large reinforcements of American troops were sent to the front. Some seven hundred trucks were loaded with troops from the Second Division, on the morning of May 31, 1918, arriving at Soissons after dark that night. To add to the difficulties of transportation was the fact that the road was already congested with ambulances carrying the wounded to the rear.

Nobody knows how the accident happened, but it is supposed that in turning off of the road to avoid hitting another truck, the driver of one of the troop trucks crashed into a tree, overturning the truck and injuring the twenty men within.

The Colonel of one of the regiments happening to be on the scene of the accident, stepped up to a group of about forty men who had just unloaded from other trucks and said,

"How many men present understand anything about First Aid?"

Of the entire number only one man responded. He was a National First Aid graduate. One man out of forty had had the proper and sufficient training to enable him to be of real assistance at a time when expert medical attention was impossible. Inside of one-half hour the twenty injured men had had their injuries dressed with the aid of First Aid kits and were on their way to a hospital in the rear.

An organization which can prepare a man to give this kind of service to others, in a decided emergency, is well worth the support and interest of its country-people. Help support it. Become a member.

J. W. GRIFFITH,

National First Aid, 1916.

(EDITOR'S NOTE): Modesty has written Mr. Griffith's article in the third person. The incident was his own experience.

(Cut this out and forward with One Dollar)

Date

To the Secretary,  
National First Aid Association of America,  
Arlington, Mass.  
Dear Madam:—

Being interested in the work of the Association, and appreciating its efforts towards eliminating much human suffering, I desire to co-operate with it in carrying out its aims and purposes by enrolling as a FRATERNAL MEMBER.

Enclosed please find One Dollar (\$1.00). Kindly forward my Fraternal Membership card, together with "FIRST AID" for my year of membership to

Name

Address



# FIRST AID



Official Organ of The National First Aid Association of America

VOL. 6

JULY 1, 1920

No. 2

## ECHOES FROM THE ANNUAL MEETING

"You do yourselves honor in honoring the memory of Clara Barton."

GEN. NELSON A. MILES.

"Mrs. Reed was a remarkable woman intellectually and spiritually, and in her love for humanity, a worthy successor to the immortal Clara Barton."

C. S. YOUNG.

"Tonight the picture of Mrs. Reed stands beside that of the noble Clara Barton — let these dear women ever remain this way in our hearts and minds — together — the guardian angels of The National First Aid Association of America."

MARY KENSEL WELLS.

## THE NATIONAL FIRST AID ASSOCIATION OF AMERICA HOLDS ITS 15TH ANNUAL MEETING

On the evening of June 5, 1920, in the Crystal Parlors of the Parker House, The National First Aid Association of America held its fifteenth annual meeting. The meeting was preceded by a dinner which was given under the auspices of The National First Aid Fraternity. The ushers were Roscoe G. Wells, Herbert H. Jenney and John W. Griffith of the Fraternity.

The following active members were present: — General Nelson A. Miles, Washington, D.C.; Mr. and Mrs. James C. Savage, New Jersey; Mr. and Mrs. Roscoe G. Wells, Mr. and Mrs. Albert L. Wells, Dr. Frederick H. Morse, and Mrs. Elizabeth Robbins Berry of Massachusetts. All members of the Fraternity and many Fraternal Members and friends were also present.

At the close of the dinner, the Acting President, Mr. Roscoe G. Wells, introduced Dr. Frederick H. Morse, Medical Director of the association.

Dr. Morse responded in his pleasant genial way, prefacing his talk with several humorous stories. He said in part:—

"The work of our association in attending to the acute attacks of hurt and pain which may occur from an automobile accident to a dog-bite, is quite important, and these things require immediate attention; but there comes a second stage in all acute injuries with which you have possibly not become familiar. This is what has been brought out in war work during the past two or three years."

"At many of the reconstruction hospitals in this country I have had occasion to visit the boys several times within the last three or four years, and in my present line of work which is not surgical, I give my attention to those cases which have reached the stage where the nerves and muscles are in such a condition that it tends to bring about a withering of the part affected, and threatens to become chronic if left alone. If a person receives a severe injury in the arm or leg and the nerve is injured we get a damaged condition below and if the person is tubercular inclined, or general health otherwise impaired then the damage is much greater. If the injury is allowed to go on without proper care it then reaches what is called the sub-acute stage or the withering of the muscles and the recovery back to normal activity depends upon the treatment which it receives."

"About three or four years ago, Dr. Granger of Boston was asked to take or rather construct a physical treatment department, that is, a department in which to care for soldiers who did not require medicine or surgery. This offered a great deal of antagonism of the doctors. However, that department has so developed that up to a year ago they were treating several thousand cases a day. In all of the encampment hospitals a department of this kind has been established with much success."

"A short time ago Dr. A. N. Hirsh of New York gave us a very interesting talk before the New England Therapeutic Association with X-Ray photos of ten boys (soldiers) who had suffered fractures of the arms and legs. These fractures had not united and after months and months of being treated by the usual method of rest and massage with usual care, they failed to unite and came under the class of un-united fractures. He showed us photos of instances where there were spaces of half an inch or more between the fractures. Then he showed us photos of these same cases after having been treated by diathermy which resulted in the uniting of these bond lesions, the technique being simply the application of high frequency electricity directly through the parts. After having been submitted to this treatment for some time many of the boys became able to walk without crutches, and while perhaps the arm or leg was more or less deformed, still they became practically cured and the patients were allowed to go away from the hospital to work. The process is on the same principle as taking a piece of beefsteak, putting a piece of metal on each side and turn on the electric current, cooking the centre of the meat so that it will be edible, only the therapeutic

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## FIRST AID

### EDITORS

R. G. WELLS

M. K. WELLS

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### IMPORTANT NOTICE

After October 11, 1920 the headquarters of the association will be located at 637 Massachusetts Ave., Arlington, Mass. The Cooper Tavern Building has been sold, and is to be reconstructed into apartments. Upon receiving notice to vacate our headquarters staff became active in looking for a place for headquarters to locate. They firmly believe that they have found the only untenanted offices in Arlington. Class organizers and lecturers who require supplies are requested to have patience with any delays which may occur during the October moving days.

Should we not have a little building of our own — the Clara Barton First Aid Memorial — in which to carry on the work of National First Aid? Active and Fraternal Members, graduates and friends, think this over.

### GRADUATES OF THE NATIONAL FIRST AID ASSOCIATION

Write to us. Have you any interesting or instructive experiences to relate in regard to your National First Aid work? If so, send it in to FIRST AID for the membership to appreciate. These pages are your pages, and to be used for the general discussion of all matters pertaining to National First Aid Work. All articles should be brief as our paper is but a miniature one as yet.

Address FIRST AID,

NATIONAL FIRST AID ASSOCIATION,  
Arlington, Mass., U. S. A.

### DUPLICATE DIPLOMAS

Calls have come to headquarters for the issuing of duplicate diplomas from graduates who may have lost or misplaced the original ones issued.

At the annual meeting of the association of 1919 the Directors decided that only in case a diploma was completely destroyed should a duplicate be given, and that a charge of One Dollar be made for the same.

The association will gladly issue a statement (free of charge) concerning the graduate and his (or her) standing in the organization.

### THE PASSING OF MRS. REED

FIRST AID, in the July issue of 1916, gave a pen-picture of Mrs. J. Sewall Reed, Acting President of The National First Aid Association of America from April, 1912, to May, 1919. At that time FIRST AID took pleasure in bringing before the membership some of the characteristics and qualities which endeared this intimate friend of Clara Barton to those who were working with her to advance and extend Clara Barton's last work.

Mrs. Reed "passed on" April 2, 1920. To the Headquarters Staff who enjoyed her affection and friendship the loss is keen.

Mr. and Mrs. Roscoe G. Wells attended the funeral held at her Dorchester home. A large beautiful wreath of roses and carnations built upon a cushion of green leaves and moss, and bearing a ribbon inscribed "THE NATIONAL FIRST AID ASSOCIATION OF AMERICA" was the final token of love paid to this noble woman, co-worker, officer and friend, by the association who honored her and her example of loyal devotion to Clara Barton.

### 15TH ANNUAL MEETING (Continued)

process is carried only as far as elevating the temperature of the part sufficient to increase the blood supply and stimulate the healing process."

"There is also the treatment called the "Scotch Douche." Where the arm has become withered or some other part where there is not much vitality left, the arm or leg is put into a tub when a shower of hot water is turned on in a circular manner, being like ten thousand little needle points and then it is allowed to remain in the water five or ten minutes until the part of the body under the water becomes what is known as 'full blooded.' Then it is removed and the electric current applied."

"Whenever any part of the body is injured the best thing to do is to get it filled with blood for the blood acts as nutriment and the part is more easily restored to a normal condition. Many cases thought to be hopeless have often been restored after this treatment and the blood is once more allowed to fertilize the wounded part."

"And thus the various processes described simply take up the work of restoration or function after the first aid and the surgeon have done their part. Therefore, each special line of work in caring for the injured from stopping the first flow of blood to the final restoration or function of the part damaged are all equally important that the person may go through life with the least possible remembrance of the unhappy event."



Mr. Wells next called upon General Nelson A. Miles, one of the twenty-three original members who began the work with the late Clara Barton. General Miles said,

"The eminent doctor has given you some wise information but I simply came here to learn and to see what has been done and is still being done. I think this is a most commendable enterprise. You bright, intelligent, generous noble-hearted people have taken up a cause under very favorable circumstances and I trust you will carry it on as long as you live and perpetuate it and make it permanent if for no other purpose than to perpetuate and honor the name of one of the most illustrious characters of this country, and you do yourself honor in honoring the memory of Clara Barton."

In engaging in this enterprise to promote what is known as "FIRST AID" you are certainly doing an important work. I have seen enough of battle — was in the Civil, Indian, and Spanish Wars — to realize of what importance is the first care of the wounded."

General Miles touched interestingly upon many of the vital topics of the day and his talk was followed with the keenest pleasure by the meeting. In closing he said, "I had rather be associated with a few patriotic noble people like you than with great numbers. It is not the volume but the enterprise that makes it commendable. You are going in the right way and I wish you every success."

One of the interesting features of the annual meeting is the silent tribute paid to the founder of the association at roll call. The association stands today as an active working memorial to the late Clara Barton whose name still remains inscribed upon the roster of membership. Resolved and acted upon by the annual meeting of 1912 the entire meeting arises when the name of Clara Barton is called at roll call.

The annual report of the secretary, Mrs. Mary Kensel Wells, opened with a loving tribute to "the noble woman whose death on April 2nd of this year has taken from our gatherings one more of the pioneers of National First Aid work, Mrs. J. Sewall Reed, our first Acting President." Mrs. Wells read several deeply sympathetic letters received by the association upon the death of Mrs. Reed, and closed by saying, "whatever the association is, in the years to come, of value or worth to the American people, we who have lived with it through the trials and financial tribulations of its early days, will know that its very life and strength in the beginning, was largely due to the sympathy, encouragement, and warm hearted generosity of our dear friend and first Acting President, Mrs. J. Sewall Reed."

The report covered in detail the year's work of the Class Work Department and its following active divisions: School and College Work, Salvation Army Work, Independent Class Work, Church Work and Y. M. C. A. Work. The Department registered five hundred and twenty-four students. The excellent work of the staff of lecturers and examiners was commended, particular mention being made of Drs. E. P. Heinze, R. G. Schroth, C. B. Herman, and Major B. B. Smith of Illinois; Col., Chas. Miles of N. Y.; J. L. Wheaton, M.D. of R. I.; Dr. J. H. Miller of Mich.; and Dr. H. Goldberg and Mr. J. C. Savage of N. J.

Three hundred and eighty-eight National First Aid diplomas were issued throughout the following states: Maine, Maryland, Ohio, Texas, Florida, Kansas, Nebraska, South Carolina, Idaho, Mississippi, Nevada, Wyoming, Arkansas, Oklahoma, Massachusetts, California, Virginia, Oregon, Utah, Washing-

ton, Missouri, Colorado, Iowa, Michigan, Indiana, North Dakota, Pennsylvania, Wisconsin, Minnesota, South Dakota, Rhode Island, New York and Illinois. Also in the District of Columbia, and to students who reside, when at home, in Canada and England.

The continued growth of the Fraternal Membership was reported and the annual wish expressed that each member would bring in other members that the association might be given this additional financial support. In this part of the report was described the pageant executed by Mrs. E. May Glen Toon of North Carolina, a Fraternal Member, who with the help of the people of Wilmington carried out a wonderful ceremonial called a Peace Pageant, which was opened in the name of Clara Barton, and arranged for the soldiers and sailors of the world war — a joint memorial. The pageant consisted of the artistic display of 1200 pounds of fruit cake in the auditorium of Wilmington, N. C. amid beautiful floral decorations, flags of all nations, and tributes to the dead heroes of Wilmington and New Hanover County. The tribute was unveiled while the audience sang the National anthem, and impressive services followed, the Mayor of Wilmington delivering an address. Loaves of this wonderful Clara Barton Peace cake were sent to President Wilson, General Pershing and Admiral Sims, and many others of note. After the ceremonies the cake was generously distributed to the soldiers and sailors of Wilmington.

In closing her report Mrs. Wells made a request that all members and graduates and friends refer to the work as National First Aid and not merely First Aid. She said, "We specify 'National First Aid' as this name we may consider practically our own, meaning a national course of instruction for all classes to follow. As independent classes are often formed, also under state societies not affiliated with the national association as yet, it would seem appropriate for the association to use words which would stamp recognition for the national rights of the organization. National First Aid work is distinctly our own and a part of the corporate name as well."

The report of the Fraternity was read by Mr. John W. Griffith, Jr., a member.

Mr. James C. Savage gave a report of the work of the New Jersey State Branch.

During the reading of the Treasurer's report, the Vice-President, Mr. James C. Savage, was in the Chair. Upon the conclusion of the report Mr. Savage made a very stirring speech regarding the duty of every member to become active in the work. Mr. Savage spoke in high appreciation of the active efforts of the Headquarters Staff and said that "all should either 'push' or 'pull' with extra vigor this year in order to give these active officers the assistance which they so urgently need in order to properly advance our valuable work."

Following the reading of all reports came the business meeting. The Proxy Committee held proxies for the following active members: Eugene Underhill, M.D., Pa.; Newton Williams, N. Y.; A. E. Sohmer, M.D., Minn.; Mrs. E. B. Smith, W. J. Stapleton, M.D., Jr., Michigan.

Mrs. James C. Savage of New Jersey was elected to the Board of Directors to fill the vacancy left by the death of Mrs. J. Sewall Reed.

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Mrs. John W. Griffith of Massachusetts and Lieutenant Commander George H. Reed, D. C., U. S. N. were elected to the active membership.

### THE CLARA BARTON PEACE CAKE

Headquarters reports the receipt of three beautiful pictures received from Mrs. Glenn Toon of North Carolina, which clearly depict the three lovely tableaux by which the Clara Barton Peace Cake was presented to the public.

One design represents the "Holy Gate," — another the "Fountain of Eternity," — while a third shows the "Peace Table." In each picture the loaves of cake, neatly wrapped in a covering of white paper, play a descriptive part.

One picture shows the representation of Clara Barton and Florence Nightingale, both in the nurses uniform of their day.

Mrs. Toon informed us that among the many representations given during the ceremonies was one of the Clara Barton Memorial Colors which were given to the U. S. Hospital Ship "Mercy", during the late war, by the National First Aid Association of America in memory of Clara Barton.

### A LETTER FROM A GRADUATE

Honolulu, T. H.,  
Salvation Army,  
Boys Home.

To the Secretary,  
National First Aid Association of America,  
Arlington, Mass.

Dear Madam: —

Enclosed you will please find \$1.00 with application for the Insignia. Let me say that it has been over a year since I took the examination, but owing to certain conditions, for instance, coming to Honolulu, etc., I have never sent for the insignia.

I am sending my membership card so that you can see just when I took the examination and what marks I received.

I want the Insignia badly and hope I am not too late.

Kindly return my membership card.

Thanking you for your prompt attention, I beg to remain,

Yours truly,

JANIE S. WEIR,.

National First Aid, 1919.

Through this Medallion — Graduate direct knowledge of our work will be given to young boys of Honolulu.

### YOUR CORRECT ADDRESS, PLEASE

Members are requested to keep FIRST AID informed of their latest Post Office address. Failure in doing this has several times brought members' copies of FIRST AID back to headquarters.

### WITH OUR GRADUATE INSTRUCTORS

A splendid picture of Class No. 478 was sent in to Headquarters by Graduate Instructor B. B. Smith of the Chicago Salvation Army. Instructor Smith knows how much headquarters appreciates receiving such a picture.

Graduate Instructor J. H. Miller of Detroit, Michigan, has organized and is now operating a splendid class of fifty-five students. The class named itself the Florence Nightingale National First Aid class.

Clarence E. Ash, Graduate Instructor in Buffalo, N. Y. made it possible for the members of the Buffalo Chiropractic Class No. 483 to receive National First Aid diplomas.

### ARE YOU WEARING YOUR MEDALLION?

Only National First Aid graduates are permitted to purchase and wear the little bronze medallion of the National First Aid Association of America. It signifies that the wearer is a National First Aid graduate. One only is issued. Purchase yours now.

Apply The National Secretary,

National First Aid Association of America,  
Arlington, Mass.

### ORGANIZE NATIONAL FIRST AID CLASSES

National First Aid work has, as one of its attributes, the building of character.

The man who interests himself in acquiring knowledge which fits him to be of valuable service to suffering humanity is never without character.

Character, like National First Aid knowledge, is an asset of high value, but the lack of character, as well as National First Aid knowledge especially in a crises, is a liability of grave importance.

Class Work Department,  
The National First Aid Association,  
Arlington, Mass.

### FINANCIALLY SPEAKING—

When you sign your next "Check of Donation" make it out to The National First Aid Association of America.

Remember that the association has never "driven for funds" but it needs funds just the same.

The association has "carried on" its financial "line of defence" for fifteen years. It now requests the support of its valued "reserves" as featured by its members and friends.

Let us have a LEAGUE in the NATION of financial as well as moral support that will uphold our "14 points" as given in FIRST AID OF JANUARY, 1919.

Make checks payable to The National First Aid Association of America, or Roscoe G. Wells, Treasurer. Address 637 Massachusetts Ave., Arlington, Mass.



# FIRST AID



Official Organ of The National First Aid Association of America

VOL. 7

JANUARY 1, 1921

No.1

## THE CLARA BARTON CENTENNIAL YEAR

December 25, 1821

December 25, 1921

It will interest our readers, and all who are associated with The National First Aid Association of America, the last work of the late Clara Barton, its founder and president in Memoriam, to know that this year of 1921 marks the 100th anniversary of her birth.

One hundred years ago, on December 25, 1921, Clara Barton was born in Oxford, Mass., and more than half of her long span of life — ninety years — was devoted to the alleviation of the suffering of others. On account of this great fact her name became renowned, and was known throughout the world for its meaning of "Service for others."

The organization which she last founded is day by day building a living monument to her wonderful life of service. Service is its watchword — the Clara Barton way — voluntary service, the ready, intelligent help of man for his suffering brother.

Members and graduates, — all of you are helping to carry forward this great philanthropic principle of voluntary service for others. Our members serve through their sympathy, their activities, and their financial co-operation. Our graduates are literally spreading the good work with us, many feeling the urge to teach are organizing and operating National First Aid classes.

Let us push onward that the Service Flag of Clara Barton may be carried on into the years ahead by National First Aiders yet to come. The value of worthy service was demonstrated to us in the noble life of Clara Barton, but the great principle was taught us by the Master over one thousand years ago, in His parable of the Good Samaritan.

M. K. WELLS.

Every National First Aid diploma issued bears the name of Clara Barton, Founder and President. Thus does the association pay perpetual tribute to the noble woman who founded it and whose splendid example is unexcelled in the annals of world workers for humanity.

The ambition of National First Aid is not to put cents enough into your pocket with which to serve you, but to put sense enough into your brain with which to serve others.

## THE NATIONAL FIRST AID BUDGET

It will not be surprising to any of our members to know that the Association needs funds. It is no new thing for an engine to need fuel, for a body to need food, nor for a philanthropic organization to need funds. The latter feeds the activity of the former.

A few weeks ago the Board of Directors suggested the plan of raising a budget. Five hundred dollars was the modest amount to be asked for. From this it will be understood that the Association is not trying to be over-ambitious, but is simply asking for help through a trying period, — a period of high rents and abnormal business conditions which affect our printing and needed class supplies.

We have made our needs known to our active membership who have proven their loyalty and interest. Through the columns of FIRST AID we hope to reach our Fraternal Members and friends. For any donation, large or small, which will help to make up the desired amount, The National First Aid Association of America will be earnestly grateful to you. This is not intended as a "Drive for Funds." The reader is at liberty to notice or ignore this article. We wish to say, however, that we are deeply grateful to the following donors who have understood the situation and have started the "Budget Ball" rolling.

### DONATORS TO THE FIRST AID BUDGET

Williams, I Newton	\$ 5.00
Miles, Gen. Nelson A.	20.00
Chapman, Mr. and Mrs. Henry	10.00
Forbes, Mrs. Sarah A.	3.00
Reed, Lieut. Commander G. H.	5.00
Stapleton, Jr., Dr. S. J.	5.00
Kunhardt, Mrs. A. M.	1.00
Smith, Mrs. E. B.	5.00
Robbins, Mrs. D. M.	10.00
Sears, Gen. W. H.	25.00
Jenney, Herbert H.	25.00
Prang, Mrs. Louis	1.00
Mears, Mrs. D. O.	3.00
Savage, Mr. and Mrs. J. C.	10.00
Gray, Mrs. E. B.	1.00
Wellington, Mrs. A. C.	2.00
Holland, Miss J. P.	2.00
Harmon, Mrs. M. F.	1.00

Will you help us to keep the ball rolling until the \$500 mark is reached?

Checks for the Budget should be sent to Roscoe G. Wells, Treasurer, The National First Aid Association of America, 637 Mass. Ave., Arlington, Mass.



## FIRST AID

R. G. WELLS

EDITORS

M. K. WELLS

ASSOCIATE EDITORS

A committee of progressive graduates organized for the further development of The National First Aid Association of America.

P. H. MASSIE	1915	E. WARNER	1916
G. A. COWLARD	1915	E. LOEPSINGER	1916
J. W. GRIFFITH	1915	H. H. JENNEY	1917

FIRST AID will be issued semi-annually to any one who will become a FRATERNAL (or supporting) MEMBER of THE NATIONAL FIRST AID ASSOCIATION of AMERICA, paying the FRATERNAL MEMBERSHIP DUES OF ONE DOLLAR (\$1.00) a year.

Address all correspondence to FIRST AID, THE NATIONAL FIRST AID ASSOCIATION OF AMERICA, ARLINGTON, MASS.

### FRATERNITY NOTES

The Fraternity has been holding its bi-monthly meetings at the Parker House, Boston, Mass., during the past season. Members living out of town have found this more convenient than the old method of meeting at headquarters in Arlington which is seven miles from the city.

Mrs. Albert Loepsinger (Elizabeth Johnston) entertained the Fraternity at the September (1920) meeting with a talk and pictures of her recent trip through the Glacier National Park.

In place of the usual Christmas Party a New Year's party was held at the Parker House for members only. The originality of the New Year's gifts presented to the members by one another was fully enjoyed and appreciated. Only five and ten cent gifts were permitted.

Mr. H. H. Jenney has been spending the winter in California on account of poor health. His letters regarding some of the interesting features of his trip have been much enjoyed.

One of the new plans for the season's work has been the presenting, at each meeting, of the Fraternity Mite Box. The contents of this little box, which gathers fines and gifts alike from members will be expended by a chosen member for some worthy purpose at the end of the season.

The Fraternity is a committee of graduates appointed by and attached to the Headquarters Staff for the further development of National First Aid work.

### DR. EUGENE P. HEINZE PASSES AWAY

FIRST AID announces with deep and sincere sorrow the death of Dr. Eugene P. Heinze, which occurred December 18, 1920. Dr. Heinze was one of the most enthusiastic as well as one of the most capable of National First Aid organizers. His splendid efforts were not confined to his home city of Chicago, but were advanced in whatsoever city his own work called him. The Association can easily trace the splendid work of Dr. Heinze in six states during this past season alone. He is as much missed at headquarters as though he had been accustomed to make daily calls at the Boston office.

Mr. Roscoe G. Wells, the Acting President of the Association, in a letter of sympathy to Mrs. Heinze, said, "The Association has, in his death, met with a severe blow. Always dependable, always encouraging, always active in behalf of National First Aid work, he was an example for all to follow. We feel at headquarters as though we have been called upon to give up a close and personal friend . . . his noble example of service . . . will remain a deathless remembrance."

At the request of the Association the following sketch of the life of Dr. Heinze was written by a friend of his, and a member of the Association, Dr. D. Theo Pryce: —

"Dr. Eugene P. Heinze was of foreign birth, coming to America in 1899. Shortly after his arrival, a young man of twenty years, he joined the Salvation Army in New York. After undergoing the required training he was sent to various stations in the country where he accomplished excellent work. In 1903 he married Lieut. Mathilda Froehbrodt of the Salvation Army Corps. Dr. Heinze's ambition was to study medicine in order to become a medical missionary for the Salvation Army.

"With untiring efforts he achieved his degree, having graduated from the Bennett Medical College of this city (Chicago) and the St. Louis College of Physicians and Surgeons. He further studied and attained additional degrees becoming a general and skilled clinician, not only gaining the favor, confidence and admiration of all consultants and patrons, but of the general public as well. He was appointed a lecturer at the following institutions: —

St. Louis College Physicians and Surgeons, Mo.  
Illinois College of Orthopedic Surgery and Chiroprody, Chicago.  
National College of Chiropractic, Chicago.  
Eclectic College of Physiological Therapeutics, Chicago.  
American University, Chicago.  
American Institute of Science, Chicago.  
Illinois Post Graduate and Training School for Nurses, Chicago.

"He was also lecturer and lecturer for The National First Aid Association of America, lecturer to the Salvation Army Medical Dispensary, and Assistant Clinician of the Illinois Sanatorium, Chicago.

"As he was nearing the climax of his ambition, a stroke of paralysis visited him during the latter part of November, 1920. This he outlived, but succumbed to a second stroke which attacked him on December 18, 1920.

"Dr. Heinze was affable, generous, enthusiastic, charitable, broadminded, and a good and sound adviser — on the whole a humanitarian, and his life was most exemplary. He leaves a widow, one son, three daughters, and a host of friends and acquaintances to mourn their irreparable loss."

### CLASS WORK DEPARTMENT

The enthusiasm with which some of the more interested of our graduates are organizing and operating National First Aid classes makes us look forward to a banner report for this Clara Barton Centennial year.

It is a direct tribute to the thorough work of the late Dr. E. P. Heinze to note that wherever he has installed National First Aid work in schools and colleges they still intend to "carry on." We quote from a letter received from a Chicago college: —

"We intend to give instruction in First Aid to our students as in the past, and Dr. . . . who has been with us for a number of years will have charge of this work. If this is satisfactory to you we will thank you to appoint Dr. . . . as a member of your staff and to authorize him to carry on First Aid work as it was handled by Dr. Heinze."

The banner class of the season was organized and operated by Col. Charles Miles, who registered 161 members of Class No. 497. The entire class sat for the national examination and were successful.

One of our most recent organizers is Dr. H. W. Felts of Indiana. Dr. Felts is operating his third National First Aid class. The examination papers of his classes prove his careful and thorough instruction.

Class No. 509, located in Nashville, Tenn., has a class membership of 65 students. Dr. A. J. Harris, the organizer, was a National First Aid student under Dr. J. H. Miller of Michigan.

Dr. J. H. Miller's latest class bears the name of "The Ellen G. White Memorial National First Aid Class."

### THE EXPERIENCE OF ONE NATIONAL FIRST AIDER

Told in a letter to Colonel and Mrs. Charles Miles of the Salvation Army, National First Aid advocates for the past fifteen years.

Sept. 24, 1920.  
Chini, Hindustan, Tibet Rd.,  
Simla Hills,

Dear Colonel and Ma: —

I have been wanting to write you . . . and tell you an experience I had while on my last tour. . . . I was traveling to the northwest frontier recently on business, and after a hard day, was looking forward to the little rest I would be able to get on the train while traveling to Peshawar. We left Rawal Pindi at 11.08 P.M. and I was sound asleep at 11.30 when the guard of the train came and woke me, asking if I was a medical man. I told him I was not, and he went off, saying, "There's a man back there with a leg and arm off and I can't get anybody to do anything for him." Then the thought came to me — I wonder if they have put a tourniquet on him. I ran back to where he was lying and found a young Punjabi boy with his arm off up to the shoulder (in fact, we had to put the tourniquet up over the shoulder) and his leg nearly off at the thigh.

As I was running up the platform to send a wire to the next station where they had a doctor, telling him to meet us, the thought that was uppermost in my mind was — well, after five years of waiting, the opportunity has come to be of some use in First Aid.

We had to carry that poor boy a three hours journey in the train, and then he had two and one-half miles to do in a bullock cart, before reaching a hospital. He was a brave lad. You can tell the Cadets for me that any time they spend in practising First Aid will not be lost. They may have to wait years for the opportunity to come, but come it will.

We are at our place called Chini, which is 145 miles from Simla, the nearest railway station. We covered the 145 miles in seven and one-half days, by pony and foot, and we are just off for a place called Kanam, which is 34 miles nearer Tibet. We are going up to buy wool for our weavery here. One cannot help admiring our comrades who have lived in this out of the way place for seven years. Their nearest neighbors are only five days' journey from here. They are the Moravian Missionaries who work up in the mountains.

Our ponies are ready, so I will have to be off. . . .

One of your boys,

L. STOCKMAN.

### CONCERNING ASSOCIATION MEMBERS

Headquarters was glad to receive a call from General William H. Sears, of Kansas, a short time ago. Gen. Sears was a personal friend of the late Clara Barton, and has been associated with the First Aid ever since its incorporation. Gen. Sears is a member of the National Advisory Board.

In the recent death of John E. Gilman, Past Commander in Chief of the G. A. R., the association has lost a sincere friend. Mr. Gilman was a member of the National Advisory Board and was always ready to serve the interests of the Association when called upon to do so.

From Mrs. E. F. Pratt, a Fraternal Member in Massachusetts, comes the following: "I am happy to renew my subscription for FIRST AID in memory of Clara Barton and Mrs. J. Sewall Reed, both of whom it was keen delight to know personally for years."

### CLARA BARTON'S BIRTHPLACE TO BE MADE INTO A MEMORIAL HOME

It has come to our attention that the birthplace of Clara Barton — the old homestead in North Oxford, Mass., has been purchased by the National Missionary Society of the Universalist Church. The society will restore the place and make it into a memorial home to be used as a resort for visitors.

All the mementoes that are available and which have had anything to do with Clara Barton's former work will be gathered by the society and placed in the home to become part of the memorial.

### SOMETHING NEW FOR THE NATIONAL FIRST AIDER

#### A COMPRESSED DRESSING PACKET

One of the most useful and complete outfits for the National First Aider has come to the attention of the Supply Department of the Association. It is an individual dressing packet and the contents are so compressed as to make the article convenient to carry, yet useful for many and various purposes.

We quote from literature describing these packets: —

"These dressings are fully prepared for immediate use and can be applied without the aid of a second person. . . . For sterilizing wounds, Iodine is furnished in sealed ampoules. The ampoule is broken, the Iodine applied, and the empty ampoule thrown away. No delay, no waste, nothing to put back. Spirits of Ammonia are also furnished in the form of inhalants for cases of fainting."

"Full directions by both picture and words, are given on the outside of the container holding the sealed packets of dressings. It is necessary to do only three things; select the dressings for the wound, sterilize the wound with iodine, and apply the dressing."

The case offered for Five Dollars contains the following articles: —

- 1 — 4 inch Compress.
- 2 — 3 inch Compresses
- 6 — 1½ inch Compresses
- 2 — Ammonia Inhalants
- 8 — Iodine Ampoules
- 6 — Tubes Carbolated Petrolatum
- 1 Tourniquet
- 1 Pair Forceps

### LIST OF INJURIES COVERED

Wounds, large 1	Burns	6
Wounds, medium 2	Fainting	2
Wounds, small 6	Cut Artery	1

Larger packets for office and factory use are also prepared. All orders and inquiries should be addressed to

The Supply Department  
THE NATIONAL FIRST AID ASS'N  
637 Massachusetts Avenue  
Arlington, Mass.

### HINTS FOR HELPERS

If you are a graduate and want to know how to continue your work **become a member**, — then, organize a National First Aid class in your locality. Write for particulars.

If you are a Fraternal Member and want to do your share — **send in another member**. One dollar will register a Fraternal Member for one year. Write for blank applications.

### THE KNOCKER

Knocking is one of the easiest things in the world to do. It only takes a thimbleful of brains. And it is the cheapest and easiest way to attract attention. But it is a mighty expensive amusement. Everybody hates a knocker. And by and by everybody is afraid of him. No man ever got very high by pulling other people down. The intelligent merchant does not knock his competitors. The sensible worker does not knock those who work with him. Don't knock your friends. Don't knock your enemies. Don't knock yourself. However you may feel, don't allow yourself to say cutting things. Speak pleasantly of everybody whether you are pleasantly disposed or not. Shakespeare said, "Assume a virtue if you have it not." Boost and you will be boosted. Knock and you will be knocked.

DR. FRANK CRANE.

### MAKE IT NATIONAL

Members, class organizers and graduates are requested to speak of the work of the Association as National First Aid. The words "First Aid" are in general use, but "National First Aid" may be used to specify the product of The National First Aid Association of America.

### READ THIS SIGNAL

#### Suggestion for Class Organizers

**STOP!** Before spending your time and energy arranging a lecture course, choosing a textbook for instructor and students, and taking up all matters of detail connected with the operation of a First Aid class, **why not correspond with The National First Aid Association of America?**

**LOOK!** Here is an institution incorporated especially under the Laws of the District of Columbia, a national organization which has the privilege of issuing its diploma in every state of the Union. In operation for the past fifteen years its thousands of delighted graduates in the United States, Alaska and Panama hold beautiful National First Aid diplomas issued for efficiency in National First Aid work.

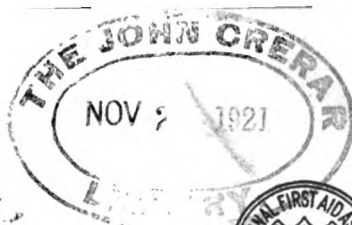
**LISTEN!** A schedule of lectures is ready for your instructor, arranged by its Medical Department. The Barton First Aid textbook and a package of bandages for practical instruction awaits each registered class member for a nominal tuition fee. Examination papers are provided for the instructor when the class is ready to be examined in National First Aid knowledge. A beautiful diploma is issued to each graduate.

Address, THE NATIONAL FIRST AID ASSOCIATION, OF AMERICA, ARLINGTON, MASSACHUSETTS.





# FIRST AID



Official Organ of The National First Aid Association of America

VOL. 7

JULY 1, 1921

No. 2

## THE SPIRIT OF THE NATIONAL FIRST AID ASSOCIATION OF AMERICA

"Let me live in a house by the side of the road and be a friend to man."

Let me live in a house by the side of the road  
Where the race of men go by—  
The men who are good and the men who are bad,  
As good and as bad as I.  
I would not sit in the scorner's seat,  
Nor hurl the cynic's ban;—  
Let me live in a house by the side of the road  
And be a friend to man.

The above verse has been taken from a beautiful poem entitled "The House by the Side of the Road" which was written by the late Mr. Sam Walter Foss. Mr. Foss was a valued guest at the banquet given to the late Miss Clara Barton, upon the occasion of the third annual meeting of The National First Aid Association of America, and which was held in Boston, Mass., June 8, 1908.

Upon request Mr. Foss chose and delivered upon this occasion two poems of his own which he considered most appropriate. One was the above.

## THE SIXTEENTH ANNUAL MEETING OF THE NATIONAL FIRST AID ASSOCIATION OF AMERICA

The 16th annual meeting of The National First Aid Association of America was held May 7, 1921, in the Parker House, Boston, Mass. The meeting was called one month earlier this year by the Acting President, Roscoe Green Wells. Active members present in person and by proxy were Roscoe G. Wells, Mrs. Mary Kensel Wells, Mrs. E. R. Berry, Mr. A. L. Wells and Mrs. A. L. Wells, and Mrs. J. W. Griffith of Massachusetts; Dr. Eugene Underhill of Penn.; Gen. Nelson A. Miles, Washington, D. C.; Mr. J. C. Savage and Mrs. J. C. Savage, N. J.; Mrs. E. B. Smith, Dr. W. J. Stapleton Jr., Michigan; Mr. I. Newton Williams N. Y.; and Lieut. Commander George H. Reed, U. S. N.

The meeting was well attended by Fraternal Members and friends, among the former being Mrs. Austin C. Wellington, President Daughters of Mass., and who brought as her guest Mrs. Clark R. Moore, Vice President General (Nat'l) Vermont D. A. R. Mrs. Agnes H. Parker, National Patriotic Instructor, W. R. C. was the guest of the association for the evening.

The meeting was opened at 8 P. M. with Mr. Roscoe G. Wells, the Acting President, in the Chair. Mr. Wells addressed the meeting giving many interesting details regarding the work of the association and its activities during the past year.

The Secretary's report brought to the attention of the membership that December 25, 1921 marked the 100th anniversary of the birth of the founder of the association, the late Miss Clara Barton. She suggested that each member make some small personal effort towards the advancement of "Clara Barton's First Aid" this year. She said, in advancing the plan of each member bringing in a member, "In this way we can all do our share of pushing this last work of our noble Clara Barton. Let our slogan be "A DOLLAR FIRST FOR FIRST AID." Each dollar backed by a Fraternal Member will bring us the enthusiastic interest of an additional friend, as well as the financial aid which the association so urgently needs."

The report eulogized the work of the late Dr. E. P. Heinze, the pioneer of the work in the School and College Work Division. The report went on to say; "It was the excellent plan of Dr. Heinze to enthruse those of his graduates who seemed so talented to teach National First Aid work in their many and various localities. His work is now bearing fruit . . . This chain of events has been brought out that the membership may realize what can be accomplished when the association finally establishes a staff of voluntary lecturers and examiners consisting of its most enthusiastic and capable graduates . . . It is essential that only the best material be utilized as upon this fact rests the future success of our National First Aid classes."

The excellent work of two new members of the Staff of Lecturers and Examiners was touched upon. Dr. H. W. Felts of Indiana, and Dr. A. J. Harris of Tenn. The entire staff was thanked for its excellent work, its loyalty and interest.

The total number of registered students for the year was 604. This covered classes held in the School and College Div., the Independent Class Div., the Salvation Army Div., the Church Work Div., and the Y. M. C. A. Div.



## FIRST AID

R. G. WELLS

EDITORS

M. K. WELLS

ASSOCIATE EDITORS

A committee of progressive graduates organized for the further development of The National First Aid Association on America.

P. H. MASSIE	1915	E. WARNER	1916
G. A. COWLARD	1915	E. LOEPSINGER	1916
J. W. GRIFFITH	1916	H. H. JENNEY	1917

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Address all correspondence to **First Aid, THE NATIONAL FIRST AID ASSOCIATION OF AMERICA, ARLINGTON MASS.**

December 25, 1921

**The 100th Anniversary of the Birth of our Founder,  
CLARA BARTON.**

We learn that organizations all over the country are to pay fitting tribute to the memory of Clara Barton upon the 100th anniversary of her birth, December 21, 1921. To us of The National First Aid Association of America who have been paying daily tribute to this noble woman for the past 9 years, since her death in 1912, this seems particularly right and good.

We suggest that each one of our members speak of Clara Barton in tribute on the above day.

We suggest that each graduate wear his or her National First Aid medallion on that day referring to her last work when paying tribute.

We suggest that every National First Aider remember the noble unselfish spirit of our Founder, Clara Barton, on that day, and when honoring the great birthday of the Master (Christmas Day) to remember also that Clara Barton's life began upon that day and was lived to the end in His service.

The article on **OBTUNDIA** was especially written, at the request of First Aid, by Mr. Lowell T. Clapp a member of Otis Clapp & Son, Mfg. Chemists, who have developed this excellent product.

### WITH OUR MEMBERS.

Friends of the Acting President will regret to learn of the serious illness of his father, Mr. A. L. Wells, a member of the association and one of the original incorporators.

It is a pleasure to mention the high honor which was recently paid to one of our new active members, Mrs. Agnes H. Parker. Mrs. Parker was elected National President of the Womans Relief Corps at the recent Convention in Indiana.

Mr. Charles R. Swickard, our new member from Ohio, writes, "I have always had a high regard for the work of Clara Barton . . . Her name should be perpetuated and you have adopted a unique way of doing so by making the office of President a memorial . . . The work of your association is highly commendable and such that every one should be familiar with . . . Wishing you much success . . ."

As a tribute to the late Clara Barton, Mrs. Roscoe Green Wells (Mary Kensel) who has been secretary of the association for the past fifteen years, has written a story history of The National First Aid Association of America which will be of interest to all members and graduates. It is hoped that the story will soon be out in book form, and that members and graduates will interest themselves in its distribution, as the proceeds from the sale of the book will be given to The National First Aid Association of America for the extension of its work. Mrs. Wells has dedicated her book to the membership and the alumni of the association.

### THE NATIONAL FIRST AID BUDGET

It is in a spirit of sincere appreciation that we publicly thank the following donators who have helped to keep the "Budget Ball" rolling:—

Williams, I. N. ....	\$3.00
Beuck, F. L. ....	1.00
Bailey, C. F. ....	2.00
Sawyer, Mrs. E. P. ....	2.00
New Jersey State Branch .....	10.00
Van Noyen, Mrs. A. J. ....	1.00

Checks for the Budget should be sent to Roscoe G. Wells, Treasurer, 637 Massachusetts Ave., Arlington, Mass.

In relation to this part of our work it is a pleasure to publish a part of a letter received from Mr. I. Newton Williams, an active member, and who thus encourages the association in its efforts to obtain necessary financial help:—

Mr. Roscoe G. Wells, Acting President,  
Nat'l First Aid Ass'n,  
Arlington, Mass.

Dear Mr. Wells:—

I note with pleasure that you are featuring in your last issue of 'FIRST AID' the organization of a Constituency.

No organization can long endure without an organized constituency. This applies to those which enjoy an endowment. I am on the Board of an.....which has a substantial endowment—in fact such an endowment that it has felt it unnecessary to have a constituency—and the high prices that have prevailed during War times, has struck it hard. It now is turning its attention to the formation of a constituency of those friendly disposed to its interests and aims.

Clara Barton, of revered memory, our first president, should be a guarantee to a hosts of friends, in all parts of our country, to our Cause being a worthy one, one worth while, in our National Life. Every one should know about "FIRST AID."

\* \* \* \* \*

I wish you the largest measure of success in organizing your "constituency."

Yours very truly,

I. N. WILLIAMS.

#### A CLARA BARTON ITEM

It is of interest to learn that the old school house at Borden-town, N. J. where Clara Barton taught nearly three-quarters of a century ago has been restored to its former condition, as nearly as possible, through the contributions received from the school children of the state and other contributors.

It was dedicated June 11, 1921, the ceremonies being participated in by the Governor of N. J. and various state and school officials.

Thus do others pay tribute to the noble woman whom we honor.

#### CLASS WORK DEPARTMENT

Where our National First Aid diplomas were issued during last year.

Tennessee, Colorado, Georgia, Louisiana, Nebraska, Vermont, Alaska, Washington, D. C., Washington (State), Florida, Kentucky, Arkansas, Wisconsin, South Dakota, New Jersey, No. Dakota, Kansas, Oklahoma, Canada, Texas, California, Missouri, Iowa, Pennsylvania, Indiana, Ohio, Rhode Island, Michigan, Illinois, and New York.

This according to Secretary's record. Good Work, Lecturers and Examiners.

#### THE NATIONAL FIRST AID BUTTON

Wear it proudly, graduate. It is significant of the fact that you have given yourself a National First Aid education. It means that you have won a diploma for efficiency in knowledge that will benefit your suffering fellowmen. It demonstrates that you are a part of a national organization whose aim is to teach all how to care for themselves and each other in times of illness or accident. Wear the button of The National First Aid Association of America. You are the only one who may purchase and wear it. This privilege is open to no one but the graduate. So wear it proudly.

#### THE SIXTEENTH ANNUAL MEETING OF THE NATIONAL FIRST AID ASSOCIATION OF AMERICA

(Continued from Page 1)

National First Aid diplomas were issued in 28 states, Washington, D. C. and Canada. A total of 461 diplomas was issued. The educational system of the association requires that each student must attain 80% or over upon an examination consisting of 40 questions and examples in order to graduate.

The report announced the death of three Fraternal Members,—Mr. John E. Gilman of Mass., Dr. E. P. Heinze of Ill., and Mrs. E. May Glenn Toon of No. Carolina. "They served the association loyally and faithfully and their co-operation will be greatly missed."

The Secretary touched upon the paper FIRST AID, and the fact that, though small, it had been received with kindness and interest. "In many instances, we have received appreciative thanks and a request that the name of the writer be placed upon our mailing list . . . The Staff feels a little conscious at times when the January issue appears in April, or the July issue appears in November, but knowing the immense amount of detail attendant upon every department of our important work, it hopes that the membership will continue to be graciously lenient until such time as we are able to acquire the proper staff for every department of our organization."

The report of the New Jersey State Branch was sent in by Mr. J. C. Savage, President of the Branch.

Mr. John W. Griffith, Jr. read the report of the National First Aid Fraternity. Mr. Griffith also reported, as a member of a committee chosen for the purpose, that the Fraternity had sent to Legion invalids two magazines, one a weekly, and one a monthly periodical, from the contents of the Fraternity Mite Box. The magazines are being enjoyed by Legion Veterans in the West Roxbury Public Health Hospital.

Mrs. M. K. Wells gave the report of the Board of Directors.

The Treasurer's report was given by R. G. Wells. Total Receipts \$1856.11, Total Disbursements \$1386.59.

Mr. James C. Savage was re-appointed to the Board of Directors.

The following active members were elected:—Mr. Fred V. Wood, Mrs. Agnes H. Parker, Mrs. Minnie F. Harmon of Mass.; Mr. Charles R. Swickard of Ohio.

The guest of the association for the evening was Mrs. Agnes H. Parker, National Patriotic Instructor of the Woman's Relief Corps. Mrs. Parker gave a most interesting talk touching largely upon "the immigrant." In opening her address she said, "During the 20 years of my association with the Woman's Relief Corps I have heard the name of Clara Barton mentioned as one speaks of an Holy one. Clara Barton always meant something to the thinking members of the Woman's Relief Corps."

Mrs. Austin C. Wellington, who has for many years been associated with the organization, said, "I have been very much interested always, and have always had the greatest respect for this organization, almost an affection. I am particularly interested on account of Clara Barton. I feel that each one must do his share and with good leaders of unselfish character everything will work out all right."

Mrs. Elizabeth Robbins Berry, an active member, read an article regarding the late Clara Barton which was a stenographic statement given by the late Mrs. J. Sewall Reed, first Acting President of the association. Mrs. Berry generously presented the article to the association for its archives. Mrs. Wells, the Secretary, suggested that it be printed in a coming issue of FIRST AID that the membership might enjoy it. As Mrs. Reed was a field worker with the late Clara Barton the article cannot fail to be of interest to all.

### WITH OUR LECTURERS AND EXAMINERS

One of the most interesting pictures ever received at headquarters arrived recently when Colonel Charles Miles (N. Y. Salvation Army) sent in a picture of his splendid National First Aid class No. 497 consisting of 161 students.

Colonel Miles' classes lead in membership not only the classes of the Salvation Army Division, but of the entire Class Work Department.

The following doctors were issued commissions as Lecturers and Examiners during the past season—

Dr. John Sargent, Oregon  
Dr. Clarence E. Ash, New York  
Dr. A. J. Harris, Tenn.  
Dr. H. W. Felts, Indiana

The Commission, issued by the Medical Dept. to Lecturers and Examiners, is only given to those doctors who have organized and operated National First Aid classes, and who thus have demonstrated their interest in, enthusiasm for, and loyalty to the work of the organization.

### OBTUNDIA

A Superior Obtursor of Pain which Limits Infection and Promotes Healing. A Product of Interest to National First Aid Graduates.

A new surgical dressing has been introduced called OBTUNDIA, the meaning of which is to blunt pain.

The most common application for First Aid treatment at one time was Iodine Tincture. Obtundia is not only equally as powerful a germicide, but instead of increasing the pain of the injury, as does Iodine, it greatly minimizes the same. Some surgeons have adopted Obtundia and used it as a dressing for after operations. They have continued its use ever since. Aside from minimizing the pain from wounds, it greatly reduces or practically stops the itching which accompanies healing.

Perhaps the most marked effect of Obtundia is its application to burns. Not only is the pain greatly reduced, but surfaces heal in far better shape and there seems to be less absorption of poison. Obtundia surpasses Carron Oil for the treatment of burns. In some plant hospitals Obtundia is being used in connection with the ambrine wax treatment for burns, and is giving excellent results.

Recent tests of Obtundia show that it has eight times the germicidal effect of a 5% solution of Carbolic Acid — killing typhoid bacilli in five seconds. It mixes perfectly with blood and may be poured directly on any surface injury.

Obtundia is available in liquid, — cream, containing 10% which is preferable for burns, — and rectal suppositories for the treatment of hemorrhoids, where it is rapidly replacing Morphine and Cocaine.

### A MINUTE TALK WITH A GRADUATE

Say, did you enjoy the course? Did you "run aground" a bit on the examination, or was it all plain sailing to you. How did you straighten out that automobile accident, and the excitement at the picnic. Something to know, isn't it? First Aid. Especially the National First Aid way. Hands it to you systematically, doesn't it. Why isn't it a good idea for you to help pass it along to others. Is there a way? There is. Become a Fraternal Member. One Dollar a year will do it. Will help the association pass it on to others. This has been done by other graduates. Try it yourself. All working together for the common good. Great idea, isn't it? Use the application above for immediate results. Give this idea First Aid. Do it now.

### Application for Fraternal Membership in The National First Aid Association of America

Date

To the Secretary, Arlington, Mass.

DEAR MADAM:

Enclosed please find One Dollar, my membership in the above Association for one year from date. Kindly send my membership card, and "FIRST AID" for my year of membership to

Name

Address

(Cut this out and forward with One Dollar)

### ADVICE TO THE NATIONAL FIRST AIDER (with apologies to those who do not need any)

In any case of accident

Where bleeding is profound,

Be sure to use your tourniquet

Then cleanse and treat the wound.

Should you encounter broken arm

Or leg, accept this hint,—

Use care to cleanse and bandage, but,

Do not forget your splint.

Do not attempt to drown your friend,

Whose fainting you deplore,

But sprinkle water in her face

And lower head to floor.

To have the very best results

Be calm, use care, be clean.

It may be, after all, your part

To keep the crowd serene.

A good prescription you will find

For use, where e're you look,

In this, — Just mix the brains you have

With the contents of your book.

M. K. W.

### PERSONAL GOVERNMENT

The head's the upper terminal for everybody's spine, and nobly serves the aim of its original design. The sentiments and feelings, laudable or indiscreet, which germinate in stomach or in heart or hands or feet, are telegraphed upon the nerves, as scientists have said, to get consideration at the office in the head.

The gent who runs the office is a fellow called the Will, but often he is out of town and many times he's ill; and when he leaves the city for a long and foolish stay, the heart and stomach, legs and arms, proceed to have their way; and often is the body a forlorn and shattered wreck, for lack of Will to function at the summit of the neck.

Your body is a monarchy; the Sultan is your Will; but Sultans need to rule their realms with caution and with skill. So don't abuse your stomach and don't mortify your heart, and give your feet some liberty, your hands a useful part; and if the Sultan's liberal there'll be but little strife, and you can figure safely on a long and useful life.

In the Boston Globe

—ARTHUR BROOKS BAKER.

### ORGANIZERS OF FIRST AID CLASSES

YOUR CLASS should be a NATIONAL FIRST AID CLASS.

YOUR CLASS should be given a systematic course of instruction.

YOUR CLASS should be supplied with individual outfits and textbooks.

YOUR CLASS should have an opportunity of taking a national examination.

YOUR CLASS should try for a worth while diploma.

YOUR CLASS should be a NATIONAL FIRST AID CLASS.

WE CAN HELP YOU

WRITE TO US.

THE NAT'L FIRST AID ASS'N OF AMERICA,  
637 Mass. Ave., Arlington, Mass.

JUN 10 1922



# FIRST AID



Official Organ of The National First Aid Association of America

VOL. 8

E. M.

JANUARY 1, 1922

No. 1

## *A Glimpse of the First "First Aid Work" of Clara Barton*

Told in a letter from a Civil War "Comrade" of Clara Barton to the Secretary.

Mrs. Mary Kensel Wells, Secretary,  
Nat'l First Aid Ass'n of America.

Dear Madam:—

Your request for a statement of what I know of Clara Barton, and a sketch of what she did for me, revives many pleasing and many sad memories of the greatest war that ever shook a continent. (Written in 1913).

Relative to her "First Aid work in 1864," I regret that my personal knowledge is so limited. I first met Clara Barton about 1856 at the home, in this city, of her cousin, the late Judge Ira M. Barton. At that time Rev. Horace James, the pastor of the Old South Church, and later the Chaplain of the 25th Mass. Infantry, was very anxious to organize a Band of Hope, an organization of young people at that time very popular in Scotland.

George, the youngest son of Judge Barton, and I were members of one of the classes of older boys in the Sunday School. We were given to understand that most of the school were waiting to see what that class would do, while the class was waiting to see where we stood. Miss Barton knew this and that we were rather indifferent and undecided. She came to us; her talk decided our course, and the Old South Band of Hope became a very active organization.

The fall of 1863 found George Barton and myself members of the 57th Mass. Infantry. The ties of comradeship which began in the fifties were soon to be deeply chiseled upon our hearts. We became a part of the Army of the Potomac and together followed the flag through fire and blood until I fell on the firing line battling for the nation's life.

It was at the Battle of the Wilderness, Va., May 6, 1864, that I was wounded and reported killed in battle. That night by reason of a lack of transportation, I was left between

the lines; the next afternoon Captain Barton, who had been put in charge of the Ambulance train, found me. Two days later, and after being captured three times by Moseby's men, we reached Fredericksburg. As soon as I was made as comfortable as possible on the floor of the Southern M. E. Church, George found his Cousin Clara, told her where I was and that it was thought that I was mortally wounded. My exhausted condition at that time was such that I have only an indistinct recollection of the First Aid that Miss Barton gave me, but later I had many evidences of her watchful care of me.

After my discharge, and as clerk at the office of the N. E. Branch of the U. S. Sanitary Commission Claim Agency, one of my duties was to correspond with Miss Barton at Andersonville Prison Pen, where she was trying to trace men who were, or supposed to have been, prisoners of war. Among those for whom she was looking were three Sergeants of my own company, one of them my tentmate. As I received letters in any way relating to him and his probable fate, I first sent and later took them to his fiancée. As a result, during the last twenty-five years of the over forty-five years that we have traveled Life's journey together, she has given me personal aid required by the consequential results of a gun shot wound through the body from side to side.

This living wound is an ever constant reminder of Clara Barton, as it is what brought her to my side in 1864.

While, as you will see by this sketch, my personal knowledge of Clara Barton's First Aid work in 1864 is limited, in other ways it is not. As a Pension Solicitor I have been brought in contact with tens of thousands of survivors of the Civil War. From my own knowledge and what I have been told, I know that of her many good deeds, her First Aid work, the half never has been, never will be, nor can be told.

In my own life she has been an important factor, at times a controlling factor. Knowing her as I did, I have no hesitation in saying to you that no one can tell the many heart pangs that she patiently endured for the Boys of 1861-65, boys who gave their life blood for this nation when it so sorely needed their youth and strength.

Yours very truly,

J. BRAINERD HALL.



## FIRST AID

### EDITORS

R. G. WELLS

M. K. WELLS

### ASSOCIATE EDITORS

A committee of progressive graduates organized for the further development of The National First Aid Association of America.

P. H. MASSIE	1915	E. W. GOOGINS	1916
G. A. COWLAND	1915	E. LOEPSINGER	1916
J. W. GRIFFITH	1915	H. H. JENNEY	1917

FIRST AID will be issued semi-annually to any one who will become a FRATERNAL (or supporting) MEMBER of THE NATIONAL FIRST AID ASSOCIATION of AMERICA paying the FRATERNAL MEMBERSHIP DUES OF ONE DOLLAR (\$1.00) a year.

Address all correspondence to FIRST AID, THE NATIONAL FIRST AID ASSOCIATION OF AMERICA ARLINGTON, MASS.

### *The Importance of Your Membership*

The National First Aid Association of America is conducted for the purpose of spreading the knowledge, among the people of America, of how to give proper and efficient First Aid to the sick and injured in times of emergency, and while awaiting the arrival of the physician. The Association has prepared a systematic course of instruction for its National First Aid classes to follow and supplies with the proper equipment its lecturers and students.

The association offers at the close of its course of instruction a thorough examination. The student must attain at least 80 per cent in order to graduate. Graduates are awarded the beautiful National First Aid diploma. Only graduates are permitted to purchase and wear the modest, attractive National First Aid medallion.

The organization has no endowment, and is not supported by a few philanthropic enthusiasts. It takes pride in stating that its work is supported by the dues of its Active, Fraternal and Class Members whose personal interest in the work has caused them to take a small financial part in the advancement of its great educational plan. Donations from members have greatly aided the work. Members are located all over the United States.

Upon the increase of the membership, therefore, depends the increase of income and further power to extend the valuable activities of the organization.

The association depends largely upon the co-operation of all members to encourage and interest their friends to acquire membership in the organization. The Fraternal Membership is open to everyone. Fraternal Membership dues are One Dollar (\$1.00) a year.

The formation of National First Aid classes is the work of the Headquarters Staff located at Arlington, Mass. First Aid class organizers should communicate with the National Secretary who will give detailed information regarding the Class Membership. All members should advertise this important fact, because the Class Member may become a Graduate, and continue in the service of the association by acquiring Fraternal Membership.

Active Members (elected at the annual meeting of the association) are in a position to understand the need for Fraternal and Class members.

Remember, therefore, your own importance to the association as one of its valued members. Serve it faithfully and actively in your locality. As an active working organization, the association stands as a practical living memorial to the late Clara Barton, the founder. Help it to carry its worthy message of "Service for others" into every part of our beloved land.

### *National First Aid Cleanings*

The Shield of National First Aid Knowledge has withstood many times the sharp Lance of Death.

With his life in jeopardy a man would give his entire fortune for the saving knowledge of National First Aid. How much more economical to do some advanced thinking and obtain this knowledge by paying a modest tuition fee.

The graduate who lays down his interest in National First Aid work as he picks up his diploma will show the same results as the student who performs artificial respiration (Sylvester Method) without pulling out and tying down the tongue of the patient,—his efforts will have amounted to nothing.

### *A Glimpse into the Graduates' Letter Box*

#### INDIANA

"You will find enclosed One Dollar Money Order for Insignia which I will be very glad to receive. I am more than delighted with diploma of First Aid. I think it is a wonderful study and a help to Humanity.

Bessie H. Van Druff

#### NEW JERSEY.

"I have received my button and diploma. I am very much delighted to have them. Hope they will be of great service to me in the near future. Find enclosed One Dollar, please enroll me as a Fraternal Member.

D. R. Coombs.

#### OHIO.

"I am organizing a First Aid class and hope to be able to send in my list of students in the very near future.

Dr. C. H. Damsel.

#### WISCONSIN.

"I took your course about seven years ago under Dr. E. P. Heinze of Chicago, and received diploma dated May 24, 1915. I am connected with . . . and we have a nice lot of young people who I am sure would be glad to take the course . . . Please give me full instructions.

Z. Chase.



## **DEATH OF ALBERT L. WELLS**

### ***A Charter Member of this Association***

Albert Leach Wells of Arlington, Mass., one of the original incorporators of The National First Aid Association of America, and an active member for the past sixteen years, passed away on December 3, 1921 at the New England Baptist Hospital of Boston. Mr. Wells was born in Smithfield, Maine. He was of Revolutionary ancestry, his family being among some of the oldest in Maine.

At the age of sixteen years, Mr. Wells enlisted in the Civil War, serving in the Nineteenth Maine Infantry.

Most of his business career was spent in the furniture business. For a time he conducted a retail furniture house in Augusta, Maine. For the past thirty years Mr. Wells has been a travelling representative of the G. W. Bent Co. of Boston, and as such has become one of the best known travelling men in New England. He had a host of friends.

Mr Wells was an officer in the Francis Gould Post 36, G.A.R. of Arlington, and was also a member of the Masons and the Odd Fellows in Maine. Mr. Wells was the father of Roscoe G. Wells, Acting President of the association, and we feel that the sympathy of the entire membership will be extended to Acting President Wells and his family upon their great loss.

Albert L. Wells, who was a personal friend of the late Clara Barton was also one of her great admirers. On the occasion of one of the early annual meetings of the association at which a banquet was tendered to Miss Barton, Mr. Wells was appointed the Toast Master. Mr. Wells opened the ceremonies and introduced the President as follows:—

"I was ordered before you tonight as Toastmaster, for what reason I do not know unless it was because I am a distant relative of the Assistant to the President (Roscoe G. Wells), but I assure you that I feel it a great honor to preside at any gathering where our illustrious President is. I am much interested in First Aid; I have to be, because I see the great possibilities in the organization. The last two years have demonstrated the fact that The National First Aid Association of America was organized at just the right time and has come to stay. It is bound to succeed, and you and I want to help it along. I believe that the name of our illustrious President, Miss Clara Barton, will go down in history as one of the greatest names of the age, not only because of her heroic work in the war, or the Johnstown Flood, or Galveston, but especially and more emphatically because she was the first President of The National First Aid Association of America.

Ladies and gentlemen, I have the very great honor of introducing to you our President, Miss Clara Barton.

## ***A Few "Do's" and "Don't's"***

Published through the courtesy of S. J. Gruver, M.D., Surgical Department, W. L. Douglas Shoe Co.

Never forget that "The Greatest Wealth is Health." Keep in the sunlight, mentally as well as physically. Walk on the sunny side of the street; sleep in a room disinfected by sunshine and fresh air, and keep cheerful.

Don't waste money buying "Patent Medicines." Drink plenty of water. Pure water, outside and in, is a health winner. Avoid ice-water. If no other is available, hold it in the mouth until the chill has been removed.

Lemon juice is a good sterilizer. Water containing germs of typhoid and cholera has been sterilized by lemon juice in a half hour's time.

When you feel dull or bilious, cut down your eating. Your system is probably being poisoned by undigested food and unexpelled waste. Wheat bran is a splendid broom for the stomach. Also coarse foods such as the skins of apples and potatoes well masticated. Never hurry when eating. Remember that your stomach has no teeth. Unless food is well chewed before being swallowed, sour stomach, constipation, and innumerable other ills result.

Spend less money at the baker's and more at the fruit and vegetable stands.

Man is literally what he eats. Blood is the life force, and blood is made from food.

Keep the teeth clean. Germs of disease lurk in the neglected mouth and teeth and are swallowed with the food.

Acquire the habit of deep breathing; it combats many ills. Avoid worry and fear. In epidemics, fear increases the spread of the disease. The brain is contracted by fear. Free circulation of the blood is impeded and disease results.

Exercise is necessary to Good Health. Don't take the trolley when you are able to walk. Fresh air is priceless as well as without price.

When the body is in "good working order,"—that is, free from waste material, it is not easy to take cold. Germs of a cold are so small that a million can lodge on the head of a pin. These germs may be transmitted through drinking cup, a common towel, a pencil or a pipe. The person who sneezes without covering nose and mouth ought to be prosecuted for endangering the lives of others.

If you feel that you have contracted a cold rid the body at once of all surplus matter by aid of a warm enema or a mild cathartic. Eat lightly of such simple articles as fruit, milk or soup. Get all the fresh air you can. Exercise. If your vitality seems low, go to bed until it is regained.

Never neglect a slight wound or injury. Blood poisoning may occur through failure to cleanse the wound and to apply an immediate and proper antiseptic.

Remember that drugs cannot make you well. The vital forces of Nature must do that. Medicines simply assist.

### *Promoting a Work of Character*

(A Chat with our Graduates)

Each graduate of The National First Aid Association of America should become a "booster" of the work,—a personal promotor for the course of instruction which he (or she) has successfully undertaken and conquered. It is not enough that he has shown forethought in equipping himself with this vital knowledge. The character of the work should impress him with the advisability of informing others of their need of it.

The plan of picking up here and there a smattering of First Aid knowledge which will be as quickly forgotten as learned should be discouraged. It may be considered by some better than nothing, but such knowledge is less than nothing in an emergency. A First Aid student should plan to study his subject, and National First Aid offers the opportunity. A student never studies so hard as when he is preparing himself to take a competitive examination. As in other studies, so in First Aid.

How many times have we seen the uselessness of First Aid which has been carelessly learned. A recent moving picture, admirably portrayed, demonstrated this, although it may not have been intentional. The careless waving about of the "patient's arms," and the frantic smoothing of limbs, which demonstrated the "hero's" conception of artificial respiration was enough to amuse an entire audience. We laughed as well. It was funny. The "hero" had evidently taken up First Aid in the same way that others have before him, without thought or study. In real life, however, we would not think it funny if we had learned First Aid in the same way that the "hero" had, and your sister or my sister had actually required artificial respiration in order to have survived. In the picture, the "heroine" came to life, but certainly not through any pictured First Aid effort of the "hero."

Let National First Aid graduates feel that at least they have equipped themselves for First Aid service which shall be no mockery.

To be of ready intelligent help to the professional, whether physician or trained nurse, in times of emergency,—to be able to render capable First Aid while awaiting the arrival of professional aid,—to know just as well what **not** to do as what to do,—all of this is the true meaning of National First Aid. Boost it, graduates. It is **your** work now, and you know the significance of it.

Your Secretary,

MARY KENSEL WELLS.

GRADUATE OR FRIEND,—Put your shoulder to the  
NATIONAL FIRST AID WHEEL. BECOME  
A MEMBER.

(Cut this out and forward with One Dollar.)

To the Secretary,  
National First Aid Association of America,  
Arlington, Mass.,

Dear Madam:—

Being interested in the work of the Association, and appreciating its efforts towards eliminating much human suffering, I desire to co-operate with it in carrying out its aims and purposes by enrolling as a FRATERNAL MEMBER.

Enclosed please find One Dollar (\$1.00). Kindly forward my Fraternal Membership card, together with "FIRST AID" for my year of membership to

Name

Address

### *The National First Aid Budget 1922*

The National First Aid Budget of 1921 was most helpful to the association whose work is constantly growing and increasing, and whose income is not entirely adequate to its many needs which are continually arising.

From the encouragement received from members and friends of the association in regard to this method of obtaining financial help for the work, the National First Aid Budget of 1922 has been launched. WILL YOU BECOME A SUBSCRIBER?

Here is an opportunity for everyone to lend a hand, Active Members, Fraternal Members and friends.

The modest sum of FIVE HUNDRED (\$500) DOLLARS is desired.

If each one will do his or her small part we shall reach our goal with flying colors. For your donation, whether small or large, the association will return to you its grateful thanks.

Checks for the Budget should be sent to Roscoe G. Wells, Treasurer, The National First Aid Association of America, 637 Mass. Ave., Arlington, Mass.

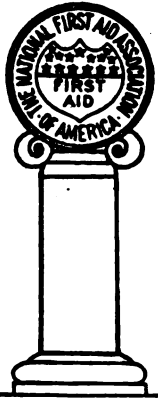
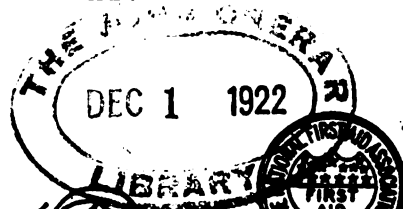
### *With Our Active Members*

Mr. Roscoe Green Wells, the Acting President, attended several important meetings of the Tenth Annual Congress of the National Safety Council, which was held in Boston, Massachusetts, Sept. 26 to 30, 1921.

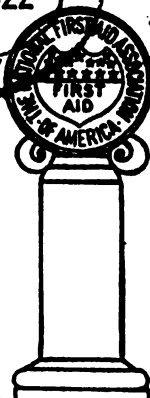
Mrs. E. B. Smith has donated 1000 copies of a valuable article on "First Aid to the School Child" which was written by her husband, the late Dr. E. B. Smith of Michigan. Dr. Smith was one of the pioneer workers of the association, a member of the National Advisory Board, and one of the most prominent and successful surgeons of the middle west.

Mrs. John W. Griffith has been actively engaged in completing arrangements for a dance which she plans shall benefit The National First Aid Budget. Mrs. Griffith has been ably supported by her son, J. W. Griffith, Jr., Mrs. C. G. Shaw, and Mr. F. W. Wood, all association members.

To the complete surprise of the Headquarters Staff, the New Jersey State Branch recently forwarded, through Mr. James C. Savage, its President, a generous check with the request that it be used to cover the publication of the current issue of FIRST AID. New Jersey, we thank you. Such support we may look upon with pride as well as appreciation.



# FIRST AID



Official Organ of The National First Aid Association of America

VOL. 8 E.M.

JULY 1, 1922

No. 2

## THE CLARA BARTON OAK

A memorial Oak planted in honor of the late Clara Barton with impressive exercises which were attended by busy and important men and women gives rise to a feeling of gratitude that sentiment is not entirely erased as yet from the highest characteristics of American men and women. It is well to be practical—the living must be practical; but for our Dead—the Living may easily spare a little time to worthily express a feeling of sentiment for those lives which have been lived gloriously in behalf of others, and which, in so doing, have taught all who come after them the true meaning of Life itself.

The planting of the first Clara Barton Memorial Oak at Glen Echo, Md., on Easter Sunday, April 16, 1922 is of keen interest to us as an association in that it was accomplished through the inspiration of two active members, Dr. J. B. Hubbell of Glen Echo, Maryland; and Colonel Charles Sumner Young of California. In addition to this the honor of handling the first shovel of dirt taken in the planting was had by Lieutenant General Nelson A. Miles, of Washington, D. C., Chairman of the National Advisory Board, N. F. A. A. of A. The tree-planting was under the auspices of the American Forestry Association. The words of Charles Lathrop Pack, President American Forestry Association, seem particularly adapted to the Clara Barton Oak. He said, "The trees are monuments with a memory, for they live gloriously just as did those for whom they are planted."

The exercises which were opened by the Chairman, Lieutenant General Nelson A. Miles, of Washington, included addresses by representatives of the American Red Cross, the G. A. R., the Children of the American Revolution, the Woman's Party, Federal Employes Union, the Public Schools of the District of Columbia, The National First Aid Association of America, and the American Forestry Association.

The Honorable Charles Sumner Young of California, representing The National First Aid Association of America, delivered a splendid address on "Clara Barton and the Oak." Its substance was that "he who plants an historic tree transmits history and poetry and art to posterity."

In closing Colonel Young said; "Let us pray that the

tree, whose sentiment is world-humanity, may take highest rank among the world's other historic trees; that through the centuries the children of successive generations will love and protect THE CLARA BARTON OAK, NATURE'S EASTER TRIBUTE TO IMMORTALITY."

## THE NATIONAL FIRST AID ASSOCIATION OF AMERICA HOLDS ITS SEVENTEENTH ANNUAL MEETING

In the Crystal Parlors of the Parker House, Boston, Mass., on the evening of May 6, 1922, the seventeenth annual meeting of The National First Aid Association of America took place. Active members present in person and by proxy were Roscoe Green Wells, Mrs. Mary Kensel Wells, Mrs. A. L. Wells, Mrs. Elizabeth Robbins Berry, Mrs. J. W. Griffith, Mr. Frederick V. Wood, and Mrs. M. T. Harmon of Massachusetts; Mr. and Mrs. James C. Savage, of New Jersey, Dr. William J. Stapleton, Jr., and Mrs. E. B. Smith, of Michigan; Mr. I. Newton Williams of New York, and Lieutenant Commander George H. Reed, D. C. U. S. N. Fraternal members and guests were also present.

The guest of the association for the evening was Colonel Charles Sumner Young of California and Washington.

Mr. Roscoe Green Wells, the Acting President, opened the meeting with a few words of welcome.

The report of the Secretary, Mrs. Mary Kensel Wells, touched first upon the death of Mr. Albert L. Wells. In closing her tribute, Mrs. Wells said, "We feel privileged to use words to his memory which were formerly spoken by his friend Clara Barton concerning the Passing On of a very distinguished gentlemen who was, like Mr. Wells, an incorporator of the First Aid. Clara Barton said, 'Whoever has known him in this life has come as near to knowing the type of those whom we have been taught to believe were fitted for the realms of the next as he can reasonably expect to go.'"

Letters of greetings and congratulations were embodied in the report from active members who were not able to attend the meeting. Among these were letters from Mrs. E. B. Smith and Dr. W. J. Stapleton, Jr., of Michigan, and Lieutenant Commander

(Continued on Page Two)



# FIRST AID

## EDITORS

R. G. WELLS

M. K. WELLS

## ASSOCIATE EDITORS

A committee of progressive graduates organized for the further development of The National First Aid Association of America.

P. H. MASSIE 1915 E. W. GOOGINS 1916

G. A. COWLARD 1915 E. LOEPSINGER 1916

J. W. GRIFFITH—1915

**FIRST AID** will be issued semi-annually to any one who will become a **FRATERNAL** (or supporting) **MEMBER OF THE NATIONAL FIRST AID ASSOCIATION OF AMERICA** paying the **FRATERNAL MEMBERSHIP DUES OF ONE DOLLAR (\$1.00)** a year.

Address all correspondence to **FIRST AID, THE NATIONAL FIRST AID ASSOCIATION OF AMERICA, ARLINGTON, MASS.**

## THE CLARA BARTON MEMORIAL TREE PLANTING COMMITTEE

One of the most interesting committees recently appointed by the Acting President of The National First Aid Association of America is the above named committee, and it is planned to be most helpful to the organization in its purpose of memorializing the name of the late Clara Barton, its Founder and President in Memoriam.

The Chairman of the Committee is the Honorable Charles Summer Young of Washington and California. Colonel Young was a personal friend of the late Clara Barton and one who is eminently fitted to advance the ideas and plans of the First Aid Tree Planting Committee.

Associated with Colonel Young as a member of the Committee is Mrs. Elizabeth Robbins Berry of Massachusetts who has been a member of the association since 1910. From a Fraternal member of excellent standing Mrs. Berry was voted into the Active Membership at the annual meeting of June 1915. She, also, was a loyal friend of Clara Barton, and is an enthusiastic promotor of the work of the association. Mrs. Berry is connected with many patriotic societies.

The Committee plans to establish at Headquarters a "Roll of Honor" for trees in which shall be recorded the location and date of planting of each Clara Barton First Aid Tree which shall be set out under its auspices.

"Every country has its trees, historic, sacred through association with an individual or with some great national event."

C. S. YOUNG.

Let us help the committee to establish Clara Barton First Aid Trees in the name of The National First Aid Association of America, Clara Barton's last work. The committee will be glad to hear from each one so interested and give details. Address Headquarters at Arlington, Mass.

## SEVENTEENTH ANNUAL MEETING

(Continued from Page One)

George H. Reed, U. S. N.

Regretful mention was made of the resignation from active membership of Mr. Charles R. Swickard, of Ohio.

Enthusiastic and appreciative thanks were extended to Mrs. J. W. Griffith and her staff of workers in behalf of their successful efforts with the dance held April last for the benefit of the National First Aid Budget.

Thanks were also extended to Mrs. E. B. Smith whose generous interest supplied needed literature for distribution.

The report of the Class Work Department made special mention of the excellent work of Colonel Charles Miles and Colonel Alfred A. Chandler of The Salvation Army. The report said, "The reputation of Colonel Miles as a National First Aid lecturer is unexcelled. He holds the record of organizing and operating the largest classes ever sent in by a single class organizer for registration. . . . his huge classes sit for our National examination, and it is the custom for the entire class to gain diplomas." Of Colonel Chandler the report said, "He has only this season undertaken to lecture to National First Aid classes having first taken the course to become a National First Aid graduate. His large class proved his ability, however, as over one hundred graduated and were issued National First Aid diplomas."

The staff of lecturers and examiners was most cordially thanked for its active co-operation during the past season.

The total number of registered students for the year was 551, classes having been held in the School and College Work Division, the Salvation Army Division, the Y. M. C. A. Division, and the Independent Class Division.

A total of 710 diplomas was issued throughout Connecticut, Pennsylvania, Rhode Island, Michigan, Tennessee, Indiana, New York, and Illinois. The report said, "It is by means of our diploma that our perpetual tribute to Clara Barton is carried into the various towns, cities, and states of our country. Each diploma issued bears the statement—CLARA BARTON—Founder and President—Those who are yet in ignorance of this world renowned philanthropist will inquire—those who remember her worthiness will be glad to see her name still moving on at the head of a philanthropy. Is it not a satisfaction to feel that we, as an organization, are responsible for this?"

The suggestion of the appointment of a Fraternal Membership Committee was offered, the Committee to be chosen from the Active Membership. The report stated, "There is a wide field open for the cultivation of Fraternal Members. It is suggested that a committee for outside work be appointed which shall be given the privilege of interesting and soliciting Fraternal Members, such a committee to be appointed to serve for one year, and to be given all needed assistance by the Headquarters Staff.

FIRST AID reported the publishing of two issues during the year, the same being duly distributed to Active and Fraternal Members, the staff of lecturers

(Continued from Page Two)

and examiners and the staff of class organizers, together with various medical and public libraries, etc., etc., throughout the country.

The Supply Department reported various activities among graduates, lecturers, and many publishing houses.

The Secretary's report closed with a plea for closer co-operation as follows, "Let each one of us add his or her individual effort during the coming year to help bring about results of which we all shall be proud. . . . Ours is the only national organization founded by Clara Barton which continues to bear her name as a memorial to her. . . . Within a few years will come the 20th anniversary of our incorporation. Shall we not have an aim in view of enlarging our work that we may prove to our fellowmen that we have made a worthy memorial to the worthy name of Clara Barton? Let us all serve readily, faithfully, and efficaciously like our founder, America's greatest philanthropist and a true friend to all Mankind."

In the report of the Board of Directors regretful mention was made of the death of Albert L. Wells, a member. "The Directorate will greatly miss his wise counsel and loyal services."

Mrs. J. W. Griffith, through J. W. Griffith, Jr., reported on the benefit dance, and was given a standing vote of thanks by the meeting for her work. Through the interest of J. W. Griffith, Jr., the question of dance tickets being taxed in the usual way by the Internal Revenue Department was placed before the proper authorities. Mr. Griffith was notified that on account of The National First Aid Association of America being an educational institution that benefit dances held by the organization would be exempt from taxation.

Mr. James C. Savage gave the report of the New Jersey State Branch.

Mr. Roscoe G. Wells, the National Treasurer, reported receipts amounting to \$1965.69 and expenditures of \$1757.03. Treasurer Wells made a strong plea for the Budget saying that this Five Hundred Dollars each year would be most helpful to the association in aiding to advance the different departments of work which the association is supporting.

Colonel Charles Sumner Young of California and Mr. Elliot M. Parks of Massachusetts were elected to the active membership.

After a general discussion upon the subject the Acting President appointed the following Fraternal Membership Committee:—

James C. Savage, New Jersey and New York; Mrs. E. B. Smith, Michigan; Lieut. Commander G. H. Reed, Army and Navy; Colonel C. S. Young, At Large; Mrs. M. F. Harmon, Local Work; Mrs. J. W. Griffith, Local Work; Mrs. E. R. Berry, Woman's Relief Corps; Mr. F. V. Wood, Local Work..

Mrs. A. L. Wells and Lieutenant Commander George H. Reed were elected to the Board of Directors.

Colonel Charles Sumner Young, as guest of the evening, opened his remarks with compliments for the association and its work. Of Clara Barton he said, "The career of an individual is much—the closing is more. A pathetic closing is to the good of the world.

We will always cherish our three martyred presidents. The influence of Lincoln was more than if he had lived his span of life. If you will consider it is the human being who has suffered the most who shines the greatest. . . . There is a movement on foot to plant Memorial Trees from here to California. . . . Why do we not have First Aid trees planted? Trees have to do with everything in life. The Ancients worshipped something that did good—like the sun. They worshipped trees. It occurred to me that many trees could be planted—Clara Barton First Aid trees. In this way we could plant to her memory something living. . . . There is something inspiring about a tree."

Mrs. Marietta B. Wilkins, Chairman of the Clara Barton Universalist Memorial Committee of the Universalist Church was present and spoke of what the Universalist Church was doing in memory of Clara Barton. They have bought the old homestead at North Oxford, Mass., and are restoring it to its former appearance. The plan is to carry on some form of humanitarian work therein.

Mrs. Elizabeth Robbins Berry, an active member, spoke interestingly upon various matters concerning Clara Barton. Of the late Mr. Wells, Mrs. Berry said, "We miss the touch of the vanished hand which always used to greet us so cordially upon these annual meeting occasions."

Mr. James C. Savage, President of the New Jersey State Branch spoke upon the value of the course of instruction to the National First Aid student, and the efficiency of the National First Aid graduate, relating some of his personal experiences in First Aid when it was his privilege to save life. In closing Mr. Savage said, "We should all lend our moral support and as much of our financial support as possible. This I think we all ought to do."

## INTERESTING FACTS ABOUT THE NATIONAL FIRST AID GRADUATE

### DID YOU KNOW THAT THE NATIONAL FIRST AID GRADUATE—

Had to attain a percentage of 80 at least upon a rigid examination of 40 questions and examples on the subject of First Aid to the Injured in order to receive his National First Aid diploma?

—Numbers among his fellow-graduates, physicians, trained nurses, college men and women, railroad employees, boy scouts, employees of manufacturing plants, policemen, firemen, Salvation Army officers and students, school teachers and ministers?

—Is to be found in almost every state of the Union, as well as Alaska, Panama, Honolulu, Canada, England, China and India?

—Is often given a position of trust,—in charge of the First Aid room of an industrial plant of importance and action?

—Is swelling the membership of the Association's Staff of Class Organizers?

—Has attained a place for himself upon the Staff of Lecturers and Examiners of the Association?

—Has, in the past seventeen years, so worthily upheld the standard of the organization that not one instance has ever occurred to mar its clean record of National First Aid efficiency among its graduates?

## A NATIONAL FIRST AID DEMONSTRATION WITH ACTION

Class No. 519, N. F. A. A. of the Chicago Salvation Army, show their excellent training on the occasion of a public presentation of National First Aid diplomas. A letter from Colonel A. A. Chandler, who represents the association in Salvation Army circles in Chicago gives to us the interesting details as follows:—

"On Monday, May 15th, the students of our class (No. 519) were presented publicly with their diplomas. The event took place in the largest Salvation Army Citadel in Chicago before a large audience.

"Prior to the presentation of the diplomas a program of music and song was rendered by the students. While this part of the program was appreciated it was conceded that the three numbers that we put on illustrating First Aid in Action certainly came first.

"One number saw three Salvation Lasses in their little room preparing for their meetings. A fearful crash outside took them speedily to their window—a supposed auto smash—this caused the wounded to be carried in. The first patient was a lady who had fainted. She was attended to and a bad cut on her forehead subsequently treated. While this was happening a Grandma was brought in and it was found that she had a broken arm. This was a case of First Aid. One or two busybodies came on the scene suggesting all sorts of things that were entirely opposite. A young girl of the party meddled with the medicine cupboard and accidentally swallowed Carbollic. The scene was tremendous. By this time a lady doctor arrived with a District Nurse. Everything was examined and found to be O. K.

"Then followed an explanation that the Salvation Army had a class and that it had been most successful, and commendation of Army work generally.

"Another scene was by a supposed lake. A young man fell in, was rescued by two chums, and the water gotten out of him in the usual way. When he was placed on a barrel the hot water bottle filled with cold water and hidden in his blouse, emitted the water from what looked like his mouth. This was amusing but the point was well taken. Artificial respiration followed with good results, blankets applied to the shivering limbs, and hot coffee given.

"The third scene was by the men students also. A telegram was brought to me on the platform while the meeting was in progress. On leaving the platform the messenger stumbled and fell breaking his leg. I called upon a member of the class to render First Aid. Umbrellas were requisitioned and overcoats and poles provided the litter.

"Naturally I was proud of my class and I assure you that we spoke highly of the Association."

We quote from the War Cry of June 3rd:—

"The course of study in First Aid used at the college is that prescribed by the National First Aid Society of America, in which Colonel Chandler holds the position of Lecturer and Examiner. It is an extensive course and fully equips the embryo officer for such work as lies ahead of him in the usual course of his duty in the field. The course extends over several months and is part of the regular training given every

Army officer. . . . Colonel and Mrs. Chandler, as well as the Training College Staff, received high praise for their work in arranging the affair which was a success from every standpoint."

## A PLEA FOR INDIVIDUAL SERVICE MEMBER AND FRIEND—WHICH ARE YOU?

Are you a REAL ACTIVE MEMBER, or just a passive one?

Are you a REAL "BROTHER" MEMBER (Fraternal), or just an "in law."

What will be your individual LINE OF SERVICE during the year?

Will you obtain Fraternal Members?

Will you suggest the class work to your associates?

Or, will you obtain a donation for the National First Aid Budget?

Here are three suggestions.

"In Union there is Strength." Let us unite in action and help the First Aid to grow strong serviceably and vigorous financially.

What will be YOUR line of service during the year?

Send your answer in to the Secretary at Arlington, Mass. She will be glad to be of service to you in this matter with application blanks and literature.

## THE SUPPLY DEPARTMENT

The Supply Department is offering a useful little article which has just been placed upon the market. They call it a "Tom Thumb" Emergency Case which gives "Jumbo" results. The contents are especially excellent for burns, of all degrees, and will care efficaciously for cuts, lacerations, bites of insects and even sunburn. It would be useful to the National First Aider in the home, the office, while traveling, and in many and various places where the services of a "Little Brother to First Aid Knowledge" is required. The cost of the case is \$1.35. Send for one today. Address The Supply Dept. The National First Aid Association of America, Arlington, Mass.

## BOOK NOTICE

We are glad to inform our readers of the publication of a new book in which we all will have much interest. The title is "Clara Barton"—A Centenary Tribute to the World's Greatest Humanitarian. The book has been written by Charles Sumner Young, A. M., Ph. D. who was personally authorized by the late Clara Barton to write her biography.

The book consists of 446 pages, is well illustrated, and is arranged by topics with classified quotations respectively appertaining to the text, for use in public schools and colleges. Quotations by Clara Barton, eminent authors and others, tributes and pictures of her admirers, and Clara Barton's life history, including three Clara Barton Memorial Addresses.

The book sells for \$7.50 per copy. Those desiring copies are respectfully requested to purchase the same through The National First Aid Association of America as special arrangements have been made whereby this will benefit the organization.

Order your copy from us and in this way demonstrate your "INDIVIDUAL LINE OF SERVICE."—Send check to R. G. Wells, Treas., The Nat'l First Aid Ass'n of America, 637 Mass. Ave., Arlington, Mass.



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Memorial Tree-Planting Issue



JUL 3 1923  
LIBRARY  
FIRST AID



Official Organ of The National First Aid Association of America

Vol. 9

January 1, 1923

No. 1

### GREETINGS

When friend meets friend at this time of the year it is the custom to smile brightly, and hail one another gladly with the old time words, "A Happy New Year to You." The words alone may mean nothing,—it is the brightness of the smile and the gladness in the voice which fans the flame of goodfellowship that instantly glows between the two friends.

FIRST AID wishes to follow this custom with each one of its readers, because each one of you is a friend.

Our smile of greeting has an added brightness this year as we have drawn into our editorial circle other friends to interest you: while the hail of goodfellowship is given in a deeper voice of enthusiasm as we think of the support in interest, courage and co-operation which you as members and friends have given to us during the past year, and which we trust you will continue to give us for many years to come.

Let us work together on a new purpose this year. Let us plan to make members of all of our friends,—we have already made friends of all of our members.

A HAPPY NEW YEAR TO YOU.

### PLANT A CLARA BARTON MEMORIAL TREE

A memorial tree is Nature's best equipped teacher in biography. It is an object lesson teacher. Beautiful in form, a divinity within, the tree is a living and constant reminder of the character its name assumes. To her shades as students come historians, poets and artists who herald her virtues through every avenue known to man. Why then not plant a tree? Why not plant a tree that points a moral?

"A tree that looks at God all day  
and lifts her leafy arms to pray."

Christened the name of this great woman of history, the Clara Barton Tree teaches self sacrifice, patriotism, humanity. Why should not the youth of the present generation, and of future generations, have the full benefit of these lessons taught, through tree-

biography, by the wonderful life of Clara Barton? In addition to carrying on the work to which she devoted the last years of her noble life, the FIRST AID feels that in advancing the plan of planting Clara Barton Memorial Trees it is acting in accord with its ever present custom of paying honor and tribute to its Founder and President, the world's greatest humanitarian, Clara Barton.

### THE FIRST AID TREE CAMPAIGN IS ON

Thousands of personal letters and circulars are being mailed to national, state, city and school officials, urging the planting of Clara Barton Memorial Trees. Every American city, town and hamlet should vie with each other in planting a tree to an American woman whose very name is a silent but eloquent reminder of what was said by a great Massachusetts statesman, "Known not only throughout our land, but throughout the whole civilized world, countless millions and uncounted generations will profit by the humanity of which Clara Barton has been largely the embodiment."

So many have been the favorable responses to letters, so many the pledges to plant trees, that the Directors of The National First Aid Association of America have considered favorably a resolution to have a

### CLARA BARTON DAY

for tree planting, and it has been decided that the day most appropriate for such memorial services would be the day of her passing—the twelfth day of April.

The following resolutions were favorably passed upon:—

WHEREAS, Clara Barton was the Founder of The American National Red Cross, which received its charter from the American Congress; and of The National First Aid Association of America, which received its charter from the District of Columbia,—two humanitarian organizations of nation-wide recognition in services to humanity, and

WHEREAS the name Clara Barton throughout the world carries the sentiment Humanity, and an his-

(Continued on Page 2)

## OBTAIN A BEAUTIFUL CERTIFICATE OF REGISTRATION ISSUED BY THE NATIONAL FIRST AID ASSOCIATION OF AMERICA FOR PLANTING A CLARA BARTON MEMORIAL TREE

### APPLICATION BLANK

For Registration on the ROLL OF HONOR of CLARA BARTON MEMORIAL TREES.

Every person, fraternal order or any other organization that plants a Clara Barton Memorial Tree within the years 1923 and 1924 will be presented with a beautiful Certificate of Tree Registration by The National First Aid Association of America, together with the literature of the association for one year.

In addition to this Certificate the tree will be registered by the Committee on the Roll of Honor with the American Tree Association at Washington, D. C.

Name of Applicant

Street

City

State

Planted by

Planted under the  
auspices of

Kind of tree planted

Age of tree planted

Where obtained

Where planted

Date of planting

Day

Month

Year

If possible duplicate pictures  
of tree

If ceremonies at tree planting  
give an account

To be signed by two witnesses

Witness

Witness

Street

Street

City

City

State

State

Other blanks may be had upon applying to the Clara Barton Tree-Planting Committee, National First Aid Association of America, 637 Massachusetts Avenue, Arlington, Mass.

When executed forward the application to the Committee for registration of the tree.

## A GLIMPSE INTO THE MAIL BAG OF THE CLARA BARTON MEMORIAL TREE COMMITTEE

President Harry A. Garfield of Williams College says, "I shall endeavor to have a tree planted in memory of Clara Barton."

Colonel Charles Miles of Territorial Training College, N. Y. City says, "I will gladly obtain and plant a Clara Barton Memorial Tree, an oak, on our campus somewhere in front of our beautiful building."

Henry E. Huntington of Pasadena, California, who owns the greatest private library and gallery of the rarest art in the world is to have a Clara Barton Memorial Tree on his grounds. He says, "I most heart-

ily approve of the tree-planting in the manner you mention."

Under date of January 20th, 1923, a letter was received which read, "The Board of Park Commissioners is pleased to grant your request to have a tree planted in Golden Gate Park as a living monument to the memory of Clara Barton."

Governor Channing H. Cox of Massachusetts having made the recommendation, in early spring a Clara Barton Tree will be planted in honor of a native daughter on State Grounds.

Mr. C. M. Wooster, formerly proprietor of the San Commander Evangeline Booth has sent a communication to each of the Territorial Leaders of The Salvation Army "that all co-operative action possible should be extended to The National First Aid Association of America towards the fulfilment of this wise purpose to plant Clara Barton Memorial Trees."

## THE NATIONAL FIRST AID BUDGET OF 1923

A few weeks ago a letter was sent out by Acting President Wells to the membership soliciting interest in The National First Aid Budget of 1923 and explaining the importance of it to the needs of the association at this time.

The association takes special pleasure in publicly thanking these early subscribers to the Budget whose prompt and practical co-operation is deeply appreciated. Thus do all help to keep in motion the busy wheels of National First Aid progress.

Savage, Mr. and Mrs. J. C.....	\$15.00
Williams, I. N.....	5.00
Stapleton, Jr., Dr. W. J.....	5.00
Berry, Mrs. E. R.....	2.00
Van Noyen, Mrs. A. J.....	1.00
Wellington, Mrs. A. C.....	5.00
Smith, Mrs. E. B.....	5.00
Beuck, Frank L.....	1.00
Prang, Mrs. Louis .....	5.00

## CONTRIBUTIONS NOT FOR SALARIES

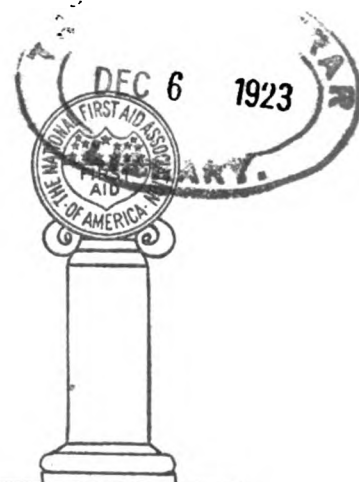
As toiled Clara Barton through the years of her public service without compensation, so practically do all First Aid workers. Moneys received from membership fees, donations, or from whatever other source are expended in First Aid work.

It will be interesting to note that the total expended for salaries during the past two years was as follows:—

In 1921.....	\$113.00
In 1922.....	153.67

Total for 2 years                      \$ 266.67

Send in money for memberships. Send checks as donations to the National First Aid Budget, and be assured that the money will be expended in service to humanity with probably less overhead expense than that of any other humanitarian institution in the United States.



# FIRST AID

Official Organ of The National First Aid Association of America

Vol. 9

July 1, 1923

No. 2

The unavoidable delay in publishing the July issue of FIRST AID has permitted us to give the recently received message of Mrs. Harding to our members.

On August 2, 1923, the American people lost a true friend through the death of Warren G. Harding, 28th President of the United States. A telegram of sympathy was sent to Mrs. Harding by Acting President Roscoe G. Wells, as follows:—

Sincerest sympathy from The National First Aid Association of America.

On September 10th the following card was received by Acting President Wells at National First Aid Headquarters, Arlington, Mass.:—

Mrs Harding deeply appreciates your message of sympathy and begs that you will express her sincere gratitude to those associated with you.

## THE NATIONAL FIRST AID ASSOCIATION OF AMERICA HOLDS ITS EIGHTEENTH ANNUAL MEETING

The eighteenth annual meeting of The National First Aid Association of America was held at the Parker House, Boston, Mass., on the evening of May 5, 1923. The Acting President, Mr. R. G. Wells opened the meeting with greetings and an address of welcome. Active members present in person and by proxy were as follows:—Lieutenant General Nelson A. Miles, Lieutenant Commander George H. Reed, D. C., U. S. N., of Washington, D. C.; Colonel Charles Sumner Young of California; Dr. W. J. Stapleton, Jr. and Mrs. E. B. Smith of Michigan; Mr. I. Newton Williams of New York; Mr. Roscoe G. Wells, Mrs. Mary Kensel Wells, Mrs. Elizabeth R. Berry, Mrs. A. L. Wells, Mrs. J. W. Griffith and Mr. Frederick V. Wood of Massachusetts; Mr. and Mrs. James C. Savage of New Jersey.

Mrs. Mary Kensel Wells, the Secretary, opened her report with expressions of appreciation for the loyal cooperation of the membership. She said: "For the support and warm friendship of the old friends we are deeply grateful. It is our plan and desire to make the new friends into old friends as rapidly as possible." The activity of The Clara Barton Memorial Tree Planting Committee was touched upon, a report of the same being given in another column. Mrs. Wells said: "Much credit is due the Chairman of this Committee, Mr. C. S.

(Continued on Page 2)

## REPORT OF THE CLARA BARTON TREE-PLANTING COMMITTEE OF THE NATIONAL FIRST AID ASSOCIATION OF AMERICA

Read at the 18th annual meeting of the association by Charles Sumner Young, Chairman of the Committee, May 5, 1923

In harmony with the unanimous sentiment expressed at your annual meeting last year, a Clara Barton Memorial Tree Planting Committee was appointed. The following were named as the committee: Charles Sumner Young, Mrs. Elizabeth Robbins Berry and Roscoe Green Wells (ex-officio). Written notice of appointment was given June 7, 1922.

Since receiving the appointment your committee has been actively engaged in publicity work, and in otherwise promoting this humanitarian movement. Co-operating with this committee have been the Salvation Army, the National Woman's Relief Corps with its various branches, the American Tree Association and unofficially other organizations and many individuals worthy of mention in this report, time being the deterrent.

About eleven thousand circulars have been mailed, hundreds of letters written and mailed, as well as hundreds of pieces of American Tree Association literature, all of these having as the ultimate object the planting of Clara Barton Memorial Trees.

As indicative of the spirit of the movement, a few citations may be of interest regarding what has been accomplished: On Capitol grounds, each, a Clara Barton Memorial Tree has been planted at Sacramento, at Des Moines, at Helena, at Lansing with a recommendation by the Legislature in a resolution that such trees be planted at the County Seat of every county in Michigan; permission given by the respective Governors of States, or other assurance made to your committee, that a memorial tree may be planted on the Capitol grounds at Cheyenne, at Montpelier, at Montgomery, at Jackson, at Frankfort, at Carson City. Such memorial tree has been planted also on Boston Common, Worcester Common and likewise in the public parks of many other cities and towns, a record of these to date as reported being in the office of the association.

The most gratifying feature of the campaign is the unanimity with which the movement has been approved by the people, thus far not one dissenting voice having been heard from any part of the United States. Your committee, therefore, recommends that annually hereafter April 12th shall be set apart by your Association for the planting of Clara Barton Memorial Trees and the

(Continued on Page 3)



# FIRST AID

## EDITORS

R. G. WELLS

M. K. WELLS

## CONTRIBUTING EDITORS

HON. CHAS. SUMNER YOUNG

California

DR. GEO. H. REED, D.C., U. S. N.

Washington, D. C.

COL. CHARLES MILES

New York

JAMES C. SAVAGE, New Jersey State Branch, N. F. A. A.

J. W. GRIFFITH, JR.

Representing *The Fraternity*

FIRST AID will be issued semi-annually to any one who will become a FRATERNAL (or supporting) MEMBER of THE NATIONAL FIRST AID ASSOCIATION of AMERICA, paying the FRATERNAL MEMBERSHIP DUES OF ONE DOLLAR (1.00) a year.

Address all correspondence to *First Aid*, THE NATIONAL FIRST AID ASSOCIATION OF AMERICA, ARLINGTON, MASS.

## NATIONAL FIRST AID GERMS FOR YOUR ANALYSIS

The secret of National First Aid success is courteous, efficient and untiring service.

\* \* \*

An executive staff which has upheld the service flag for 18 years deserves the support of its admirers.

\* \* \*

Day by day in every way National First Aid is growing stronger and stronger.

\* \* \*

The advancement of an organization depends largely upon the "tug" and "pull" of its membership.

\* \* \*

A membership whose characteristics combine loyalty with reliability, and opportunity with achievement is the foundation upon which a National First Aid structure of importance and permanence is being built.

## EIGHTEENTH ANNUAL MEETING

(Continued from Page 1)

Young, who has given his time and financial support to the work of the committee and in every way has devoted his efforts to bring about successful results. Credit is also due Mrs. E. R. Berry, another member of the committee, who has loyally supported Mr. Young in his efforts to establish memorial trees for Clara Barton in every state of the Union. We take pride in the fact that it is through our organization, that this work is being done. The beautiful certificate of tree registration issued by our association is well worth the energy and effort expended by the tree planter."

Mrs. Wells reported the activities of four divisions of The Class Work Department, School and College Work, Salvation Army, Y. M. C. A., and Independent Class. The total class membership was 406 students. Expressions of appreciative thanks for the co-operation of all lecturers and examiners were given. The report went on to state: "The association is also grateful to those

graduates who are 'carrying on' in all parts of the country. All are doing excellent work. We may liken ourselves to the building of a vast city. Whomsoever we supply with knowledge and material will go straightway out and use them for his individual building. In this way is the great city of 'National First Aid Usefulness' being built. It is good to know that its territory may cover the entire United States."

A total of 369 diplomas was issued throughout Michigan, Rhode Island, Penn., Illinois and New York. The thoroughness of the national examination and the high average required proves the quality of First Aid service which these graduates will be able to render in the future.

Fraternal Members continue to co-operate with the work of the association from Florida, Illinois, Massachusetts, New Jersey, New York, California, Michigan, Colorado, Ohio, Minnesota, Wisconsin, Georgia, Missouri, Indiana, Virginia, Rhode Island, Washington, D. C. and Alaska.

The January, 1923, issue of FIRST AID was the largest that has yet been circulated, the Clara Barton Memorial Tree Planting Committee making use of this little sheet for the distribution of its interesting news and data. This method of placing the work before the membership is most satisfactory, but it requires a financial support that must be drawn from the Class Work Department which can ill afford it. Should any of our members be interested in this department of our work a check made out to the Treasurer to be placed towards the publication of FIRST AID would be a helpful bit of service.

The Supply Department continues its activities among publishing houses, graduates and members. One of its recent efforts was the preparation of a comprehensive Chart on Bleeding which it prepared for an insurance company for distribution in many mill hospitals and factory First Aid stations.

The report of the New Jersey State Branch was given by Mr. J. C. Savage.

The Secretary's report closed with a spirited request for individual service among the membership, suggesting that each member in his own locality put forth some individual effort towards advancing the work of the organization.

The Treasurer reported receipts amounting to \$1471.25 and expenditures of \$1419.20.

The need for additional support is growing and Treasurer Wells spoke convincingly of what could be accomplished with the lightening of the financial burden through the annual Budget. "Textbooks and bandages cost money," said Treasurer Wells, "and the price of printing has not gone down yet. In order to hold to a modest tuition fee that will be acceptable to all of our students, we have advanced the plan of the annual budget. The work of the association is not a plan to make money, but we must plan money in order to make the work of the association."

The report of The Clara Barton Tree Planting Committee was given by Mr. Charles Sumner Young, the Chairman. This report will be of especial interest to the membership.

In the report of the Board of Directors, thanks were extended to Mr. Charles Sumner Young, Mr. Frederick V. Wood, and Mrs. Elizabeth Robbins Berry, whose activities in behalf of the association were especially valuable during the past year.

Mr. Roscoe G. Wells was re-elected to the Board of Directors for a period of seven years.

Mrs. Charlotte Grant Shaw of Boston, Massachusetts, was elected an active member of the association.

## REPORT OF THE CLARA BARTON TREE-PLANTING COMMITTEE

(Continued from Page 1)

study of the life and public services of the great humanitarian; that the said day shall be known as Clara Barton Day; in significance, Humanity Day.

\* \* \* \* \*

In all history no day with similar significant ceremony as is that of CLARA BARTON DAY has been set apart where all peoples, regardless of creed, of politics, of locality and of nationality, may bring their offerings to a common shrine.

About one-half of the original forests of this country have been destroyed; the destruction now going on at the rate of four times the growth. Without tree-planting the human race would be doomed. Through the unusual publicity given to it, memorial tree-planting stimulates as nothing else does general tree-planting for utility, hence memorial tree-planting becomes popular among all classes of people. In this movement then is the humanity of Clara Barton and the humanity of future forests, which are necessary to the continued existence of the human race—two irresistible stimuli to those who would live and would have successive generations live.

Beautiful is Memorial Day, but greater than Memorial Day of withering flowers is the Clara Barton Day of living trees. The spirit of the highest type of Womanhood and the spirit of the highest type of Nature are interclasped in the Clara Barton Memorial Tree. Make Clara Barton Day permanent, and cherish the spirit of the memorial tree in your heart of hearts.

Respectfully submitted,

CHARLES SUMNER YOUNG.

CLARA BARTON MEMORIAL TREE-PLANTING  
COMMITTEE  
NATIONAL FIRST AID ASS'N OF AMERICA

- No. 8 PIN OAK—Planted by Dept. of New York, W. R. C., April 12, 1923 in Mt. Norris Park, New York City.
- No. 9 ELM, from Clara Barton's birthplace—Planted by Mayor Peter F. Sullivan for City of Worcester, Mass., Worcester Common.
- No. 10 AMERICAN ELM—Planted by the Dept. of Idaho, W. R. C., April 6, 1923, on State House Grounds, Boise, Idaho.
- No. 11 NORWAY MAPLE—Planted by Dept. of Ohio, W. R. C., April 13, 1923 on City Park, opposite City Hall, Lancaster, Ohio.
- No. 12 PIN OAK—Planted by Dept. of Kansas, W. R. C., April 21, 1923, on grounds of State Capitol Topeka, Kansas.

(To be continued)

## THE NATIONAL FIRST AID BUDGET FOR 1923

Treasurer Wells begs to acknowledge with sincere thanks the receipt of the following donations to The National First Aid Budget for 1923 in addition to those previously acknowledged in the January issue of FIRST AID.

Martin, Dr. W. H.	\$1.00
Cooper, Grace H.	2.00
Sawyer, Mrs. E. T.	2.00
Robbins, Mrs. D. M.	10.00
Harmon, Mrs. M. F.	1.00
Taylor, Dr. S. H.	1.00
Stapleton, Mrs. W. J., Jr.	5.00

The First Aid is YOUR ORGANIZATION. Help it to GROW. GIVE. Every Dollar means further progress.

## ROLL OF HONOR

### CLARA BARTON MEMORIAL TREES

- No. 1 OAK—Planted by The National First Aid Association of America, April 16, 1922, in front of Clara Barton Home, Glen Echo, Md.
- No. 2 SEQUOIA GIGANTEA—Planted by State of California, Nov. 11, 1922, on Capitol Grounds, Sacramento, California.
- No. 3 WHITE OAK—Planted by New York Salvation Army Training College, Jan. 17, 1923 in northwest corner of College Campus, New York City, N. Y.
- No. 4 WHITE OAK—Planted by W. H. Lewis, April 4, 1923 at Chancellor, Va., one-half mile from Bloody Angle, Battlefield of Chancellorville.
- No. 5 AMERICAN LINDEN—Planted by Mayor James F. Curley, for City of Boston, April 12, 1923 on Oliver Wendell Holmes Mall, Boston Common, Boston, Mass.
- No. 6 AMERICAN ELM—Planted by Dept. of Potomac, W. R. C., Dec. 17, 1922 in Potomac Park, in front of Lincoln Memorial, Washington, D. C.
- No. 7 WHITE ELM—Planted by Mrs. A. J. Van Noyen, April 16, 1923, on grave of Walter Cushing, Oconomowoc, Wisc.

## BECOME A MEMBER

Mr., Mrs., or Miss Graduate, BECOME A FRATERNAL MEMBER.

One Dollar a year is a modest membership.

You become attached to a great national philanthropy. You will reflect that your DOLLAR is helping to educate a brother graduate.

You know the work to be vital, valuable and important to suffering humanity.

Begin your individual work of philanthropy in this way. Begin TODAY.

(Cut this out and forward with One Dollar)

Date

To the Secretary,  
National First Aid Association of America,  
Arlington, Mass.

Dear Madam:—

Being interested in the work of the Association, and appreciating its efforts towards eliminating much human suffering, I desire to co-operate with it in carrying out its aims and purposes by enrolling as a FRATERNAL MEMBER.

Enclosed please find One Dollar (\$1.00). Kindly forward my Fraternal Membership card, together with "FIRST AID" for my year of membership to

Name

Address

### NATIONAL FIRST AID GRADUATES IN ACTION

Colonel Miles sends in the following from Robert J. Biggers:—

"Just a line regarding First Aid. Last fall my wife drove our Ford over the side of an embankment 12 miles from home. We had a small boy with us whose arm was badly broken. Thanks to my First Aid I was able to splint the arm so well that the little fellow rode all the way home in ease and comfort."

From T. P. Egling:—

"Found in Jersey City that a girl of nine had smashed a glass globe, and cut her wrist very badly, the cut being about 2 inches long. Immediately applied a tourniquet and treated the girl for shock." When the doctor arrived he commended Egling on his First Aid work and inquired about it. The girl had recovered from the condition of shock and the blood had ceased to flow.

From Captain Willard Evans:—

"After I left the Training College I felt that if I was to make any practical use of the training that I had there in First Aid, I would have to keep in practice, so I made it my business to go along to all of the fires and do anything, no matter how humble it might be to be of service to the firefighters.

"At the oil fire that you have a newspaper clipping of a couple of the firemen were very nearly overcome by heat and smoke. I got them to sit down and poured water on their wrists and put a cold cloth to the back of their necks. Later they were able to go on with the fight of the fire.

"Another man who was doing his best to prevent his own property from catching fire was nearly overcome with smoke. I caught him, brought him out and treated him for shock."

It is becoming the custom for the National First Aid graduate to organize and operate a National First Aid class.

Obtaining the required permission from Headquarters to do so, he then stirs up interest in the National First Aid course of instruction in his locality, often interesting a dozen or more students to join his class. The modest tuition fee appeals to all.

Registering his class at Headquarters he thus obtains the necessary textbooks and outfits for class members as well as his own schedule to follow. He prepares his class for the national examination with results that prove him to be efficient and thorough.

These Graduate-Instructors have been found to be careful First Aid teachers. They are chosen largely for their ability demonstrated by their own examinations. Upon the successful termination of the first class the Graduate-Instructor is issued a certificate. The registration of this certificate at Headquarters places the graduate in line for the regular Lecturer and Examiner's Commission which is issued by the Medical Department of the Association.

### FORM OF BEQUEST TO THE NATIONAL FIRST AID ASSOCIATION OF AMERICA

I give and bequeath to the Board of Directors of The National First Aid Association of America, for the time being, the sum of \$\_\_\_\_\_ to be applied at the discretion of the Board of Directors of the said Association, towards the philanthropic objects of such an Association in America; and I direct that the said sum shall be paid, free of legacy duty, out of such part of my personal estate as may be legally bequeathed for charitable purposes.

### ADDRESS OF COLONEL RICHARD HOLZ, CHIEF SECRETARY OF THE SALVATION ARMY, WHO PRESENTED GRADUATES OF THE TERRI- TORIAL TRAINING COLLEGE OF THE SAL- VATION ARMY WITH NATIONAL FIRST AID DIPLOMAS.

Tonight we are gathered together for the presentation of First Aid diplomas to the 1922-23 graduating class of Cadets. We are glad to say that they have done as well as the other classes in these later years. First Aid studies are not now as simple as they used to be, and the examination is a very hard one, taking at least 5 hours to write. If you sit down and write on any one subject for 5 hours without a note or a textbook in your fingers you will immediately begin to realize the task that faced these young people in their last First Aid examination.

The society, whose studies these cadets pursue, is The National First Aid Society of America, which was founded by Miss Clara Barton, the mother of the American Red Cross Society. A wonderful woman, who in our Civil War was under fire continuously.

When she resigned the presidency of the Red Cross Society, she, in the last years of her life, formed the great National Society of First Aid, with which we are connected. This woman with a big heart and wonderful mind did from her standpoint what the Salvation Army and kindred organizations did in the late war caring for the wounded.

Tonight, the Salvation Army, through my lips, pays a tribute of praise to her memory. Where everyone sees the Red Cross Flag they must remember Clara Barton; whenever they see a First Aid student bending over the sick or injured in days of calamity and local or national stress, they must remember the mother of The National First Aid Association of America. We are proud to be associated in any way with an organization that she founded, and it is my pleasure tonight to hand to 206 cadets their parchment diplomas. In speaking of the Training College classes the Secretary of the National Society stated in a letter addressed to Colonel Miles, from the National Society First Aid headquarters in Arlington, Mass.:—

"When your wonderful graduation takes place please convey to the class our keen appreciation of their efforts which won for them such excellent percentages upon the examination, and tell them that the association points with pride to its Salvation Army graduates, who carry the vital knowledge of National First Aid far out into the world, emulating the wonderful Clara Barton in their individual efforts to be of worthy service to stricken humanity."



OCT 29 1924

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# FIRST AID



Official Organ of The National First Aid Association of America

Vol. 10

January 1, 1924

No. 1

## CONGRATULATIONS ARE IN ORDER

Members and friends of The National First Aid Association of America will be glad to know that the association now enjoys a temporary National Headquarters at Long-View, the comfortable home of Mr. and Mrs. Roscoe Green Wells, the Acting President of the Association and the National Secretary. The present housing situation of prohibitive rents confronted the Directors and the plan of utilizing an apartment at Long-View for a temporary headquarters was proposed to the Directors by Acting President and Mrs. Wells and accepted.

Long-View is located in one of the most beautiful sections of Arlington, about one-half mile from the business centre. It is charmingly situated at the top of a high hill, and from the windows of the apartment now used as National First Aid Headquarters one commands a wonderful commercial view of the surrounding country. The eyes may travel easily over the intervening market gardens of old Arlington, over many suburban towns and cities, into the great City of Boston, seven miles away, where on bright days the sun makes brilliant the gilt dome of the Massachusetts State House and the Custom House Tower looms up as the highest skyline building.

From this beautiful location National First Aid work, thought and effort will go forth to you all, and we may enjoy renewed enthusiasm in the knowledge that our National Headquarters is now a fact, and its upkeep will not financially cripple the active work of our worthy organization.

## A THOUGHT TO IMMOBILIZE

National First Aiders—In immobilizing this thought use Splints of Action and tie with Bandages of Individual Effort:

"But the chance of success need never be in doubt if the ambition of the organization undertaking such a piece of work is the ambition of every individual therein, and each individual has as a basis for his ambition thoughtful, intelligent and diligent work."—From Haskins & Sells Bulletin.

## MORE THOUGHTS TO IMMOBILIZE

FOR MEMBERS—Plant Clara Barton trees.  
FOR TREE PLANTERS—Become Fraternal members.

## THE TREE PLANTING ARMY

By Charles Lathrop Pack, President American Tree Association

There can be no finer memorial to Clara Barton than the planting of trees. Identified as she was with the work of armies, I firmly believe that Miss Barton would be glad to have been a member of the tree planting army. The tree is the Creator's greatest handiwork and every one planted by members of The National First Aid Association of America is a memorial to that great woman of which she may well be proud.

We are particularly glad to welcome such tree planters to membership in the American Tree Association. We want the honor roll of First Aid planters to be a large one. Every tree planted is sure to call attention to the value of tree planting and thus the movement will grow and grow. This result, I am sure, is just what Clara Barton would like to see accomplished. I feel sure there will be a far reaching effect of the Clara Barton tree planting. These results may be hard to trace but the result will be obtained.

In planting "the tree that looks at God all day," as Kilmer, the poet, phrased his tribute, the planter gets into the soil from which all life comes. A new world is opened to him and it would be a very fine thing for members of the First Aid Association to encourage this work on the part of the coming generation. It would be well to let the younger ones have part in the tree day program whenever a tree is planted.

There is but one rank in the tree-planting army and it is that of a "good citizen" which was given tree-planters by Theodore Roosevelt, in a speech on the importance of this work. A slogan that has gone far and wide is "celebrate the centennial of Arbor Day in 1972 by planting the trees NOW." In other words here is an opportunity to take part in a celebration that many of us will never see. But what finer legacy than a tree? Through the co-operation of such organizations as The National First Aid Association of America is a tree planting army possible.



# FIRST AID

## EDITORS

R. G. WELLS

M. K. WELLS

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HON. CHAS. SUMNER YOUNG

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DR. GEO. H. REED, D.C., U. S. N.

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COL. CHAS. MILES

New York

JAMES C. SAVAGE, New Jersey State Branch, N. F. A. A.

J. W. GRIFFITH Representing *The Fraternity*

FIRST AID will be issued semi-annually to any one who will become a FRATERNAL (or supporting) MEMBER of THE NATIONAL FIRST AID ASSOCIATION of AMERICA, paying the FRATERNAL MEMBERSHIP DUES of ONE DOLLAR (\$1.00) a year.

Address all correspondence to *First Aid*, THE NATIONAL FIRST AID ASSOCIATION OF AMERICA, ARLINGTON, MASS.

## GREETINGS

To all Active and Fraternal Members, Graduates, Lecturers and Examiners, and Class Organizers of The National First Aid Association of America, the Staff at Headquarters sends greetings and best wishes for their individual health, happiness and prosperity during the year of 1924.

## CLASS NO. 534 GRADUATES

We are indebted to the clever Mrs. Chandler, wife of Colonel Alfred A. Chandler of the Chicago Salvation Army Training College, and a valued instructor for The National First Aid Association of America, for the splendid First Aid demonstration which was given by Class No. 534 as a part of their graduation exercises. The following letter from Colonel Chandler will give some of the interesting details:—

"Our annual First Aid demonstration and presentation of diplomas took place in Chicago on Thursday, and after the opening exercises the students were given their First Aid diplomas. They then put on what was considered an exceptionally good program and you will be interested in that particular part in which First Aid was used.

"In the first scene two ladies were enjoying a social cup of tea. The maid who was summoned tripped over a mat causing great consternation. Just at that moment entered two Salvation Army lassies who were out visiting the homes of the people. Their knowledge of First Aid proved valuable when they discovered that the maid had a broken arm. Splints were secured and the arm bandaged, then one of the ladies fainted as a result of the excitement. This provided a further demonstration of their knowledge of First Aid in a case of fainting. The doctor arrived and paid a compliment to the work done.

"Scene two found two Salvation Army lassies in a slum home where poverty reigned supreme. In addition to their usual ministrations a child came in screaming with a bad cut on the forehead,—First Aid came in splendidly in this connection.

"Scene three was tremendous. We had a railroad depot erected with two or three loafers hanging around as usual. A passenger train dashed into a freight and there happened to be on the passenger train several of our Salvation Army students on their way to their appointments. The first patient to be brought in was found to have a fractured skull, and the student appointed to take care of him strictly observed the rules for this kind of an injury. A fireman was brought in who was supposed to have a broken jaw, and the poor fellow's moans and groans were very real. A man was brought in with a fractured thigh and he was very carefully handled. With the assistance of umbrellas and bandages he was made comfortable.

"The whole thing was very real and everyone felt that the work had been done well. The relief train arrived and the doctors and nurses paid a compliment to the work done by the students, and the Association came in for tremendous applause. These annual events are increasing and cannot help but produce good results."

Editor's Note—We wish to bring to the attention of the membership that there are two distinct results of the excellent work of Colonel and Mrs. Chandler. The first is the creation of local interest and additional enthusiasm for National First Aid study. The second and more far reaching is the actual work for suffering humanity which these graduates perform in the carrying out of their Salvation Army duties. The above demonstration proves not only the need of National First Aid knowledge, but how capably this need can be met. The Association may take pride in the co-operation of these two worthy co-workers.

## CLARA BARTON TREE PLANTING NOTES

Every progressive school has certain days, respectively, for the study of great men and great women. Clara Barton Day (April 12) is recommended as a day, not only for planting trees but for the study of Clara Barton and her wonderful life. PLANT A TREE.

The Clara Barton Tree Planting Committee is receiving responses of interest and co-operation daily in regard to its plans. PLANT A TREE.

The Clara Barton Tree Planter (one who plants a tree in honor of Clara Barton) will be given a handsome Certificate of Registration by The National First Aid Association of America, upon receipt of his or her application as specified by the Tree Planting Committee of this Association. This certificate registers the holder upon the ROLL OF HONOR now established at National First Aid Headquarters for planters of Clara Barton Trees. PLANT A TREE.

The Committee will register every Clara Barton tree planter with the American Tree Association at Washington, D. C., and with which our Association is co-operating in this work. There are no dues but the registrant will receive the literature issued by this splendid organization which with a national and international area is planting trees everywhere for the future benefit of all countries.

## ROLL OF HONOR

### CLARA BARTON MEMORIAL TREES

(Continued from July, 1923, issue)

- No. 13 **NORWAY POPLAR**—Planted by Joe Hooker, W. R. C., April 26, 1923, in the circle enclosing Administration Building, Colorado State Soldiers' and Sailors' Home, Monte Vista, Colorado.
- No. 14 **OAK**—Planted by George Washington, W. R. C., April 20, 1923, in Red Cross Section of grounds of Fitzsimmons General Hospital, Denver, Colorado.
- No. 15 **ASH**—Planted by Governor Joseph M. Dixon, April 24, 1923, on Capitol Grounds in front of main entrance, Helena, Montana.
- No. 16 **HACKBERRY**—Planted by Department of Nebraska, W. R. C., April 12, 1923, on Court House lawn, Central City, Nebraska.
- No. 17 **ELM**—Planted by Montana Deaconess Hospital Graduating Nurses, April 23, 1923, on lawn in front of Nurses Home, Montana Deaconess Hospital, Great Falls, Montana.
- No. 18 **WHITE ASH**—Planted by Woman's Club of Choteau, Montana, May 8, 1923, on Court House Lawn, Choteau, Mo.
- No. 19 **SUGAR MAPLE**—Planted by Department of West Virginia, W. R. C., May 16, 1923, on Roosevelt School Grounds, Charleston, West Virginia.
- No. 20 **AMERICAN ELM**—Planted by Department of New Jersey, W. R. C., April 12, 1923, in City Hall Park, Plainfield, N. J.
- No. 21 **CUT LEAF MAPLE**—Planted by the school children of the Highland School, Carlisle, Mass., May 30, 1923, on the Common, Carlisle, Mass.
- No. 22 **ELM**—Planted by Commandant Charles Wiseman, The Salvation Army, April 11, 1923, on front lawn at 603 Walnut Avenue, Syracuse, N. Y.
- No. 23 **OAK**—Planted by Marie L. Basham, National President, W. R. C., April 15, 1923, on State Capitol Grounds, Des Moines, Iowa.
- No. 24 **AILANTHUS**—Planted by The Salvation Army Home and Maternity House officers, April 12, 1923, on west side front of grounds of the home, Cleveland, Ohio.

## THE NATIONAL FIRST AID BUDGET OF 1924

Treasurer Wells says, "I want our members and friends to know how much they help us by subscribing to the National First Aid Budget. Every dollar is urgently needed and just as carefully expended."

The following donations have been acknowledged from headquarters:—

William H. Sears .....	\$25.00
Lieut. Gen. Nelson A. Miles .....	10.00
Mrs. D. M. Robbins .....	10.00
Mrs. Austin C. Wellington .....	5.00
Mrs. Louis Prang .....	3.00
Miss Grace H. Cooper .....	2.00
Mrs. E. B. Smith .....	5.00
Mrs. E. E. Grinnell .....	5.00
Mr. Elmer Waters .....	5.00

## FORM OF BEQUEST

### TO THE NATIONAL FIRST AID ASSOCIATION OF AMERICA

I give and bequeath to The National First Aid Association of America the sum of \$..... for the philanthropic objects of such Association.

## TREE PLANTING PROGRAM

As we are receiving correspondence enthusiastic with requests for information concerning the planting of Clara Barton Trees the Clara Barton Tree Planting Committee herewith makes the following suggestions regarding a general program:—

It is well to interest, together with the patriotic societies and clubs, the organizations of young people, giving them a part in the ceremonies. The ceremonies may open with patriotic singing followed by an address appropriate to the occasion, naturally covering the wonderful humanitarian life of Clara Barton, the Founder of the American Red Cross and The National First Aid Association of America. A beautiful poem entitled "Trees" could be recited just before the planting of the tree, after which an address given dedicating the tree. If desired individual recitations by children concerning trees could be given at this time, the ceremonies closing with patriotic singing.

It may be that public ceremony of this kind is not desired. Plant your tree just the same sending in the detailed information for the records and having the application signed by two witnesses. Either way will bring to you your Certificate of Tree Registration upon the ROLL OF HONOR.

### THE NEW ARM BRASSARD

**GRADUATES**—A new arm brassard is being prepared for you. For those whose National First Aid work needs a conspicuous insignia of service the new arm brassard will prove most satisfactory. It should be worn on the left upper outer arm sleeve, halfway between the elbow and the shoulder. Send in your order now. Price Fifty Cents (\$0.50). Address THE NATIONAL FIRST AID ASSOCIATION OF AMERICA, Box 142, ARLINGTON, MASS.

### NEW YEAR'S PARTY

The annual New Year's Party was held at Long-View, Arlington, Mass., the home of Acting President and Mrs. Wells, on Saturday evening, February 2, 1924, and a very pleasant evening was enjoyed. Mrs. Elizabeth Robbins Berry gave her splendid talk on Clara Barton. Mrs. Mary Kensel Wells read a chapter from her book in preparation "Clara Barton of the First Aid," which was most interesting as it dealt with the first annual meeting of the Association at which the late Clara Barton presided. Miss O'Connell, daughter of Mrs. J. R. O'Connell, a Fraternal Member, gave several readings both serious and humorous which were very much appreciated. Musical numbers filled out the program to the enjoyment of everyone and the evening closed socially with a collation. All voted the New Year's Party one of the best.

### APPLICATION BLANK FOR REGISTRATION UPON THE ROLL OF HONOR FOR PLANTERS OF CLARA BARTON TREES

Name of Applicant.....  
Street..... City..... State.....  
Planted by .....  
Under the Auspices of .....  
Kind of Tree Planted .....  
Age of Tree Planted .....  
Where Obtained .....  
Where Planted .....  
Date of Planting .....  
If Possible Picture of Tree .....  
If Ceremonies Give Account .....  
To be signed by Two Witnesses.  
Name ..... Name .....  
Address ..... Address .....

Please fill in the above and send to The National First Aid Association of America, Box 142, Arlington, Mass. Upon receipt of the same a Certificate of Registration will be forwarded to the Applicant and your tree registered upon the ROLL OF HONOR. If applicant is a Troop of Boy Scouts, a Woman's Club, W. R. C., or just an individual the certificate will be made out in the name given.

### OUR ACTIVE MEMBERS IN ACTION

Charles Sumner Young of California, is one who practises what he preaches. He preaches "Clara Barton Tree Planting." He practises it through a large correspondence, and in other important and valuable ways helps to advance the work of his Committee.

Mrs. Edgar B. Smith of Michigan, is continually sending in new Fraternal Members whom she personally enthruses in our work.

Mrs. Elizabeth Robbins Berry of Massachusetts, whose personal work with the Clara Barton Tree Planting Committee is well known, is not content to rest upon these laurels, but sends in to Headquarters Fraternal Members from among the tree planters whom she interests. Mrs. Berry also presented a tree in the name of The National First Aid Association which was planted with honor to Clara Barton in the historic old Town of Plymouth, Mass., by the Massachusetts W. R. C.

Illness has restrained somewhat the activities of James C. Savage of New Jersey, but he does not let an opportunity pass to send in new Fraternal Members to Headquarters every little while.

Lieutenant General Nelson A. Miles whose association with National First Aid dates back to its early days with Clara Barton loyally shows action in interesting himself each year in the National First Aid Budget. Other members who take this method of action are Dr. W. J. Stapleton, Jr. of Michigan, Mrs. Minnie F. Harmon of Massachusetts, I. Newton Williams of New York, Mrs. E. B. Smith of Michigan, and Mr. and Mrs. James C. Savage of New Jersey.

Mr. Frederick V. Wood of Massachusetts has given special service of vital importance to the Association for which he received at the recent Annual Meeting the grateful thanks of the Board of Directors.

### A WORD TO CLASS ORGANIZERS

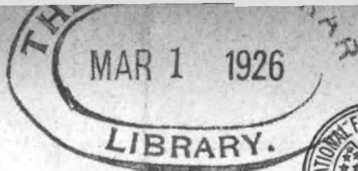
Note the attributive chart given below. It sets forth the characteristics that may be gained by graduates of a National First Aid Class.

Offer the opportunity of gaining these qualities to YOUR CLASS. Make it a NATIONAL FIRST AID Class. Let us hear from you.

T houghtfulness	A bility
H elpfulness	S elf command
E nthusiasm	S trength
	O bservableness
N eighborliness	C onfidence
A lertness	I ndependence
T emperateness	A mbition
I nterest in others	T enderness
O bligingness	I nventiveness
N eatness	O riginality
A gility of mind	N imbleness
L oyalty	
F ortitude	O rderliness
I nitiative	F earlessness
R eliability	
S teadiness	A daptiveness
T enacity	M editativeness
	E xecutive ability
	R esolution
	I ndividuality
	C oncentration
	A ction

Address Box 142,  
Arlington, Massachusetts.

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# FIRST AID



Official Organ of The National First Aid Association of America

Vol. 10

July 1, 1924

No. 2

## THE NATIONAL FIRST AID ASSOCIATION OF AMERICA HOLDS ITS NINETEENTH ANNUAL MEETING

The 19th annual meeting was held at National First Aid Headquarters, 20 Norfolk Road, Arlington, Mass., on the evening of May 10, 1924. Members present in person or by proxy were: R. G. Wells, Dr. F. H. Morse, Mrs. E. R. Berry, Mrs. A. L. Wells, Mrs. J. W. Griffith, F. V. Wood, Mrs. M. T. Harmon, Mrs. C. G. Shaw, and Mrs. M. K. Wells of Massachusetts; Dr. Eugene Underhill of Pa.; General Nelson A. Miles of Washington, D. C.; Mr. and Mrs. J. C. Savage of N. J.; I. Newton Williams of N. Y.; Dr. W. J. Stapleton, Jr., and Mrs. E. R. Smith of Michigan, and Col. C. S. Young of California.

In calling the meeting to order Acting President Wells used a handsome gavel made of the wood from a Jerusalem olive tree. The gavel was a gift to the association from the late Mrs. J. Sewall Reed, its first Acting President.

The report of the Secretary covered the work of the year a total of 372 students having been registered for the national examination. Diplomas numbering 319 were issued in Indiana, Ohio, Michigan, Penn., Illinois, and New York.

Secretary Wells report stated: "As rapidly as an organization of our description can move, we have been moving. It must be remembered that there is no great financial aim nor encouragement for any one of our executives or members. The association is more strictly a philanthropy than perhaps any one actually realizes. We have no great positions to offer with titles and salaries, but the work unostentatiously and carefully goes on under conditions which are perhaps different from any organization of its kind today. The headquarters staff and officers of all committees give their services in the interest of advancing Clara Barton's last work. The work of class organizers alone sometimes receives reimbursement. The local class tuition fee sometimes covers (in addition to expense of class room, heat and light) the services of a class lecturer, but this does not come under the jurisdiction of our association which requires the modest regular rate of Two Dollars per student and in return for this amount supplies the student with his textbook, package of bandages, examination paper, and (if successful with the national examination) his diploma.

(Continued on Page 2)

## REPORT OF THE CLARA BARTON TREE PLANTING COMMITTEE

Under date of March 15th the Committee mailed letters regarding the planting of Clara Barton Memorial Trees to the leading educators, state officials, political societies and clubs, organizations, military, civic, religious, humanitarian and such others as in our judgment might be interested in our memorial tree planting campaign. Since Clara Barton Day, 1924 there has not elapsed sufficient time to obtain data on which to make a complete report of the tree planting throughout the country. Such data as we have however indicate gratifying results of our work. Your committee made effort to get government recognition by having trees planted on government grounds.

We are pleased to report that the Secretary of the Navy responded favorably and on April 12th a tree was planted near the entrance to Lawrence Field, U. S. Naval Academy.

The sentiment in favor of planting Clara Barton trees is growing. The number that could be planted is limited only by our facilities to reach the proper people in the respective cities and towns.

Our association, therefore, has every reason to be proud of its tree planting policy. Memorial tree planting has become national in significance and is a popular humanitarian movement. The planting of Clara Barton Memorial Trees should continue until there is not a city, town or village where there is not this living monument to the memory of the world's greatest humanitarian. The committee fully appreciate the co-operation of the officers and members of the association in our work.

CHARLES SUMNER YOUNG,  
ELIZABETH ROBBINS BERRY.

## A TRIBUTE TO CLARA BARTON TREE PLANTERS

Who plants a CLARA BARTON tree,—  
Which stands for Love and Thought for all,—  
He plants in ground that God will see,  
And the roots will quicken at His call.

For Patriotism, Benevolence,  
Self sacrifice for a Nation's fame,  
And Service in its deepest sense,—  
He plants these Watchwords with her name.

—Mary Kensel Wells.



## FIRST AID

### EDITORS

R. G. WELLS

M. K. WELLS

### CONTRIBUTING EDITORS

HON. CHAS. SUMNER YOUNG

California

DR. GEO. H. REED, D.C., U. S. N.

Canacao, P. I.

COL. CHAS. MILES

New York

JAMES C. SAVAGE, New Jersey State Branch, N. F. A. A.

J. W. GRIFFITH

Representing *The Fraternity*

FIRST AID will be issued semi-annually to any one who will become a FRATERNAL (or supporting) MEMBER of THE NATIONAL FIRST AID ASSOCIATION of AMERICA, paying the FRATERNAL MEMBERSHIP DUES of ONE DOLLAR (\$1.00) a year.

Address all correspondence to *First Aid*, THE NATIONAL FIRST AID ASSOCIATION OF AMERICA, ARLINGTON, MASS.

### SAYINGS OF CLARA BARTON

In Christmas Greetings to her Friends: "Another work reaches out its hands to me and I have taken them. The humane and the far-sighted are pressing to its standard,—the standard of ORGANIZED FIRST AID FOR THE INJURED."

In a letter to Secretary Wells: "May the Lord grant us a million First Aid children and the wherewithal to support them."

To her National First Aid officers: "Never allow my first work and my second work to quarrel."

Another Christmas Greeting: "If ever from the hard worked, tireless staff at Headquarters comes an invitation to its rolls for membership, I pray you accept it, if you will, knowing that in standing with them, you stand with me as well."

From her opening address at an early National First Aid annual meeting: "Think, friends, what it will be, when all the rough, sturdy men of danger, living every hour in the face of accident and death, shall know what to do in the moment for his writhing companion in toil; when the homes—the children in the streets and in the schools—shall all possess the knowledge which this method of human beneficence teaches—this is FIRST AID—this is what it stands for—the lessons which it inculcates and its faithful apostles teach."

### FACTS OF INTEREST ABOUT OUR ASSOCIATION

The Association was organized by the late CLARA BARTON, famous for her humanitarian activities in our own and other countries.

THOUSANDS of NATIONAL FIRST AID DIPLOMAS issued since 1905 testify to the national interest in the association, and the value of its work.

The association offers a national course of instruction,—one textbook, one examination, one diploma,—in kind for all.

The National Secretary is constantly in touch with a staff of Class Organizers who carry on the work in their various localities.

### NINETEENTH ANNUAL MEETING (Continued from Page 1)

It has been and is the ambition of the association to establish a working staff of class organizers in every state of the Union. We have thousands of National First Aid graduates to enthuse, and this effort is advancing step by step, but the plan is too colossal, the territory too vast, and the treasury weighed down by too many other calls as important to expect the plan to advance as rapidly as we all would wish. Year after year the staff of class organizers grows and the ranks are filled with worth while and intelligent instructors who are trained to know the requirements of our association and who devote themselves to its interest.

We regret to report that we are about to lose one class organizer in whom we have grown to place unlimited confidence, one who has been attached to our Staff of Lecturers and Examiners for the past eighteen years, Colonel Charles Miles of New York City. Colonel Miles is retiring from the Salvation Army of which he has been a valued officer for a great many years. He writes us as follows:—

My dear Mrs. Wells:—

We are anxious to know the markings of our last class which I am afraid will be my last class also. Mrs. Miles and myself are retiring at the end of June, after 43 years of continuous, arduous service for the Salvation Army.

I shall never forget my associations with yourself, your good husband, and The National First Aid Association of America. It will be one of my choicest memories. It is now some 36 years ago when I became intensely impressed with the necessity of First Aid training in the world wide Salvation Army. \* \* \* I have conducted personally First Aid classes in Africa, Great Britain, and in many parts of our own great country, and now today there is hardly a corner of our world wide battlefield but what you will find First Aid classes, together with advanced classes in nursing, in full operation. In fact, our International Headquarters insists on its missionaries before entering certain foreign fields, having thorough First Aid instruction. There has grown out of this many doctors and thousands of Salvation Army nurses.

I want to thank you and Mr. Wells for all of your encouragement during these years. Will you thank also for me the Executive Officers, the Advisory Board, and the Staff of Physicians for all they have done, and the kind words they have spoken from time to time.

Wishing you and Mr. Wells long life and greater success than ever in managing the affairs of the association, I am with kind regards,

Sincerely yours,

CHARLES MILES, Colonel.

Mrs. Miles joins me in all of these expressions.

The association will miss the cordial co-operation of Colonel and Mrs. Miles, but their friendship remains ours, and we feel that their voices will always be lifted in our behalf. It was through the interest of these staunch First Aiders that the association gained the interest and co-operation of Colonel Alfred Chandler another loyal worker of our Salvation Army Division. The excellent First Aid exhibition which always accompanies the public graduation of his National First Aid classes each year never fails to attract and interest, and he writes to us, "The association came in for hearty applause and congratulations. The evening was a big success." Many reports come to us from graduates of the Salvation Army Division who carry the work with them to their various posts of duty all over the world.



This is one of our most far reaching divisions and we are to be congratulated upon having class organizers of such ability and enthusiasm.

The continued interest of our Fraternal Membership is support for which we wish to express grateful thanks. Solicitation along this line goes out daily from headquarters and active members are now taking an interest in securing Fraternal Members individually. In this respect we wish to mention the names of Mrs. E. B. Smith of Michigan; Mrs. J. W. Griffith, Mrs. Minnie Harmon and Mrs. E. R. Berry of Mass.; Mr. J. C. Savage of N. J., and Colonel Charles Sumner Young of California. It is not the usual thing for Fraternal Members to take this added interest in the maintenance of our work, and for this reason we are glad to mention the name of Mrs. Austin C. Wellington of Mass., who has brought in several members to our association. Fraternal Members are now to be found in 22 states of the Union, a gain of 7 states over last year. With everyone working we should be able to place Fraternal Members in every state of the Union. One Dollar a year to such a cause as that of The National First Aid Association of America is a request that none of us need hesitate to make of our friends.

We sincerely regret that it has not been possible to issue FIRST AID on time, that is, about the first of January and the first of July, but there are many reasons for this. We feel assured, however, that its message of work accomplished which it carries to all of our members and associates, helps to make up for the tardiness of its appearance.

The association fully appreciates the splendid work of its Clara Barton Memorial Tree Planting Committee, whose report will be found elsewhere in this issue of FIRST AID. Colonel Young has been for the past few months active in the west, while Mrs. E. R. Berry has kept the ball constantly rolling in the east. We are most fortunate in having the active interest of these two members who offer a method of action in which everyone can have a part, and which at the same time places our work before the general public with its ultimate aim of memorializing the noble name of the late Clara Barton, its President in Memoriam. Thousands of National First Aid graduates who honor the name of Clara Barton are no small support in helping us to pay proper national tribute to this world wide philanthropist. America is the leading nation of Today. Let us help to make its philanthropy lead all others as well, — not in the quantity of financial output, but in the quality of personal service for those who need our ministrations.

The report of the Clara Barton Tree Planting Committee was read by Mrs. E. R. Berry, and a standing vote of thanks was given to this Committee by the meeting.

The report of the Treasurer, Mr. R. G. Wells showed receipts amounting to \$1233.01 and expenditures of \$1206.64.

The report of the Board of Directors was read by Mrs. Wells, the Secretary.

Mrs. Mary Kensel Wells was re-elected to the Board of Directors for a period of 7 years.

General William H. Sears of Washington, D. C., was elected to the active membership. Gen. Sears was a personal friend of the late Clara Barton and has been associated with the organization fraternally for many years.

It was suggested by Mrs. E. R. Berry that active and fraternal members should wear a red rose on CLARA BARTON DAY (April 12th) in honor of our Founder and Tree Planting Day.

### BROADCASTED FROM HEADQUARTERS

If we could broadcast a radio message to all National First Aid graduates and friends it would be this—

"Stand by National First Aid, a work of the people, for the people, and by the people. Become a part of it."

Fraternal Membership is only ONE DOLLAR A YEAR and you become a part of a great national beneficence which has been in operation for the past twenty years, and whose graduates may be found in almost every part of the world, serving their fellow men by their knowledge. Acknowledge its worthiness, and reciprocate for the instructions received, by becoming a Fraternal Member and be kept in touch with its activities.

(Cut this out and forward with One Dollar)

Date

To the Secretary,  
National First Aid Association of America,  
Arlington, Mass.

Dear Madam:—

Being interested in the work of the Association, and appreciating its efforts towards eliminating much human suffering, I desire to co-operate with it in carrying out its aims and purposes by enrolling as a FRATERNAL MEMBER.

Enclosed please find One Dollar (\$1.00). Kindly forward my Fraternal Membership card, together with "FIRST AID" for my year of membership to

Name

Address

## ROLL OF HONOR

CLARA BARTON MEMORIAL TREES  
(Continued from Jan. 1924 issue)

- NO. 25 NORWAY MAPLE—Planted by the officers of the Women's Home and Hospital of the Salvation Army April 12, 1923, on the hospital lawn, Philadelphia, Pa.
- NO. 26 COLORADO BLUE SPRUCE—Planted by Charles Devens Woman's Relief Corps, May 15, 1923, on lawn of the Town Hall, Oxford, Mass.
- NO. 27 ELM—Planted by the officers of Evangeline Booth Hospital, The Salvation Army, April 12, 1923, on hospital grounds, Boston, Mass.
- NO. 28 NORWAY MAPLE—Planted by Ensign Elizabeth Hutchinson, April 21, 1923, on lawn of Salvation Army Children's Home, Philadelphia, Pa.
- NO. 29 KEW TREE—Planted by A. L. Brown, W. R. C., April 12, 1923, in City Park, Chillicothe, O.
- NO. 30 HARD MAPLE—Planted by Ida A. Litchard, April 10, 1923, beside highway on home ground, Indian Creek Valley, Eldred, Pa.
- NO. 31 NORWAY MAPLE—Planted by Dept. of Washington and Alaska, W. R. C., June 26, 1923, on grounds of North Central High School, Spokane, Wash.
- NO. 32 HEMLOCK—Planted by Colonel Benjamin Nelson, The Salvation Army, on home grounds, Bayside, L. I., April 8, 1923.
- NO. 33 PIN OAK—Planted by Grace L. Johnson, National Patriotic Instructor, W. R. C., Sept. 2, 1923, near Walcott Monument, Lake Park, Milwaukee, Wis.
- NO. 34 FRUIT TREES—Planted by Commandant Herbert Sanford, April 19, 1923, on Salvation Army Farm, Mentor, Ohio.
- NO. 35 COLORADO BLUE FIR—Planted by Leisure Hour Club, April 13, 1923, on Capitol grounds of the Nevada Heroes Memorial Bldg., Carson City, Nevada.
- NO. 36 FLOWERING PLUM—Planted by U. S. Naval Academy, April 12, 1924, near entrance to Lawrence Field, Annapolis, Md.

FROM REGULATIONS FOR CLASSES IN  
FIRST AID TO THE INJURED  
THE NAT'L FIRST AID ASS'N OF AMERICA

**CLASS ORGANIZATION**—Any persons desiring to organize a class should correspond with the NATIONAL SECRETARY, 20 Norfolk Road, ARLINGTON, MASSACHUSETTS, U. S. A.

**COURSE OF INSTRUCTION**—covers 9 lectures. A written examination completes the course, and the graduate is awarded the handsome National First Aid diploma.

**CLASS MEMBERSHIP FEE**—registers the student as a class member of the association with all of its privileges.

**CLASS SUPPLIES**—are provided for each registered class member. These are a Barton First Aid textbook, an individual package of bandages, and a card of class membership which permits the holder to take the examination without further charge. This privilege is only given to the REGISTERED CLASS MEMBER.

**CARD OF CLASS MEMBERSHIP** ensures the privileges given to REGISTERED MEMBERS of our classes. No diplomas are issued to students who do NOT hold this card of class membership. The card of class membership will be honored with regard to the national examination for one year after date of issuance.

**CLASS INSTRUCTOR** will be provided with a Barton First Aid textbook and a schedule of the lecture course, free of charge, these being shipped with an order for class supplies. When ready to give the examination he will be provided with printed examination papers for each registered member of the class.

**CLASS ORGANIZERS** will be given, upon application, an INFORMATION BLANK which they will use as an order for class supplies, filling in and forwarding with tuition fees of each student to Headquarters, 20 Norfolk Road, Arlington, Massachusetts. Upon receipt of same, class supplies and lecturer's outfit will be shipped to address given.

**CLASS MEETINGS**—The day and hour will be decided upon by the class and the instructor.

**CLASS EXAMINATION** is a written one, the time allowed being two hours and one half. The class shall take the examination together, the papers being distributed at a stated time.

**THE NATIONAL DIPLOMA**—In order to graduate the student must attain 80% at least upon his examination. Only graduates of this association will be awarded THE NATIONAL FIRST AID DIPLOMA.

**FIRST AID MEDALLION**—ONLY GRADUATES OF THIS ASSOCIATION are permitted to purchase and wear the medallion of The National First Aid Association of America.

**THE FIRST AID ARM BRASSARD**—Any graduate of this association, upon payment of Fifty Cents, is entitled to purchase and wear the Arm Brassard of this association.



# FIRST AID



Official Organ of The National First Aid Association of America

Vol. 11

January 1, 1925

No. 1

## FIRST AID IN THE PHILIPPINES

On a narrow sandy road, bordered with lovely flowers and chequered with little patches of tropic sunlight which come sifting down through the interlacing boughs of wide spreading acacia trees far overhead; in the barrio of Canacao on the shores of Manila Bay, is a small white painted building indissolubly linked with The National First Aid Association of America.

Every day of the year, Sundays excepted, this little building, whose windows are open to the breezes which drift down from the mountains around Baguio, is the gathering place of a colorful crowd of Filipino natives, which assemble for medical treatment, and a member of the National First Aid Association with Headquarters ten thousand miles away, is one of those whose duty it is to furnish the attention.

This little finger of the helping hand which the people of the United States are extending to the Philippine Islands, is seldom mentioned and never advertised. It is possible that there are members of our own forces in these Islands who have never heard of it. It is nevertheless an important and busy unit of the United States Naval Hospital at Canacao, supervised and operated under the immediate direction of Commander Harold W. Smith, of the Medical Corps of the United States Navy, and whose home is in Boston, Mass.

On the hospital records this little red-roofed building is referred to as the Native Clinic. Its activities are unofficial and voluntary, and its patients average about one hundred and fifty each day. It was created in response to an urgent need and is permitted to function by the Navy Department, because of the opportunities it presents to better acquaint the personnel of the medical department on duty here with a wide variety of tropical ailments which daily come under the observation of its operating staff.

(Continued on Page 3)

## A WORTHY CLARA BARTON MEMORIAL

On the slope of a beautiful hill in North Oxford, Massachusetts, in a roomy cottage with wide-sloping roof, Clarissa Harlowe Barton, "Clara Barton," was born on December 25, 1821, God's Christmas gift to the world. It was here that her early childhood was passed; it was here that she learned the rudiments of nursing in the protracted care of a dear brother; it was here, too, that she learned to ride horseback, for her father raised blooded horses which were broken on this farm and she, as a little girl, used to ride, without saddle, galloping over the hills on these fiery colts, an accomplishment which was a valuable asset to her in the trying days of our Civil War.

Her family were Universalists and worshipped in the old church at Oxford, the oldest Universalist Church in the world. In this faith she was reared and she never renounced allegiance to it, although often separated from its ministrations. The Woman's National Missionary Association of the Universalist Church have united in doing her homage and have purchased this birthplace property, have restored the house to its original lines, furnished it according to the period, including some articles which belonged to Miss Barton, and are maintaining it as a National shrine. It has been open to the public for over four years, during which time many visitors from all over the United States and from foreign lands have registered there.

Feeling that no memorial to her which did not carry with it some living service to humanity would be fitting or at all pleasing to her, welfare work is being planned, using the spacious grounds and converting certain buildings for recreation houses. Very soon the first camp will be opened and groups of needy little girls will be cared for during the summer months. These groups will be selected without regard to creed or race.

While this welfare service is at its very beginning, it is confidently expected that a work commensurate with Clara Barton's life and its noble achievement will be realized at her birthplace, something worthy of her and of the faith that was her inspiration.

MARIETTA B. WILKINS.



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M. K. WELLS

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## INTERESTING FACTS ABOUT AN INTERESTING ORGANIZATION

- 1—Known as THE NATIONAL FIRST AID ASSOCIATION OF AMERICA.
- 2—NATIONAL HEADQUARTERS located at 20 NORFOLK ROAD, ARLINGTON, MASSACHUSETTS, U. S. A.
- 3—Holds a CERTIFICATE OF INCORPORATION issued by the DISTRICT OF COLUMBIA.
- 4—Chartered in 1905 with 23 active voting members located in different States of the Union.
- 5—For 22 years has operated classes of INSTRUCTION in FIRST AID TO THE INJURED in co-operation with a staff of lecturers and examiners located all over the country.
- 6—Requires 80% on an examination consisting of 40 questions and examples, and has graduated thousands.
- 7—Since 1912 has made its presidency a memorial to the late Clara Barton, who founded it. An Acting President carries on the work.
- 8—Pays no salaries.
- 9—Solicits only among its own membership and friends.
- 10—In 1922 established CLARA BARTON DAY for memorial tree planting in honor of CLARA BARTON.
- 11—Has gained the respect and co-operation of all Clara Barton enthusiasts, including organizations like the W. R. C., G. A. R., and other patriotic societies who desire perpetual tribute to America's greatest humanitarian and philanthropist.
- 12—Aims to serve all who desire its services and offers the same in the spirit of its Founder, CLARA BARTON, earnestly, helpfully, and without ostentation. THESE ARE FACTS — TELL YOUR FRIENDS.

## CLARA BARTON AS A HEALTH HEROINE

We are glad to bring to the attention of our readers the following tribute to Clara Barton, our President in Memoriam, found in "Health and Good Citizenship," written by J. Mace Andress, Ph. D., and W. A. Evans, M. D., the book being prepared by them for the use of boys and girls and recently published. It is most fitting that the public service given by this noble woman should open a book prepared for the coming men and women of America and covering such important fields as Health and Citizenship. We thank the authors for this splendid tribute. Our personal association with and deep friendship for the late Clara Barton places us in a position to know how truly worthy she was of every laudable comment concerning her activities for America and its people.

"A HEALTH HEROINE. One of the finest of American citizens was Clara Barton. Although she was a woman of means, she scorned the easy way in life. She loved to do hard things. When our Civil War broke out she volunteered to nurse the wounded soldiers and did many things at her own expense.

"Finally, she founded that wonderful society called the American Red Cross. There are now many thousands of Red Cross nurses in America. Whenever there is suffering because of flood, fire, earthquake, or accident, the Red Cross rushes to the scene to give aid to the sufferers, regardless of race, language, or religion. In war, the Red Cross nurses are close to the battle line; in peace, they care for the sick and teach people how to be healthy.

"It is because of the unselfish work of citizens like Clara Barton that America has become the great and honored country that she is. Our best citizens devote their lives to the service of their fellowmen."

## FRATERNAL MEMBERS—Attention,—

Each one of you is asked to send in at least one additional member this season as a New Year's gift to the organization.

Make it your personal expression of the worthiness of National First Aid work.

Do not merely be a part of this last great work of Clara Barton, but be an ACTIVE PART.

Let us hear from you.

Our membership will be interested in knowing about the Clara Barton Shrine of which Mrs. Wilkins, one of our valued Fraternal Members, writes so enthusiastically. We, of Clara Barton's last work, wish for it the full realization of her highest expectations and hopes. While now many years ago the occasion of a well remembered visit to this lovely spot with Clara Barton is a choice memory in the hearts and minds of your Acting President and Secretary. It is a little story in itself, which may some time find its way into the columns of FIRST AID.

## FIRST AID IN THE PHILIPPINES

(Continued from Page 1)

It is probable that there are few clinics in the world which present the characteristics of this one. Located in a country where East and West meet, the commingling of the races affords interesting contrasts. Its patients are representatives of the poorer native classes whose opportunities for absorbing alien habits and ideas are limited by their station in life, and the influence of successive domination of the Islands by the Chinese, Spaniards and Americans is manifested in many odd ways.

The pride of old Spain, combined with native secrecy, circumlocution, and American assurance, produces a type hard to understand. When to this is added several different native dialects and at least three totally different languages, some of the problems encountered in trying to diagnose and treat an obscure ailment are at once evident.

Mothers carry their babies astraddle of one hip and seem to make a social function of their trip to the clinic. The wide veranda which runs across the front of the building where patients are received, overflows with smiling, chattering natives each morning shortly after nine o'clock, at which hour the big gates of the hospital reservation are opened to receive the crowd. Patients compare their symptoms, exhibit skin abrasions and speculate cheerfully in regard to what will probably be done in specially interesting cases, in much the manner of their class in other lands. It is a colorful, interesting and picturesque scene.

It is significant that malnutrition is exceedingly common among the children brought to the clinic for attention. The daily fare of the poorer classes of natives consists largely of fish and rice. This is hardly a proper balanced diet and its effects are observable with recurring frequency. It can safely be said that many of the younger patients at the native clinic are brought here suffering for a lack of proper food. This deficiency is of course supplied by drugs rich in the food values essential to the case. It is perhaps unnecessary to observe that the Navy is running no free lunch counter at Canacao, but when the preservation of life and health depend upon diet deficiencies capable of being supplied by proper medication, this is immediately done. Many a worried mother has taken home her sickly ailing child with a generous supply of the materials needed to restore her offspring to health and vitality, totally unaware that all that it needed was sufficient food of the proper kind, which she, even had she known of its lack, could hardly have supplied.

This is the kind of assistance that the Filipinos are capable of understanding and from which they desire no release, however much native politicians may bewail the fact that no further outside assistance is desired in these Islands.

In this work the National First Aid Association is assisting through the voluntary efforts of one of its members.

GEORGE H. REED,  
Lt. Commander, D. C., U. S. N.

Our readers will be glad to know that another interesting article from the versatile pen of Dr. Reed will appear in a coming issue of FIRST AID. This time, Dr. Reed will depict for us the Filipino views on style and dress.

#### HOW TO OBTAIN ONE OF THE HANDSOME TREE PLANTING CERTIFICATES ISSUED BY THE NATIONAL FIRST AID ASSOCIATION TO PLANTERS OF CLARA BARTON TREES.

First,—Plant a tree honoring it with the name of CLARA BARTON, the world's greatest worker in the cause of suffering humanity.

To plant a tree (in accordance with our friends, The American Tree Association), is Good Citizenship. To plant a Clara Barton Tree is Good Citizenship plus National Service, for the name of Clara Barton is practically synonymous with the words, "Serving the Nation."

Second,—Send to National First Aid Headquarters, 20 Norfolk Road, Arlington, Mass., the following detailed information:—

1. Name of Tree Planter.
2. Address.
3. Where tree is planted.
4. Date of planting.
5. Have this signed by two witnesses of the tree planting, giving their addresses.

Upon receipt of the above detailed information your name will be registered upon the ROLL OF HONOR OF CLARA BARTON TREE PLANTERS and a handsome CERTIFICATE OF REGISTRATION will be forwarded to you.

Your name as a registered Clara Barton Tree Planter will then be forwarded to The American Tree Association at Washington, D. C., and you will be enrolled as a member of that great organization of tree planters.

#### ROLL OF HONOR

##### CLARA BARTON MEMORIAL TREES

(Continued from July, 1924 issue)

- No. 37 ELM—Planted by Ellen Spencer Mussey Tent, No. 1, Daughters of Union Veterans, April 12, 1924, in Elm Row, opposite Lincoln Memorial on right side of Mirror Basin, Washington, D. C.
- No. 38 WHITE ELM—Planted by W. E. Halley, April 18, 1924, in Civic Park, off Jefferson Highway, McAlester, Oklahoma.
- No. 39 OAK—Planted by Roscoe Green Wells, May 3, 1924, in eastern corner of grounds at Long View, Arlington, Mass.
- No. 40 OAK—Planted by Mrs. Mary Kensel Wells, May 3, 1924, in eastern corner of grounds at Long View, Arlington, Mass.
- No. 41 PIN OAK—Planted by Minnie V. Flynn April 11, 1924, in grounds of Clara Barton Schoolhouse, Bordentown, N. J.

- No. 42 (Kind not stated)—Planted by Farragut and Apomatox W. R. C., April 11, 1924, on grounds of Whittier Junior High School, Lincoln, Nebraska.
- No. 43 **ROCK MAPLE**—Planted by Department of Rhode Island, Woman's Relief Corps, May 28, 1924, on grounds of the Soldiers' Home, Bristol, R. I.
- No. 44 **SYCAMORE MAPLE**—Planted by Alice French, Past Dept. Pres. Washington and Alaska W. R. C., June 23, 1924, on grounds of State Armory, Everett, Wash.
- No. 45 **COLORADO BLUE SPRUCE**—Planted by Sully Woman's Relief Corps, No. 6, May 20, 1924, on front lawn, South Bldg. and to east of main entrance, on grounds of State Capitol, Pierre, South Dakota.
- No. 46 **PIN OAK** — Planted by S. C. Lawrence Relief Corps, No. 5, W. R. C., August 15, 1924, on grounds of Old Royall House, Medford, Mass.
- No. 47—**PIN OAK**—Planted by Dept. of Massachusetts W. R. C. Oct. 12, 1923, in Pilgrim Hall Park, Plymouth, Mass.
- No. 48 **NORWAY SPRUCE** — Planted by General Phil Sheridan Circle 28, Ladies of the G. A. R., Oct. 20, 1924, on grounds of High School, Somerville, Mass.

As an example of the many cordial letters received at Headquarters regarding the enthusiasm shown in our Clara Barton Tree Planting Campaign the following letter from a tree planter will be of interest:—

"Royal House,  
"Medford, Mass.

"My Dear Mrs. Wells:—

"I feel that an apology is due you for not answering long before this your very interesting and complimentary letter relating to the occasion of the reception and Clara Barton Tree Planting on the Royall House grounds.

"Many thanks for the Christmas Greetings bearing the signature of the noble woman whom we love and honor. As Secretary of the S. C. Lawrence Relief Corps, No. 5, I read both your letter and the Christmas Greeting from Clara Barton at the next regular meeting following the tree planting. Thanks of the Corps were expressed for the same with much appreciation for the assistance given by you and Mr. Wells on the day's program. We shall all retain it in happy memory.

"Enclosed find application for registration on the Roll of Honor of Clara Barton Memorial Trees. Would like to have a duplicate application blank for our Corps' file, and if not asking too much, as Curators of the Royall House, we would be pleased to have one here. As the tree grows and we expect it will for many years—it will be an interesting record to have in the Royall House.

"Very cordially yours,

"ELLA J. FULLER."

The Royall House in Medford, Mass., is a stately old mansion of Revolutionary days, wonderfully preserved, and filled with unusual treasures relative to the old days and times. Through the efforts of Mrs. E. R. Berry, our enthusiastic Clara Barton Tree Planting Committee member, Mrs. Fuller was interested, and Clara Barton Tree No. 46 was planted with singing and speeches on the spacious grounds of this charming old colonial house. It is an interesting fact to state that Mr. Fuller is a son of Mrs. Sarah E. Fuller, who was a pioneer of the Woman's Relief Corps, and her great grandson, a little lad of six years, threw the first shovelfull of earth about the tree.

### FORM OF BEQUEST TO THE NATIONAL FIRST AID ASSOCIATION OF AMERICA

I give and bequeath to The National First Aid Association of America the sum of \$.....for the philanthropic objects of such Association.

### A BROADCAST FOR GRADUATES

Have you purchased your National First Aid medallion? Remember, only the National First Aid graduate is permitted to purchase and wear this handsome little emblem of National First Aid ability. It costs you \$1.00.

Why not write the Secretary about the new Arm Bracer? Address, 20 Norfolk Road, Arlington, Mass., U. S. A.

Take care of your National First Aid Diploma. A duplicate is only issued in case of the entire destruction of the original, and then only upon the payment of One Dollar.

### THE NATIONAL FIRST AID BUDGET

Treasurer Wells desires to express his sincere and appreciative thanks to all members and friends of our association who have so generously responded to his solicitations for the annual budget.

The money thus obtained has been most helpful in defraying the expenses of the different departments of our work, especially the Class Work Department which requires text-books, bandages (illustrated triangular and roller), finger splints, diplomas, seals, ribbon, etc. Although a tuition fee is required of students of this department, our other departments must draw upon these finances as well, and as our association is ~~now~~ <sup>not</sup> endowed, the call is made.

Treasurer Wells says, "Every dollar fills its niche in the financial Hall of Fame for National First Aid work."





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